



VOLUME
NINE

Angels

Direction for Our Times
Anne, ARK

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Introduction

Dear Reader,

I am a wife, mother of six, and a Secular Franciscan.

At the age of twenty, I was divorced for serious reasons and with pastoral support in this decision. In my mid-twenties I was a single parent, working and bringing up a daughter. As a daily Mass communicant, I saw my faith as sustaining and had begun a journey with Jesus, through my Catholic faith and the Secular Franciscan Order.

At the age of twenty-eight, I met a wonderful man. My first marriage had been annulled and we married and were blessed with an additional five children. Spiritually speaking, I had many experiences that included what I now know to be interior locutions. These moments were beautiful and the words still stand out firmly in my heart. I took it as a matter of course that Jesus had to work hard to sustain me as he had given me a lot to handle. In looking back, I see that he was preparing me to do his work.

During this time and after, I also began to experience

locutions from the Blessed Mother, in addition to Jesus. Their voices are not hard to distinguish. I do not hear them in an auditory way, but in my soul. By this time I knew that something remarkable was occurring and Jesus told me that he had special work for me, over and above my primary vocation as wife and mother. He asked me to write the messages down and that he would arrange to have them published and disseminated.

All has happened as he said and I pray that we can all serve him according to his loving directions.

*Yours sincerely,
Anne, apostle of the Returning King*

The Allegiance Prayer

Dear God in Heaven, I pledge my allegiance to you. I give you my life, my work and my heart. In turn, give me the grace of obeying your every direction to the fullest possible extent. Amen.



The Vocation Prayer

Oh Mary, mother of Jesus and Queen of the Church, I ask you to bless me with fidelity to my vocation. Assist me in seeing that my service, however humble and hidden, is important to the universal Church. Strengthen me in times of trial and watch over my family and loved ones. Help me, beloved Mother, to remain faithful to Jesus Christ, your son, the Returning King. Amen.

August 23, 2004

Jesus

My children, I want you to be aware of every weapon in this spiritual battle. Seek me first, and understand that I am God, all-powerful and the Creator of All. You are part of a heavenly family and must remember that you have the whole of that family to help you. You understand that our mother, Mary, is powerful. She is your first line of defense against evil and deception. You should pray the rosary every day. You have the Sacraments. Holy people working for me, and this I hope is each one of you, should attend Mass as often as possible. You should seek reconciliation with me in the Sacrament of Penance. Adoring me in the Eucharist will give you an unlimited flow of graces which will grant you peace and guidance. You have the saints in Heaven. They wish to help you. Ask them each day for their intercession. Study their lives and you will understand why they are such effective helpers. They walked your walks already. You have me, in the silence of your heart. Spend time there each day.

My children, another weapon you have at your disposal is angels. Angels are heavenly servants who

do not experience humanity. They are pure goodness and Heaven is filled with them. You will enjoy their company immensely when you come home to me. These beautiful beings are active in your world now and always have been. In these days, given the necessity of great heavenly help and intervention, I have given the angels, along with the saints, permission to be even more apparent. They will surround you if you ask them. Ask me for angels to assist and protect you and you shall have them. I will describe their attributes and you will understand that you are never alone because you are surrounded by angels. You see, my children, there is so much talk of the enemy and the enemy is so glorified in your world that many people forget Heaven is far and away more powerful than the pitiful band of bitter ones who serve darkness. These want only your misery. Conversely, an unlimited number of good and holy servants want only your joy and safety. But your prayers are necessary to mobilize all of this power. In these times, many people spend time with darkness through their activities and recreation. In doing so, people are inviting the enemy's companionship. If people do not invite our companionship, through prayers and requests, we do not force ourselves. Surround yourself with all that is light and the enemy

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will avoid you. Ask for an honor guard of my angels and you will be enveloped in the love of these powerful beings from Heaven who will ensure that you complete your missions in safety. Children, you are God's little creatures. You will not be abandoned.

