



**VOLUME  
SEVEN**

**Greetings from Heaven**

Direction for Our Times  
Anne, apostle of the Returning King

Revised and Updated  
April 2020



## **VOLUME SEVEN**

### **Direction for Our Times Anne, apostle of the Returning King**

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On November 29th, 2018, through a sacred decree, *The Apostolate of the Returning King* became a Private Association of the Faithful with Juridical Personality.



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## Introduction

Dear Reader,

I am a wife, mother of six, and a Secular Franciscan.

At the age of twenty, I was divorced for serious reasons and with pastoral support in this decision. In my mid-twenties I was a single parent, working and bringing up a daughter. As a daily Mass communicant, I saw my faith as sustaining and had begun a journey with Jesus, through my Catholic faith and the Secular Franciscan Order.

At the age of twenty-eight, I met a wonderful man. My first marriage had been annulled and we married and were blessed with an additional five children. Spiritually speaking, I had many experiences that included what I now know to be interior locutions. These moments were beautiful and the words still stand out firmly in my heart. I took it as a matter of course that Jesus had to work hard to sustain me as he had given me a lot to handle. In looking back, I see that he was preparing me to do his work.

During this time and after, I also began to experience

locutions from the Blessed Mother, in addition to Jesus. Their voices are not hard to distinguish. I do not hear them in an auditory way, but in my soul. By this time I knew that something remarkable was occurring and Jesus told me that he had special work for me, over and above my primary vocation as wife and mother. He asked me to write the messages down and that he would arrange to have them published and disseminated.

All has happened as he said and I pray that we can all serve him according to his loving directions.

*Yours sincerely, Anne, apostle of the Returning King*

## **The Allegiance Prayer**

Dear God in Heaven, I pledge my allegiance to you. I give you my life, my work and my heart. In turn, give me the grace of obeying your every direction to the fullest possible extent. Amen.



## **The Vocation Prayer**

Oh Mary, mother of Jesus and Queen of the Church, I ask you to bless me with fidelity to my vocation. Assist me in seeing that my service, however humble and hidden, is important to the universal Church. Strengthen me in times of trial and watch over my family and loved ones. Help me, beloved Mother, to remain faithful to Jesus Christ, your Son, the Returning King. Amen.





PART ONE:

SAINTS WEEK ONE



**July 5, 2004**  
**St. Therese, the Little Flower**

*Jesus, in his merciful goodness, has willed that many saints in Heaven will come to the assistance of souls on Earth. Dear holy souls, you are approaching difficult days. You know this, of course, if the Spirit is active within you. Your world is in darkness and must be cleansed. All of this has been said. What our Lord wills at this time is that we, your heavenly brothers and sisters, provide you with specific information and guidelines. Pray for discernment and you will see that there is no other path than the path that leads to Heaven and to Jesus Christ.*

*The time of darkness nears. The world has not converted, despite the efforts of many, both in Heaven and on Earth. People cling rebelliously to sinful ways and do not fear God's justice. Some have embraced evil. Brothers and sisters, this world is no longer an appropriate place for God's children. It is neither safe nor conducive to the school of holiness that each person must attend to graduate to Heaven. Little souls cannot do this here in your world because they are surrounded, literally, by the opposite of holiness. I do not wish to tell you about the sins of humanity because there was sin*

*in my day also. I understand that sin exists and that there will always be those who choose the enemy. What I am trying to convey to you is that your world has begun to co-exist with sin in such a way that few object anymore. You are asleep, children of the world! Where are God's warriors? Too few have taken up God's cause in the past, but many will now in these times. Praise God with me, people of Earth, even as he prepares to renew your world.*

*In the days of confusion to come, rumors will swirl. Holy souls will be tempted to doubt authentic sites of apparition where graces flow without pause. Children, you must remain true to your calls. Jesus has placed you carefully. Serve him. You will find yourself struggling with temptations against your missions. You will find yourself mocked. The world is going to go even further in the opposite direction of God and you will stand out even more starkly against the godless landscape. This will not be comfortable for you, but you will have complete heavenly assistance and support. Brothers and sisters, I, Therese, am only one of countless saints who has been commissioned to assist you. You will find us always near and always willing to instruct and console. We will petition the Spirit and obtain the most sublime gifts of wisdom and discernment for you.*



*My dear fellow servants, we are entering the storm, but not without Jesus, our rudder. Children of God should not fear God's intervention. Given my heavenly knowledge, I assure you that the only fearful thing for this world would be a decision by God to leave it to itself. Welcome, brothers and sisters, to the legion of heavenly soldiers who fight for Christ. You will earn your place in Heaven.*



**July 6, 2004**  
**St. Therese, the Little Flower**

*Brothers and sisters in the world, I bring you news from Heaven. These graces have been obtained through the years for this time. You must thank souls who have gone before you whose prayers are being used now. Truly, there is a great storehouse of graces for these days. Be certain to petition Heaven, particularly for conversions. Our goal is simple. We want to bring as many souls as possible to Heaven. In order to do that, we must bring as many people as possible to Jesus here on Earth. We need conversions. We need people to turn away from sin and follow the Gospel. There is nothing new, you are thinking. You are correct. What is new is the compelling nature of the time in which we are working. We have spoken about changes. We have spoken about a final increase in godlessness. Now we must speak about the actual transition and how you will conduct yourselves. Be at peace in everything. That is always your first rule. You are a follower of Jesus Christ and as such your eternity is secure. There is nothing that should disturb your peace. It is very important that people who live for the world, who are comfortable with darkness, see your peaceful, trusting countenance. Anything less will not draw them to Christ,*