August 24, 2004 Jesus

Angels surround you, my dear ones. They minister to you in so many ways that I could not clearly explain this to you. I am going to give you some idea of these heavenly friends, however, so you can understand the strength on your side. When you attend Mass you are praying and worshipping with thousands of angels. Your guardian angel goes with you, of course, and is so grateful for the opportunity to rest in the heavenly companionship of their fellow angels. These beings of light pay rapt attention and take such joy in praising me. Truly, each church is filled with angels. When you enter a church and find it empty, that means you can see no other human. But there are angels present and they welcome you as they welcome your angel guardian. This loyal servant of mine, your special guardian, prays for you without interruption. When you are safely on the path to Heaven, this angel then begins to petition Heaven for greater and greater spiritual gifts. Your angel can communicate with the saints in Heaven and often seeks out their intercession for you. When you are working with your angel and with the saints, you will find yourself making sublime spiritual progress

because the gifts being secured are of the deepest and sometimes most indiscernible variety. You are often making progress that you do not feel, little soul, but your angel is watching it closely. When something threatens your spiritual progress, your angel attempts to warn you. They do this in many ways. You often hear whisperings, what many call the conscience. This is your angel attempting to persuade you that whatever you are considering will be bad for your cause. Your angel can anticipate danger so you should always ask them to be alert and assist you. When a person tries to follow a path of goodness, that person's angel is so pleased. They joyfully sing praise to Heaven for the goodness of the soul entrusted to their care. When a person strays off the path of goodness, the angel is saddened and heavy-hearted. Regardless of the darkness practiced by a person, their angel remains by their side, petitioning Heaven for graces to convert their charge. When an angel guardian anticipates that the soul in their care is about to lose eternity in Heaven, that angel stops at nothing to gain intervention. This beautiful being of love will obtain the intercession of many holy souls, asking for prayers and sacrifices. They will seek out the intercession of the saints, and they will stop at nothing to veer their charge away from damnation. It

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is only at the gate of Hell itself that an angel guardian will relinquish hope. Speak to your angel, little souls. Believe in their presence. I, Jesus, want you to have every consolation available to you on your earthly journey. Take advantage of this good and constant friend.

August 25, 2004

Jesus

My children who seek the light are surrounded by heavenly beings. These beings, my angels, seek my will. There is no darkness in them. They do not sin. They do not serve one day and abandon the divine will the next day. They know me and worship me. Because they have a great depth of heavenly knowledge, they can anticipate Heaven's wishes and Heaven's designs. They know exactly what I am seeking in each situation. They know exactly what will bring a person closer to perfection in each moment. Therefore, their counsel and direction are perfect. They do not steer people away from me. They could not. They seek only the divine will. As such, my dear children, they are the perfect companions for you. You must remember them and remember their presence. They have illumination that you do not have. You may be uncertain as to how to proceed in a given moment. You should ask your angel for counsel, understanding that the way they direct you will be my way and the best way for you, given every single circumstance in your life. Angels can read souls at a glance. They recognize unsuitable companions. Ask your angel to protect you from relationships that

could pull you away from me. There are times when this is very important, and you should always be aware that your companions will influence you. Ask the angels to protect your children and to help your children find suitable companions. Every wise parent knows that children are influenced by their companions, and if a child's friends are not following a path that leads to me, the child will be diverted. This is a serious risk for children and adults. Keep holy company, my dear ones. The angels will help you.

August 26, 2004

Jesus

When a person is experiencing difficulty, I send additional angels to assist. In this way, a person has heavenly influences to help counteract the worldly influences with which they are struggling. If a person requests heavenly help, I can send even more assistance in the way of angels and graces. "How does this help, Jesus?" I hear you asking. It helps because when you ask me for help and I send angels, you are surrounded by these beings who are praying for you and petitioning saints to pray for you. They influence the actions of others, also, and can obtain earthly assistance for you by inspiring a holy person to come to your aid at just the right time. How many times have you said that this person or that person was a lifesaver to you? Do you think this happened accidentally? Hardly, little ones. I sent that person into your life to assist you, and that person was inspired by the promptings of the little servants of light who surround you. There is so much happening in your world that is necessarily invisible to you. If you saw all of these things you would not struggle at all, and then there would be no need for your beautiful acts of faith and love and obedience to me.