*but confirm that there is no reason to follow Christ. Next, you must be concerned with your duties in life. Are you a priest? Religious? Father? Mother? Obedient son or daughter? You must live for your duty and do your work cheerfully and honestly. In all of these things you must love. Brothers and sisters, Christ's love must shine from your eyes. Now, you do not have Christ's love unless he puts it there for you. He cannot put it there for you unless you give him time in silence and prayer. So our next task is really two-fold. You must love like Christ, and in order to do that you must have scheduled prayer time that includes time in silence. You know that when you spend time in Eucharistic Adoration and contemplation of the living Christ, you walk in calm, trusting peace. You find it easier to complete mundane tasks, and love flows easily from you, because he has had ample opportunity to fill your soul with divine love. I am giving you specific instructions because in order to be calm during times of upheaval, you must have sound practices and discipline. If you live simply, observing simple habits, you will have less difficulty. The world can go its way but my brothers and sisters will simply continue to follow Heaven in the beautiful fashion that I am outlining. You see, little brothers and sisters, I have a special role in these days. I am to assist you in walking through this time. You can rely on me.*

*Many people will ask for my help and they will not be disappointed. Heaven gives me great glory because I remained so small on Earth. You will follow my way, my dear friends, and nothing will cause you alarm because you will understand that all of Heaven watches and all of Heaven assists you.*



**July 7, 2004**  
**St. Philomena**

*People must understand that Heaven and Earth are joined. There is no separation except in the ability of earthly souls to experience Heaven. Brothers and sisters, fellow soldiers for Christ, we are with you. Jesus is with you. There are countless angels with you. Truly, Heaven is with you. Ask for more faith and more faith shall be yours. In order to have confidence, and you need confidence, you must understand what we are saying to you. View every day, every event, and every experience as something that you are seeing side by side with us. We are by your side in everything. Why is this so important? We want your view to be similar to our view. People discard holiness often because they think they will have to give up too much to be great saints. Do not try to be a great saint. Try to be a little saint because then you will be great, like Therese. Simply rise in the morning and do your duty, keeping Jesus as your goal. If you try to serve quietly in everything, you will become a saint in spite of yourself. If something big arises and you are in the habit of serving, you will serve easily, with very little thought. This is where practice and discipline are important. Brothers and sisters, you are to experience a time of change, but you have been prepared if you are following Jesus. If you are not, then*

*you should begin, and Jesus will prepare you. Believe me, Philomena, when I tell you that your soul will be protected. Do not fear bodily hardships because these things are fleeting. Be in the habit of denying your body a little every day. Again, this is practice. When you deny yourself, perhaps in fasting, you have not said, "I will never eat again." You have said, "I will not eat for now. I will eat later."*

*It is the same. If you are in a position where your body is being denied something, simply tell yourself that you are being denied at the moment but not forever. You will pray and give thanks to God whatever the circumstances and souls will be saved in great numbers from your prayers of acceptance. There will be the greatest graces available so I do not fear for you because when you experience these times you will have exactly the graces you require. Jesus is so good. And he loves us so much! Concentrate on this, my dear friends, and you will not nourish useless fear. We come to provide you with heavenly advice because we have walked your hardships. If you walk with Jesus Christ you have all the power you need, believe me. He will protect you and we, his saints, have the greatest sympathy and love for you. We are truly a family working together. We are working together to rescue people from darkness so that they will spend eternity praising our sweet Jesus.*



**July 8, 2004**  
**St. Philomena**

*Dear brothers and sisters, you must be joyful during this time. Whenever you are tempted toward despair, you must think of Heaven and how Jesus is making the Earth like Heaven by allowing this cleansing. Jesus is reclaiming the Earth. That is a wonderful thing and will ensure that your children's children will not have to contend with the darkness of sin which surrounds your children. It would please Jesus if you would be thankful to him, despite any circumstances. A saint conducts herself this way and finds that she is joyful regardless of any and all hardships. Dear friends of Heaven, the enemy will not prevail. You know this because you have been told this. At the end of this time, Jesus will return and Earth will be beautiful again. Before that, there will be a time when it will appear that the enemy has taken control of the world. The darkness of sin will reign and our beloved Church will suffer even more. Followers will face grave and constant attacks for their faith in many areas of the world. They will persevere and set the most beautiful example for others. This will draw others back to the faith in great numbers, so you see, the enemy's strategy will backfire. The more God's enemies persecute his children, the more children will*