These offerings provide Heaven with delightful music from the earth. During this time, when the majority do not serve, I am particularly consoled and responsive to those who are trying their best to benefit the Kingdom. Be brave and confident. You are part of a team, as we continually remind you, and you shall have all the help you need, and more help besides.

August 27, 2004

Jesus

Yes, it is true. Beings of the light surround my little soldiers. If you ask for more help, you will receive more help. There is no question of my remnant being abandoned. The only thing that hampers heavenly assistance is a lack of faith on the part of my children. When faith is weak, people fear they are vulnerable. This fear can be exploited by those who would like to see others turn away from me and back to the world. You must be very determined to walk my path during this time of transition. I am relying on my children to salvage as many brothers and sisters as possible through their work with me. Be confident in the heavenly ones who surround you, the angels. They are your assistants, so to speak. Treat them with the greatest love and respect, often acknowledging their presence. You can do this through little prayers, perhaps prayers thanking God for sending you such an honor guard. You can do this when you are in a situation where you do not know what to do or what to say. In such a situation you can say, "Angels from Heaven, direct my path." This prayer is short and yet you are asking for clear direction as to the heavenly course. This is a powerful and pleasing

prayer, and I will give great graces to the answering of this prayer. Use this prayer often throughout your day and you will not be disappointed in the help you receive through it. Just as the saints have enhanced powers during this time, so do the angels. You will want to use everything at your disposal and you will truly become an invincible servant of God. I intend great holiness for all who answer my call.

August 28, 2004

Jesus

My children, you have advanced a great deal with regard to knowledge of your physical world and even in the study of the human body. But what you have discovered and uncovered is but the tip of the limitless body of knowledge heavenly beings possess. They understand how the physical body works and how it stops working. They understand the intimacies of each cell in the human body and with a glance can tell exactly what is wrong with someone who is sick. These angels, who work tirelessly for you and for your world, truly have constant and unlimited access to the greatest store of knowledge and wisdom. These are good companions to have working alongside you. Your struggles are child's play to them in the sense that they have the answers to all of life's questions. They can advise you and counsel you. But they cannot force you, so if you are determined to choose poorly they cannot stop you.

At times, though, they can divert you from an occasion of sin. At other times they can secure a state of disinterest in sin when you are at risk. You may wonder at your

disinterest in something that possibly attracted you in the past. Thank the angels for this grace because they obtain this state for you through their prayers. They rally support from your friends in Heaven and know exactly who to attend for each type of assistance. When you understand how much your angel guardian has done for you in your lifetime, you will be overcome with gratitude, both to your tireless friend and to God who assigned this little creation of love to you. Thank them and talk to them. You are not like a silly person who imagines pretend things in doing so, but like a very wise person who looks at the universe and understands that they do not understand its secrets. Sit in silence with me, dear friend, and I will give you this wisdom. Pray to the angels and they will obtain it for you.

August 30, 2004

Jesus

The universe is filled with angels. How could it not be? The universe belongs to me and to all who follow me. When you look up into the sky, there are angels. When you die and leave your body, you will see them. You will be comfortable with them and they will be comfortable with you because you are all part of my creation. You, my little souls who serve in the world, are especially precious to me, of course, and you will be rewarded accordingly. During your time of service, you will come across many people who are in need of conversion. Perhaps you are moving quickly in and out of someone's life, as on a train, or while traveling another way. You sense, though, that a person is in distress or unhappy or struggling with an addiction that prevents them from possessing their soul. Pray to their angel guardian. Say, simply, "Angel guardian, thank you for your constant vigil over this soul. Saints in Heaven, please assist this dear angel." That is a very simple prayer, and yet you have secured fresh hope and assistance for this little being of light. The soul's angel can take your prayer and secure additional graces. Children, have the greatest faith in prayer. Truly, your prayers are saving souls and

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changing the course of events in the world. Continue to petition Heaven for the graces you need to help others. We are answering, dear friends. We are answering.