*choose God and remain true. It has always been this way, sadly. God's children should serve him faithfully in good times also, but many do not. Many become worldly when the times are easy. Be brave. Your courage will come from Heaven and inspire many. We teach you how to prepare and those who take our advice will find that they are calm and able to lead. Heaven will call upon many to lead because during the worst of the troubles, holy souls will be cut off from each other. Leaders will spring up in every area to help holy souls remain steadfast. How beautiful are these times when viewed from our perspective. My dear friends, read about our lives. Many saints in Heaven faced the greatest of persecutions on Earth. We never relied upon ourselves and in that way we became invincible. You will too. The Earth will quake during this time and Heaven's responses will be apparent to all, giving the faithful great hope. The enemy's actions will be met with heavenly retribution. This also will convince many that God is preparing to return and will bring many back to God. The enemy cannot win and God will turn everything to the good. It is important that you are aware of the coming events so you will be confident and prepared. My friends, your world is asleep at this time and many doubt God's presence in the world. I would advise you all to remain alert. You will be glad that you did.*

**July 9, 2004**  
**St. Anthony of Padua**

*My dear friends in the world, all is well in Heaven, where you will eventually dwell. All is tranquil and graces flow freely from one soul to another, after originating in the Godhead. Truly, we are at peace. With this said, we are also alert because we are, like you, awaiting the sweeping changes that will alter the way of life in your world. We are glad for you, dear souls, because the world you have experienced is so unhappy. You do not even realize how difficult it is for you because you cannot compare it to our heavenly vision. Some older people will remember perhaps that your world was not always filled with such darkness and confusion, but for this current generation there is a void in knowledge of goodness. Many youth in the world now have never experienced goodness and peace because there are no people following Christ near them. Can you imagine how this makes us feel? If there were not changes coming, we would feel helpless. But changes are coming so we feel invigorated and optimistic. We are all committed to working alongside you to bring about changes on the ground, as it were, by which I mean in souls. You may feel you have no control because you did not choose this time and neither will you choose to participate in the events that will usher in the new time. This is true but I ask you to view it from my perspective. I am one who loved Jesus dearly and served him as best*

*I could. When I look at the opportunities you have for service to the Kingdom, I am truly jealous in the nicest way. If you are a great artist and you are viewing the work of another great artist, you may say, "I would do that another way." Your vision would be different. At the same time you would admire and respect the work done by your colleague. That is how it is for us. We look with the greatest of respect and admiration at the way you are all dealing with these times. We are always ready with advice or encouragement. Do you understand? We are like soldiers who have faced the very same enemies and enemy strategies. When you get stuck, you must ask us for help, understanding that we view from above, as it were, so can see more clearly what is up ahead of you. In this way we can help you to divert from possible dangers and traps. I am Anthony. I love you dearly and consider you my closest friends. I want only to help you and I continue to thank Jesus for allowing me to communicate with all of you on Earth. I am your friend. Talk to me. Allow me to help you. There are many of us and if you have friends in Heaven, you may ask them for help now, because they have been given enhanced intercessory powers during this time. We are all going to work together to see you through this transition and the Earth will be remarkably beautiful afterwards. All that need concern you is service on each day. Everything else will be cared for by Heaven. Never become discouraged because truly there is no need to be.*

**July 10, 2004**  
**St. Anthony of Padua**

*My brothers and sisters of the world have been told many things. We have talked about changes and darkness. We have talked about persecutions. We have talked about love and peace and prayer. Today I wish to talk about death. So many people on Earth fear death. Dearest friends, destined to come to Heaven, you should not fear death. It is only through the death of your body that your soul can come truly alive. This is something to be anticipated with joy, not fear. Consider a child in the womb. Would that child be correct in remaining in the womb because he feared life? You laugh at such a notion, yet this is the very same as your fearing death. He would fear life, perhaps, because it would be a change for him, and you fear death because it will be a change for you. But as you would tell the infant that life is wonderful, I am telling you that Heaven is wonderful, and the day of your death is truly the day of your birth because your soul is born then into eternity. This is a good thing. It is a joyous thing for anyone who has followed Christ. All of your faith, all of your sacrifices, and all of your dutiful acts are justified and rewarded. Do not walk in fear of death because it will cause you to cling to life in such a way that you cannot live freely. You should consider that statement if you find it elusive. It is important. I wish to help you become free of fears.*

*Please call on me if you fear death. It will hamper your spirituality so we must eradicate this fear. Children, there will come a time when you will see death in great numbers. Some societies, those which have suffered famine or war, have had this experience. For Christians, this experience actually increases detachment. This is good. All who experience tragic events such as these will realize that they are mortal while they are on Earth and that they could be taken at any time. The true Christian is then encouraged to serve, because what else is of any value when you could be abruptly called to Heaven? There is no point storing up earthly treasures if you are only to leave them shortly. Men in affluent areas should understand this but they do not. There you see a false sense of man controlling his destiny. This creates an environment in which people live for the world. Because they are so busy, they do not give proper consideration to the bigness of reality in comparison to their small circle of living. They will, my friends, when their circle of living is pierced by hardship and death. I do not say this in gladness, believe me, please. I say this in solemnity. It is all good, though, because it will bring people back to consideration of God and Heaven and service to God during life. This is what is required and this is what will happen. We will rejoice, you and I, as God ushers in these changes. Be prayerful and silent as often as possible. In this way we can help Jesus fill you with peace.*