August 31, 2004

Jesus

In order to live fully, you must consider your universe, both what is seen and what is unseen. Often it is the unseen that moves people, and those who allow for heavenly influences and guardians live more fully and more securely. My children, with all of the divine assistance surrounding you, you truly lack for nothing. I would not ask you to complete the missions I have entrusted to you without giving you adequate support. The support is there. You simply have to utilize it. If you are working on a project for me and feel you have encountered an obstacle, joyfully ask the angels in Heaven to remove it. Be peaceful and know that I will not hold you accountable for things you cannot change. Work steadily, aware that you are surrounded by my friends, in the form of angels, but also saints. With the heavenly company you are keeping, you will learn to be at peace in everything. You will learn to take the heavenly view of every situation and every person. For example, perhaps you are placed in the presence of a person for whom you feel repugnance. A worldly approach would be to escape this person's presence as quickly as possible. Now, after considering the presence

of the angels and saints, you might discuss the matter silently with them. They may inform you that this person is in great pain, which they are masking with an unpleasant or aggressive exterior. Perhaps their soul is in distress and longs for the heavenly union you enjoy. Perhaps they have been badly injured by those who were supposed to love them, or maybe they are sick in body. Maybe, my friends, life has disappointed them and they had no relationship with me, Jesus, to heal their wounds. Now, would you not consider that situation differently in light of these possibilities? Your angelic friends, including this person's angel guardian, might explain this to you and urge you to treat them with exactly what their soul needs to creak open the smallest bit and allow me inside. You know what I am capable of, given room in a soul. It becomes a very different situation, does it not? While you are on Earth, you may not see what your prayers and love accomplished for this person. But you will see it in Heaven. You will see all the fruits of your small acts of self-denial and love when you arrive here. My friends, how differently you will live, given a constant awareness of your heavenly companionship.

September 1, 2004

Jesus

My dear ones walk through their lives in the company of angels. In some places there are more angels than in others. When a holy person feels an unexplained joy or an unexplained sense of peace, that person often has entered a place that is filled with angels for one reason or another. My dear servants may find themselves drawn to a place and unable to determine why this is so. Perhaps that place was the scene of a holy action or actions. Perhaps a house was home to a holy person. Perhaps great sacrifice or love was present in a given place. These places draw angels, as well as people, and often angels will remain, or revisit. In the same way, if a person is working against me, that person may find they are terribly uncomfortable in certain places. They are uncomfortable, perhaps, because they do not like the company of angels, knowing instinctively that they are not an appropriate companion for Heaven's little beings. If they have the remotest wish to repent, these places will bring thoughts of sadness to their mind and they will long for something indiscernible. This longing is indiscernible to the consciousness of this person, but it is simply a longing for goodness. Thoughts of a good

person they have known may come into their mind, and they may view their life in isolation from me clearly. This will cause some people to flee in anger. They have no wish for me. For others, a visit to such a place will cause them to begin the process of change, of renewal, of repentance. Invite angels into your homes and workplaces. Ask Heaven to surround you with them in every encounter and conversation. Send angels often to those in a state of sin so that their poor little hearts long for the oxygen of forgiveness. These strategies I give you are all part of the great renewal. You are preparing souls and preparing the world. You are my friends.

September 2, 2004

Jesus

There are many ways in which a person can serve the Kingdom. In these times, though, more than in the past, people are called upon to evangelize for me. This means I need people to bring me to others. We must seek out each lonely, hurting person who is isolated from their divine family. If you bring me to a person, I can melt their heart and fill it with joy. The person can then begin to learn about the vast family of love which seeks to draw them back. Dearest little servants of the Savior, my angels will direct you to these people. Be alert to their promptings and whispers because they see everything and they know who needs your assistance. If you feel an impulse to approach a person with these words, do so. Trust those instincts. Even if a person initially ridicules you, they will eventually face a time of fear or anguish, and, searching for some kind of comfort, they will reach for the book you have given them. If the words are not there, they cannot reach for them. If the Volume has been given to them, they can open it. Be at peace at the reactions of others. You cannot force a person to learn about me, but you can suggest that they do so. You can give witness to my

presence by talking about your love for me and the graces you have received from me. Talk about peace. Talk about joy. Talk about calm. Do not talk about the enemy. There is too much emphasis placed on the minimal power of the one who seeks destruction. When a person is truly following me, there is little the enemy can do to divert that person. Fear nothing. Why would you fear when you have a universe filled with heavenly beings who await your requests and petitions? Listen carefully to my angels and they will direct you to the souls who require your help.