PART TWO:  
SAINTS WEEK TWO





**July 12, 2004**  
**St. Gertrude the Great**

*Dear brothers and sisters, how brave you are to read these words with faith. There must be a great push now for detachment. Try to concentrate on heavenly thoughts and heavenly goals, even while you remain in the world. In this way you will detach from the world more effectively and you will see the fruits of these words in your soul. Words are simply words, as you know, until they begin to impact behaviors and habits and, of course, souls. If you ingest these words quietly, they will take root in your soul and all manner of beautiful and exotic blooms will begin to form. The graces are there, my friends. Heaven needs only a willing spirit who will put herself in silence so that these graces can take root. Do not let these graces be wasted. Sometimes people take the graces and admire their beauty. They correctly assess the worth of these heavenly gifts. But it is one thing to admire the work of a beautiful blanket or quilt. It is another to wrap yourself in it and allow it to warm you, which is its true function. The true function of these words and their accompanying graces is growth. We want to facilitate change in your soul. Your soul must stretch now, and to do that you must minimize the attention you pay to*

*the world and maximize the attention you pay to your faith. Jesus is with you, awaiting your notice so he can take your hand and begin a walk of union with you. Do not hold back from him because you limit him when you do. Give him everything. Ask him all throughout the day what you can do for him. Do this fearlessly, understanding that if he gives you something to do, he will give you every grace necessary to do it. You need fear nothing, my friends. I have the greatest of love and understanding for you, as do we all. We repeat that so you will remember and be reminded to call upon us in your moments of difficulty or fear. Many things can cause fear, but usually if you are aligned with Jesus your fears are easily managed. You will know when you are neglecting your prayers because fear will begin to creep back into your minds. When I felt fear I began to praise God. In this way I turned the fear into a prayer and trained myself to allow Jesus to eradicate my fears. He always did. Again I say you should ask for the graces as the graces are there. You should not feel that you cannot experience the joy of Jesus because you are afraid. That would tell you that something is wrong and quite possibly you must simply pray more. We speak in simple words because Heaven never seeks to confuse. Confusion does not come from Heaven. Understand that fear comes from the enemy of Heaven. Confusion,*

*like fear, is a symptom of the enemy's presence. Expect to struggle with these little crosses at times and you will not be alarmed or pay too much attention. When you find the cross of confusion or fear becoming heavy or quite noticeable, flee to your duty and wrap yourself in prayer. We all carried those crosses, dear friends. We understand and will help you. Suffering from these things does not mean you do not serve Christ well. On the contrary. It would be a nice thing to walk in blissful peace at all times, but if you are a follower of Christ this will not be your experience, believe me. I say this with a light heart because we in Heaven are so joyful at the beautiful and brave way we accepted such crosses. It is like running a race against yourself and winning. We look back and say, 'That fear could have distracted me from serving Christ, but I kept my eyes on Christ and did not let it. Good for me.' You will say this too, and you too will be joyful at what you accomplish.*



**July 13, 2004**  
**St. Gertrude the Great**

*Dear brothers and sisters, along with detachment, you must practice humility. You have words from Heaven, but what will you do with these words? Will you understand that God is calling you to be an apostle? Truly, that is the case. Have you answered that call? You will be first in Heaven, but you must allow yourself to be last on Earth. You have been given great spiritual food, along with many spiritual graces. You will not want to waste these graces by continuing to march to the tune of the enemy. Step out of that group that follows the world and follow us, your heavenly friends. We are humble because we compare ourselves to Christ. Compare yourself to him and you will also feel humble. When you are humble, Jesus can make you great. It is not hard to understand if you are detached from the world. Heaven is so different. When you consider worldly thinking, just reverse it and often you will find yourself thinking in heavenly terms. I love you very much. We all do. I want you to do well for Jesus' sake, yes, but also for your own sake. My greatest joy in Heaven comes from the knowledge that I served Jesus as best I could, given my many faults, while on Earth. Consider in silence what he wants from you and*

*then do it. Do not delay and say you will serve later because he is asking you to serve now. This is a time of the greatest grace, but it is very much the calm before the storm. The storm will come, my friends. Of that you must be certain. Jesus, in all his mercy, is prepared to act. We in Heaven are also prepared. You might say we are all poised. I know that many of you sense this. You are correct. Do not become complacent. Also, do not be fearful. Why would you be? You are at risk of dying on each and every day you rise from your rest. What would be worse than death today would be for you to rise and not serve Jesus. That is how we think and when you come to Heaven, and you will, you will also think like this. Serve during this time of calm. Spread our words. Offer encouragement to people who are seeking truth. Bring truth to people who are discouraged in the world and do not know to seek truth. Commit yourselves to Christ and let nothing stop you from his service. I began by talking about humility. These two concepts are linked in this way. You are a chosen apostle, but you must be a humble, chosen apostle so that you do not put others off. If you spend time with Christ each day you will remain humble. Many convert to Christ and then feel they are above all of mankind. They think they have reached sainthood merely by taking an altered path. I assure you, little servants, it*

*is through the ascent that you achieve sainthood. The higher you climb, the more humble you will become. Do not hold yourself above anyone, ever. You will not make friends for Christ this way. You will confirm the enemy's propaganda that Christians hold themselves above others. True Christians, of course, do not. You will know these things by your spirit, but I, Gertrude, am giving you advance warning of a snare that could trip you up. Practice humility. The battle is won in the silence of your soul, my dearest friend. Remember to use us to help you.*





**July 14, 2004**  
**St. Damien of Molokai**

*Greetings to my brothers and sisters on Earth. I have so much to tell you. I watch your difficulties and understand your struggles. You walk with Jesus, though, and if you remain in awareness of his presence you will feel stronger and more confident. Many of your struggles can be minimized with constant acts of holy indifference. Jesus, along with all of his many helpers, needs you to be his hands, his heart, and his representatives. He can get the work done through you quite easily. You are a part of the work but not the whole work. Let me make this even clearer. If you remain small, understanding that without the help of God you are without power, he can do the greatest things through you. When man swells in his heart and feels that it is he himself who is accomplishing these things, the trouble begins. Egos are difficult friends and dreadful rulers. Keep your ego on a very short leash and understand that your merit lies in your obedience to Christ. Do not take credit for what Christ does through you. He cannot entrust great missions to you if your ego swells with each success. When your work is successful, praise God. When your work fails, praise God. When the sun shines, praise God. When the rain falls, praise God.*

*Do you get the idea? You serve him and he will do great things through you. These great things have nothing to do with you except that you allowed Heaven to use you as an instrument. Your merit in Heaven will not depend on the greatness of your mission or the greatness of what Christ accomplished through you. Your merit will reflect the work you did in your soul, the surrender of your ego, the honing of the virtues, the self-denial, and the love that you allowed to flow through you to others.*

*I am trying to prepare you because you are about to see great things happen, brothers and sisters, and I do not want you to swell up with pride and vanity. You will not if you continue to pray and spend time with Jesus. We tell you this for a reason. The risk is present but you will overcome these temptations. When a person is following Christ during this time, and a person is committed to the mission of mercy Christ is embarking upon, that person will be the vehicle for many graces. I do not want my brothers and sisters to fall into the snare of taking credit for what the Savior is doing. This cripples the flow of graces. You are going to see many wonders, my friends. You should remain calm and accept all in a spirit of holiness and humility. The times demand these extraordinary actions of Heaven. There are many conversion powers attached to these*

*words so see that you spread them to the best of your ability, following his lead and direction. Do not hesitate to call on us, your heavenly comrades, to help you in any part of this mission or in any part of your spiritual work. My last word of direction for today is this. Rise each morning and do the work on your soul. That is always your first priority. Spend time in prayer. Be a close friend of Jesus Christ, not only in service, but also in communion of spirit. Then you will be certain the work is his and not yours. If you notice that you are not praying enough, you will begin to see symptoms. You will take things personally. You will be frightened, anxious, and lose confidence. Those are symptoms that you need to spend more time in prayer. This will be a temptation for you, the apostles of these times, and that is why we, your heavenly friends, are warning you. Walk always in awareness of the army of saints marching beside you.*



**July 15, 2004**  
**St. Damien of Molokai**

*My brothers and sisters, you are serving Jesus and that should give you the greatest joy. There is nothing more important than saying 'yes' to him each day and stepping out in faith. You do not even realize the many ways in which he uses you during the day. That is as it should be when you are a servant. I found my greatest strength in my practice of remaining in the present. I never panicked because I did not worry about the future. It was enough for me to serve Christ in the moment, in each poor little soul he placed in my path. The more you serve, the greater joy in the service. Some of you have found this already. One becomes a better climber when one has been climbing, and the path to Heaven, regardless of the difficulty, becomes simply a day's work. What beautiful servants Jesus relies on today. There will be an army of servants for you to work with very soon because Jesus is calling many and sending great graces to enable people to hear his call. Many will serve during this time and souls will be saved. Please, my friend, put Jesus first in each moment. This is not a time for half-hearted commitments. This is a time for dying to self and living for Jesus completely. If you begin this journey at all you will see what he can*

*do through you if you are willing to allow him to work. With your ego firmly under control, you will marvel at the goodness of Jesus and the preparation he has given you without your awareness. Use every skill, every strength, and serve the Kingdom. We will all help you, as we keep reminding you. You can call on our help and we would like to put you into the habit of doing so quickly. It will be second nature to you when difficulties come. Brothers and sisters, the time of darkness is ending, it is true. But the enemy is not finished. He rallies people to his service to persecute the children of Mary. He seeks to erase God from God's world. This is the process you are witnessing, except now you see people fighting back. Heaven's children are waking up and shaking off the lethargy that overcame them. So the battles begin in earnest. So be it. Heaven is ready. You are ready. God will have his world back and his children will be safe again, but not without the struggle, which is what we are preparing you for through these words. Children of God, it will become clear that people are choosing sides in that people following the enemy will persecute God's followers and delight in doing so. It has never been God's way to extract revenge for the sake of revenge, or to allow his children to do so. You will be called upon to answer in love. There are a great many readers pausing, I see. This is difficult, I know. I had*

*my share of enemies on Earth and this was difficult for me, particularly when I was being castigated for doing good in a time when few were willing to assist me. Their response was to slander me. I tell you this so you know I understand what I am saying to you. I understand that it will be a great Christian challenge. But we, the saints, lived for these challenges and so must you. Do not fear that you will not serve. You will make mistakes, as I did, but generally Jesus will use you successfully to further his will. Love your enemy. That is the message and that has always been his message. I will help you.*