September 3, 2004

Jesus

My dear ones, you must learn to work as part of a team. Any task entrusted to you has also been entrusted to one or more angels, who are assigned to assist you. You see that you are never alone. Even the smallest task you must complete will have at least one angel attached to it. Your angel guardian is always with you. You are wrong to feel overwhelmed by the mission given to you, because you bear only one part of the responsibility. When you feel heavily burdened, you must ask yourself what I am requesting of you in this moment. Then you must pray to the angels to help you. Then you must pray to the saints to intercede for you. After that you must remember that Mary, your heavenly mother, is near you, and also interceding for you. She watches closely for any sign that you are struggling. After all of that, remember that I, Jesus Christ, the God of All, am with you. Ask yourself again if you are overwhelmed. When you are worrying about the future there is always a risk of becoming frightened because you have the graces only for the present. You are given what you need for this moment. Remain with me, with Mary your mother, and with the saints and angels. We are not in

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the future. We are not in the past. We are here, in the present, and you are one part of our powerful team.

September 4, 2004

Jesus

With eyes of faith you must look for my angels. They are with you, my dear struggling souls. You must believe that you are not alone because you will then live differently. When a person has confidence that they are part of a heavenly team, they walk in quiet certainty that all will be well. This person understands my power and my dominion over the universe. Their sufferings are accepted and given to me as part of the offering that is their life. Very little can disturb this person because they understand that all on Earth is temporary. Truly, as long as they follow my will, they are at peace. Dear children of this world, you must strive for this unity with the divine will in your life. Only with unity can you move peacefully through a world that is not peaceful. And that is my wish for you. Peace, both for your little soul, and for the souls of those who encounter you. You must accept my peace in your soul because only in that way will peace spread. Your example to others is an important part of my plan. So when I ask you to be at peace, I am really pleading with you. Living in my peace is part of what I am requesting of you. When tempted toward agitation and upset because of

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events around you, you must resist and maintain your heavenly bearing, mindful that I am God.

September 6, 2004

Blessed Mother

While I lived on Earth, I was always aware that Heaven existed. I knew that angels actively sought to console and assist us in our troubles. This awareness did not come from my physical senses, those of sight or hearing, but from my spiritual senses, of loving and being loved. You must begin to use your spiritual senses, the senses of your soul. These senses, which you can understand as the living Holy Spirit, will guide you. In everything I sought unity with my Creator. He, God, did not disappoint me. Because I constantly sought unity, I grew in the awareness that Earth is not separated from Heaven in terms of space. Heaven is present on Earth in the form of the Spirit and the spiritual presence of the souls who have gone before us, and, of course, God's beautiful angels. How I love these beings of light. They seek only God's will and only goodness. Truly, they are the difference between darkness and salvation to many people. They are always with me and they are always with you. Little children of my Immaculate Heart, thank God for his angels. Thank God for the beautiful inspirations that have come from his angels. Have you ever been helped

by a stranger? You must thank your angel guardian for procuring that help. Look with faith at your world and you will see that angels are everywhere. In these times of great change, the angels will be very active in the lives of the faithful ones who courageously assist Heaven. I am with you, my little ones. I am always with you.