**July 16, 2004**  
**St. Matthew the Apostle**

*I send my greetings to my brothers and sisters on Earth. I am happy to be speaking to you and look forward to greeting you here in Heaven when your time on Earth is finished. How quickly it goes by, dear friends. Do not worry about suffering because it is truly brief, even if it lasts for a lifetime. I have come to do my part in enlightening you. You are given this extra help because you have been given extra challenges as you participate in a time of great trouble. There is also great joy available, as you well know, and true followers will find these times invigorating. The smaller and more humble you become, the greater the flow of graces that can flow through you into the world. Jesus is grateful to you. You know that. Call as many servants into the fold as you can. Do not be afraid to tell people that Jesus needs their help. You must encourage others to take up their crosses and follow. More workers will complete the tasks more quickly and easily. These are all obvious pieces of advice.*

*I want to speak to you now about something that is less obvious. Brothers and sisters, and may I say dear friends, there will come a time when the choice between*

*Jesus and the world will cost you something. During that time, many families will split because many people will say, 'Yes, I will serve, but not unto death and not at the cost of my comfort and well-being.' But for you? What is he asking of you? Is he asking you to serve a little bit? Does he want to possess a part of you, leaving the remainder to the world? Did Jesus Christ stop cold at the foot of Calvary and say, 'I want to love these souls, yes, but not unto death?' No, my friends. Jesus Christ ascended Calvary and finished the job of redemption. It cost him something. It cost him everything. But he persevered. What do you think he is asking of you? You must give with entirety. You must make the decision now and never divert, regardless of the cost. There will come a time when some families will splinter. This will cause you pain, my friend, it is true. But you will not divert. You are not called to divert. You are chosen as an apostle of these days to complete the mission our great God has entrusted to you. You may have glimpsed your mission and you may be on your path but there are many things yet to come. I am Matthew. I love you dearly and congratulate you on your service to this God of All. Understand that when the division comes you will be filled with graces and you who have decided for Christ will have no decision at all. You will ascend Calvary with him and join us as loyal friends of the Savior. Be*

*at peace in all of this. God will hear your prayers for your families. We tell you these things so that you will embrace your mission with the appropriate seriousness. We will not abandon you during the difficult times. You will have these words of truth, truly, from which graces will flow unchecked. You will have our companionship, also, through many prophets. And you will have joy in those days, dear friends. You will have joy.*



**July 17, 2004**  
**St. Matthew the Apostle**

*Brothers and sisters, I have come with words of encouragement for you. The words and thoughts in these messages are an example of the great mercy of God in Heaven. You will be so grateful that you served when you are called to come home. There is no regret like the regret you will have if you say 'no' to Jesus during this time. We know Jesus, both as man and as God. He is all love. He is all kindness. He is all encouraging and uplifting. Jesus never leaves you feeling saddened, unless you are walking away without determination to serve him. Spend time with him always because then you will always feel refreshed and determined. I got all of my courage from Jesus Christ personally, whether I was in his presence or not. Truly, I felt united to him because I allowed him to be united to me. You can do that, too. That is one of the opportunities you have during these days especially. Jesus wants to work through you. To do that, he must be with you. Would you like to walk with Christ, constantly united to him and in his presence? You can. Just make the decision and ask him to be with you. Then, when you have done that, do not ignore him or treat him with such familiarity that you forget him. He is your closest friend. He is your ever-present advisor.*

*Think of your current problems. What does Jesus say about these problems? What is his opinion? What does he want you to do about these struggles or conflicts? If you do not know the answer, you are not doing it right. Spend time in silence with him and ask him. I lived like this. All day long I said, 'Jesus, what would you like me to do? Jesus, how are you going to handle this?' He will give you the answer and you will reach his goal of behaving as another Christ in the world.*

*Brothers and sisters, we do not wish to bore you by repeating lessons. But because we are also experienced with humanity, we know that often you must learn the same lessons over and over. Repetition and practice bring perfection. We know that. We learned it by making the same mistakes and relearning these important lessons. Jesus is with you. Jesus will never leave you. Do not be afraid and do not make any decisions without his counsel. If you are fearful, you are doing something wrong. If you are panicking, you are doing something wrong. If you feel dislike for most of your brothers and sisters, you are doing something wrong. And if you feel you are better than most of your fellow apostles, you are in trouble. I am making a joke. I speak of such serious things that I feel I must lighten your mood. In all of this you should feel a sense of*

*liberation, because when Jesus is leading your life you are liberated. Can you imagine the burden of doing it all by yourself? Imagine the fear of making mistakes if you put yourself back in charge. Truly, once you begin walking with Christ it is very traumatic to break away on your own again. The world would once again become the frightening place it is for non- believers.*

*I love you so passionately, my friends. We all do. We are so eager to help you. We can give you the most beautiful counsel. Talk to us often and we will find ways to help you and obtain beautiful gifts of grace from our God. Peace be with you, dear fellow apostles. You are in the greatest of company.*







PART THREE:  
SAINTS WEEK THREE



**July 19, 2004**  
**St. Christopher**  
**(An Unknown Saint)**

*I send heartfelt greetings to all of my brothers and sisters on Earth. I pray that you will thank God often for these beautiful graces. People embracing these words understand how great a gift is offered to the world in these humble little Volumes. We in Heaven thank him constantly, all the while asking for even greater and more numerous gifts of grace for you. Earthly souls, we understand how difficult it can be to serve steadily while you are in a body that is demanding from you constantly. Practice disciplining your body. Say 'no' to your body on occasion so your body will understand that your soul is in charge. If your body is directing, your soul will not be honored as much as it should be. For your soul to breathe, to grow, and to flourish, your body must be disciplined. Fasting is a good way to let your body understand that it is not in charge. When you fast you deny your body and nourish your soul. Your soul grows strong and confident during these periods. The enemy becomes weak and ineffectual in your life if you are fasting. Can I ask that you take two days in each week and give up a little something that your body would like to have?*

*You do not have to begin with a strict fast, and if you are not used to fasting I do not encourage you to do so. Begin small, with little sacrifices. Keep busy and do not think about your body. Think about Jesus, Heaven, our beautiful Blessed Mother, angels, and what you would like to discuss with us, your heavenly friends, when you arrive here. Think of the questions you have for Jesus. Think of what you would like to learn about when you arrive in Heaven. Think about the beauty of participating in a worldwide mission of mercy. That is what you are doing, you know. You have become part of Christ's team and we are working together to save many souls before the changes come. What an honor is yours, my friend, that Jesus is calling you in this way. Do not think about your body. Treat it with respect and dignity, caring for its needs, but do not spoil your body. Rest, take nourishment, exercise your body. Jesus is not asking for rigorous fasts or penances. But he would be greatly pleased with a little self-denial. Fast for Heaven. Fast for Jesus. Fast for the dreadful unhappiness and emptiness so prevalent in the world. If you attempt to fast and you fail to reach your goal, be forgiving of yourself and try again another day. Be at peace in everything, but do try. I am trying to enter you into spiritual training. We want you to be gentle in spirit, but also strong in your ability to serve Christ.*

*Spend little time worrying about how you compare to others. Just serve. Work on your own little soul in the life within which Jesus has placed you. Keep the big view in mind, of course, but not so much that you begin to neglect your vocational duties, such as your family. Some think they should serve Christ in blazing glory when they are actually called to serve in humble quietness. If you are called to serve in blazing glory, you will know, believe me. Otherwise, care for your duties in obscurity and gladness. Your quiet little acts of love and self-denial will propel this mission to completion. I love you all. You will come to know many saints in the days to come. Saints are simply people who are finished on Earth and who have fought the good fight. As such, we are experienced soldiers and now come to support you, our brothers and sisters.*



**July 19, 2004**  
**St. Christopher**  
**(An Unknown Saint)**

*My brothers and sisters in the world give God the greatest glory in their faith. Your world has become cynical and mistrusting. It is fashionable to be skeptical and to question the motives of anyone who works for good. I see this skepticism has spread even into holy circles and into groups of servants who formerly would have renounced skepticism. I am referring to priests and religious, actually, but not exclusively. If you are a consecrated servant of Jesus Christ, you should not be cynical. If you are cynical, you need to examine where you are spending most of your time. Spend more time with Jesus and less in the world and you will lose this symptom of despair. It will be replaced by joyful hope and willingness to assume that each member of humanity has the capacity for great goodness. Worldly souls will then call you an innocent. Well, dear friends, if you are a holy soul, you are supposed to be innocent. Saintry people are childlike. Children are innocent. This is a good thing. Do you understand? Be joyful. Be innocent. And be holy enough to realize that the Earth and everything in it is God's beautiful creation, which he created to serve him in goodness. Do not be*

*embarrassed by your innocence. Attempt to spread this joyful attitude of trust in the Savior. Other people will see it, you can be sure, and they will then examine their own attitudes. They need to do this if they are cynical and skeptical in the latest way of the world.*

*Brothers and sisters, this new sophistication is not from God. It is actually hurt. People see that things are not what they should be. They do not understand why this is so and they adapt this attitude as a protection. They then embrace it and it becomes an opportunity to ridicule all that is truly good. But at its source it is still hurt. This will spread, if you can believe that. It will become more pronounced. What will this mean to you, God's little ones? Well first of all, as we said, you will stand out even further. Secondly, it will be more of a challenge for you to retain your hopeful innocence. You will receive great graces, it is true, but you will stand out. The good part about standing out in your joy and hope is that other people will reject this complete and total attitude of sophisticated scorn. They will be drawn to you because of your joy, and they will correctly suspect that you hold the truth. They will join you. Do you see that God brings everything to the good? You must believe that with your whole heart and you will have peace. It is truth. I am God's chosen servant and I*



*Speak only the truth. You will be like me, speaking truth in your world.*

*God will bring good from everything. We are all here to help you. Ask me for help and I will begin immediately to intercede for you. All is well. We are merely giving you advance warning of the coming times. If you look closely, you will see that God has always done this. Some people receive the words and some reject them. Again, this is not different. Trust us and most of all trust Jesus.*