September 7, 2004

Blessed Mother

I am joyful to be talking to my little ones about angels because I know the thought of angels makes you happy. So often in these times we discuss difficult matters, so it is a relief for me to talk to you about something that is lovely and good. Children, Jesus has asked that you walk in peace. He needs this from you, as his plan cannot be realized unless you cooperate with that request. Only through each one of you will peace flow into your troubled world. Because this is so important, I am going to make a suggestion. Whenever you are troubled, and feel your peace has fled, you must speak to your angel guardian. Ask your little heavenly soldier to hasten to your assistance and obtain the graces you need to recover your peace. This is the perfect request from you because there is nothing Heaven likes better than to help a person in the world to be at peace. You see, we know how important it is, and these graces are easily obtained when the request comes from you. So please say this when you are losing your spiritual balance and your peace; "Dearest angel guardian, I desire to serve Jesus by remaining at peace. Please obtain for me the

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graces necessary to maintain God's divine peace in my heart." You will not be disappointed, little ones. The graces will come to you.

September 8, 2004

Blessed Mother

My children, how often I have looked upon you, surrounded by God's angels but feeling so alone. These angels have soft little hearts and they grieve with you when you are sad. So often they seek to comfort you with heavenly thoughts but you do not accept these ideas. Allow these beautiful thoughts into your hearts and you will feel the consolation with which the angels seek to bless you. Again I say, and I understand that I am repeating myself, you must spend time in silence so we can place these lovely thoughts in your hearts. You understand that communicating with Heaven is not like communicating on Earth. We do not shout, usually, and you must listen with your soul. In days past, there was not constant noise. Children, think about why the enemy never leaves you in peace. It is like a child's attempt to distract someone so bad news cannot be communicated about them. When you feel distracted, or feel your peace slipping from you, ask yourself how much time during that particular day you spent in silence, contemplating God. I am certain it was not enough. Find silence. Seek it out. Value it. Understand that this is not wasted time, but the most important time of your day.

September 9, 2004

Blessed Mother

Little children of the Kingdom, you must be joyful. Rest in the idea that you belong to the family of God. This fact will not change. God will never reject you. You have no worries in that regard. Your mistakes, your sins, your failings, none of these things will cause you to lose your eternity with God as long as you repent and try to follow Jesus. Dear child of my Immaculate Heart, sit still for a moment and think about the family of God. We are a very big, very strong family indeed. There is none stronger, none bigger. Your Father is all-powerful. His angels have every bit of wisdom at their disposal. You have constant access to this. Once you understand that the wisdom required to serve need not come from you, you will feel lighter. Be joyful, please. Your eternity is safe so there is nothing else to concern you. If you think this way, you will serve in freedom and you will serve with ease. I, Mary, wish this for you. Your service need not be a time of pain, despite the necessary sacrifices. When you are sacrificing worldly things, remember you will be giving these things up anyway. It is wrong to be too attached to things that do not

last. The inevitable relinquishing of these things is what causes you pain. Ask the angels to help you with this and with everything. God has given the angels assignments so they know what he wills. Meditate often on the beautiful thought that your constant companions know God's will for you.

September 10, 2004

Blessed Mother

There are many types of angels, all with different missions, in the heavenly Kingdom. The angels who work on Earth are very special and have the greatest of love for humanity. Children, you have not experienced heavenly love in the purest sense and will not until the time of your earthly death. Until that time, you must believe us when we tell you that you are loved most perfectly. One such example of the love that is boundless in Heaven is the love of your angel guardian for you. Your angel guardian knows you better than any human being could possibly know you, because your angel guardian has known you for eternity. Before you were created in the physical sense, you were known by this being of light. This creation of God is filled with God's love, and God's love flows through his angels to you. When we talk to you about the beginning of Christ's return, part of what we are discussing is the flow of Christ's love through each one of you. Be filled with joy that this little angel of God accompanies you everywhere. God's love flows through this angel into your soul. If you are welcoming of this love, then it can flow through

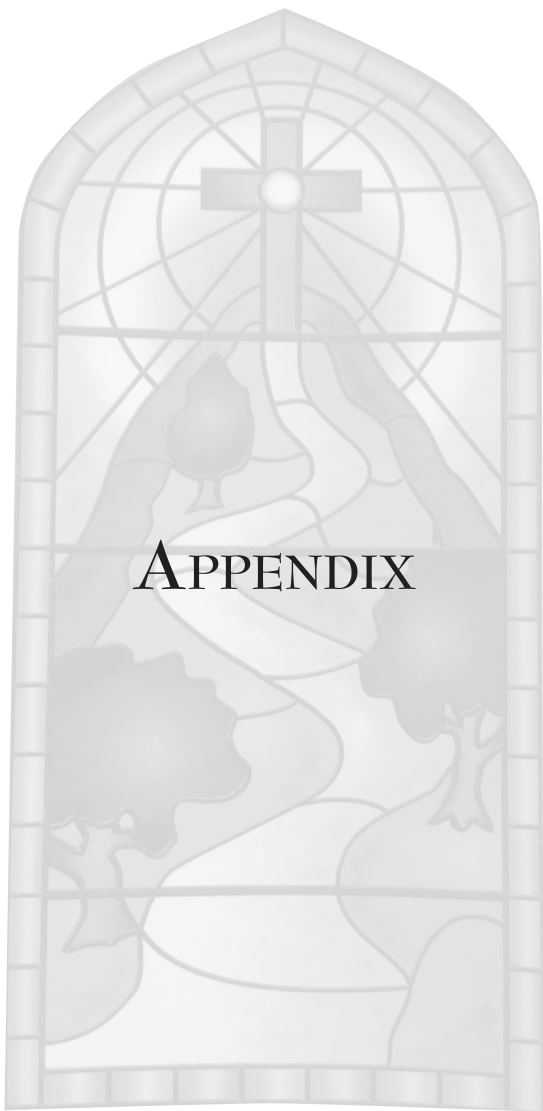
you and into other people, also. How beautiful this process is and how it binds God's family together. When everyone in the heavenly family is together, there will be a seamless flow of love. We will know nothing but peace and happiness then, children, and you will understand what it is I have tried to tell you. Be at peace, little ones. Your mother is with you.

September 11, 2004

Blessed Mother

Little children, how I love you. A mother's love is so forgiving and understanding because a mother knows her children well. I am that way with you. I know you each so well and understand your little struggles and troubles. Our God, in his goodness and mercy, has given me the greatest honor here in Heaven. I have complete discretion as to how to instruct the angels to intervene on Earth. I walk only in the divine will, you see, as do we all here, so there is no reason for conflict. You must ask me for help and I will send angels to assist you and to assist those around you. As I watch you, I sometimes feel my heart aching for you because you feel alone. When you come here you will see that you were never alone for a moment. You will not be left alone. Consider Jesus and his total love for you. Would he abandon you? Of course not. He sees your pain and sends little angels and earthly souls to help you. Sometimes you are not ready to be helped so you do not accept the help he has sent. He understands and waits, watching for another opportunity when perhaps you will be more open to him. You are cherished. Be joyful, little ones. Your

mother loves you and will never leave you. I send angels to you each and every day, considering what tasks you have undertaken for the Kingdom. There is nothing left to chance, particularly with Heaven's work. Cast away fear, little children of God's family. You have no reason to be afraid. Our promises will not be forgotten, as often happens with earthly promises. You can rely on these words from Heaven and you can rely on us.



The Five Spiritual Practices

As Apostles of the Returning King, we begin the spiritual practices in whatever way we can. For some, a good start will be simply praying the Allegiance Prayer each day. For others, assuming all five practices may feel quite natural.

1. Daily ***Allegiance Prayer*** and ***Vocation Prayer***, plus a brief prayer for the Holy Father
2. ***Eucharistic Adoration***, one hour per week
3. ***Prayer Group Participation***, monthly, at which we pray the Luminous Mysteries of the Holy Rosary and read the Monthly Message
4. ***Monthly Confession***
5. Further, we will **follow the example of Jesus Christ** as set out in the Holy Scripture, treating all others with his patience and kindness

Three Charisms of the Apostolate of the Returning King

- ✠ Compassionate Listening
- ✠ Learning and Teaching the Catechism
- ✠ Promoting Unity in the Church

The Allegiance Prayer

Dear God in Heaven, I pledge my allegiance to you. I give you my life, my work, and my heart. In turn, give me the grace of obeying your every direction to the fullest possible extent. Amen.

The Vocation Prayer

Oh Mary, mother of Jesus and Queen of the Church, I ask you to bless me with fidelity to my vocation. Assist me in seeing that my service, however humble and hidden, is important to the universal Church. Strengthen me in times of trial and watch over my family and loved ones. Help me, beloved mother, to remain faithful to Jesus Christ, your son, the Returning King. Amen.

Promise to Apostles of the Returning King

May 12, 2005

Jesus

Your message to people remains constant. Welcome each person to the rescue mission. You may assure each apostle that just as they concern themselves with my interests, I will concern myself with theirs. They will be placed in my Sacred Heart and I will defend and protect them. I will also pursue complete conversion of each of their loved ones. You see, the people who serve in this rescue mission as my beloved apostles will know peace. The world cannot make this promise as only Heaven can bestow peace on a soul. This is truly Heaven's mission and I call every one of Heaven's children to assist me. You will be well rewarded, my dear ones.

The Volumes

Anne, ARK

- Volume One:** *Thoughts on Spirituality*
Volume Two: *Conversations with the Eucharistic Heart of Jesus*
Volume Three: *God the Father Speaks to Children*
The Blessed Mother Speaks to Bishops and Priests
Volume Four: *Jesus the King*
Heaven Speaks to Priests
Jesus Speaks to Sinners
Volume Five: *Jesus the Redeemer*
Volume Six: *Heaven Speaks to Families*
Volume Seven: *Greetings from Heaven*
Volume Eight: *Resting in the Heart of the Savior*
Volume Nine: *Angels*
Volume Ten: *Jesus Speaks to his Apostles*

Excerpts from The Volumes

Jesus Speaks to You

Booklet containing the messages taken from
Volume Four, Part Three: Jesus Speaks to Sinners.

Jesus Speaks to Children

and

Mary, Our Blessed Mother Speaks to Children

These two illustrated children's books contain messages
taken from *Volume Six.*

The “Heaven Speaks” Booklets

Anne, ARK

Heaven Speaks About Abortion

Heaven Speaks About Addictions

Heaven Speaks to Victims of Abuse

Heaven Speaks to Consecrated Souls

Heaven Speaks About Depression

Heaven Speaks About Marriage and Divorce

Heaven Speaks to Prisoners

Heaven Speaks to Soldiers

Heaven Speaks About Stress

Heaven Speaks to Young Adults

Heaven Speaks to Those Away from the Church

Heaven Speaks to Those Considering Suicide

Heaven Speaks to Those Who Do Not Know Jesus

Heaven Speaks to Those Who Fear Death

Heaven Speaks to Those Who Experience Tragedy

Heaven Speaks to Those Who Fear Purgatory

Heaven Speaks to Parents Who Worry

About Their Children’s Salvation

Heaven Speaks to Those Who Have Rejected God

Heaven Speaks to Those Who Struggle to Forgive

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Discovering Your Path to Holiness
Anne's experiences of Heaven

The Mist of Mercy

Spiritual Warfare and Purgatory
Anne's experiences of Purgatory

Serving in Clarity

A Guide for Apostles of the Returning King

Lessons in Love

Moving Toward Divine Intimacy

Whispers from the Cross

Reclaiming the Church through Personal Holiness

Transforming Grace

Becoming Thoughtful Men and Women of God

Staying in Place

Recovery in the Church

Suspended in Mystery

The Eucharist, Mary, and Mothers of the Church

**In Defense of Obedience
& Reflections on the Priesthood**

Excerpts from The Big Books

Purgatory, Prayer, and Forgiveness

Excerpted from *The Mist of Mercy*

Heaven

Excerpted from *Climbing the Mountain*

**Thoughtful Men and Women of God
A Guide to Contemplative Prayer**

Excerpted and abridged from *Transforming Grace*

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Notes

A series of horizontal dotted lines for writing notes, spanning the width of the page.