**July 20, 2004**  
**St. Julia Ursula Ledochowska**

*Hello to all of my brothers and sisters on Earth. I am so happy to speak with you so directly. We speak to you indirectly all the time, even though you are not aware of it. We prompt you, console you, and place great truths in your hearts, particularly when you are struggling. During this time God has willed that we speak to you clearly, as in an earthly letter. He chose this person to record for him and we send our words through her. He is very good to allow this because, while there are always prophets, this body of work is large and will be very complete. Certainly the times have called for heavenly assistance. My friends, we are trying to encourage you to live for Jesus and his holy will. Many are doing this beautifully and you see how he works through you. This is the encouragement that fuels further cooperation, of course. Be steadfast now. You have made your decision for Jesus and now you must awaken each day and remind yourself that you are his slave. Give him your day each morning and relinquish your will to him. Move through your day then with the awareness that he is using you to do his work. Perhaps he is using you to clean your house in a spirit of unity to him. In this way he extracts great*

*graces from your cooperation, which he then uses to save souls. Maybe he has put you in the world. In that way he is using you to be a witness to him, even though you may never mention his name. Your Christian ways are your witness and, truly, you bring him into each room and meeting and situation. Maybe you work manually. Unite this work to Jesus and he can spend the whole day with you, perhaps resting in your welcoming soul and drawing great consolations from your love for him. This softens his just wrath in the most beautiful fashion. Each one of you, regardless of your tasks and roles, is called upon to live for God. Those of you who suffer illness should be especially aware of your ability to console the Savior. He will never leave you. He will use each pain, each limitation, each frustration as a balm to his wounds if you allow him. Imagine being able to apply a beautiful healing balm to the wounds of the Savior. Truly, you can, by uniting hardship and illness to Jesus. If you think of it that way, you will think less of being released from hardships and more of utilizing your hardships for Heaven. Brothers and sisters, you know that we want to help you. You know that we love you. There are many of us who are especially chosen to assist you during this time. It would be good for you to develop your relationships with us now, during this quiet time before the storm. If you are well trained*

*spiritually, you will respond efficiently to anything that comes your way. Each region will see different changes, of course, and each person will have specific help for his experiences. Receive every life experience as something directly from the hand of Jesus and you will not object. Try that today. Each situation that occurs in your life is directly from Jesus. He wants to teach you something. He wants to introduce you to someone's suffering, perhaps to encourage you to become more prayerful. He wants to draw you further into his heart, or perhaps he wants to teach you patience. Do this with me today. I am Julia and I want to help you to see each and every event in your day as an opportunity to perfect your soul. Allow me to do this for you. Speak to me often today. Ask me what Jesus is trying to teach you and I will tell you. Consider this exercise as practice in learning to work with us, your heavenly guides. You know we are here. You know we want to help you. This is how we are going to do it. Let us begin.*



**July 21, 2004**  
**St. Julia Ursula Ledóchowska**

*Brothers and sisters, I await your petitions. When you ask a saint for help, that saint immediately turns to the throne and begins to pray for you. She brings your trouble or question directly to God and requests the graces to assist you. God enjoys the relationships between his children on Earth and the saints in Heaven because it is another manifestation of love, which always originates from him. You see, if you spy one of your earthly siblings in trouble, and you move to help them, that is love. Well, my dear brothers and sisters, it is the same way from Heaven. Your parents, generally speaking, would applaud you for helping your sibling. God is the same. We please him greatly when we go to the throne and beg for graces for you. He likes to see us working together. When we have served him well on Earth, his heart is very soft toward us and we can move him to all manner of mercies. Can you go directly to Jesus? Of course you can. You should always be with Jesus and take your cares to him. There are times, though, you will see, when you would like our input and we will be there for you.*

*There will come a time when the world will seem very*

*dark. You will have little hope that God is going to turn it around and allow his grace to take the Earth back. My friends, during this time you will use us. God does everything for the good of his people, and it will be important to remember that during the times to come. I do not seek to frighten you but in the eyes of non-faithful people it will seem as though God wreaks vengeance. In your eyes it will seem that God has forgotten you. In the eyes of Heaven, the truth will be that God is preparing to return. The darkest hour truly can come before the dawn and it will be that way during the time of transition. We, Heaven's saints, will be active and aggressive for our kindred spirits on the Earth. You will ask us for help. You will get it. We will secure great courage for you. We will help you maintain your faith and your hope. We will even help you with practical matters on occasion. You see that you are being prepared. Well, we are preparing the world, as it were, not just one person. And yet we are personally preparing your precious soul. My dearest comrades, you need to do this anyway. Your death could come today and you would be finished. We are simply telling you that your world is going to change. Look closely at your world. Could this possibly be a bad thing? If you think it is, you are not looking with the eyes of Jesus, because he is not pleased at the situation in your world today.*



*No, we cannot speak an untruth. Jesus is not pleased. That statement carries the heaviest of weights with it. Truly, all the anchors in the world could not compare to the weight of that statement. Jesus is not pleased. Your time on Earth is limited, regardless of what occurs. Use it to serve.*



**July 22, 2004**  
**St. Daniel Comboni**

*We are happy for you, my brothers and sisters. The time of darkness is both nearing its end and drawing nearer. The difference in the darkness of past times is that in the past you experienced the darkness of sin. The future darkness will be the darkness of purification. Of the two, I would anticipate the latter with greater joy. This is obvious because whatever comes from God's hand is for our benefit, whereas anything that comes from the hand of the enemy will work against us and pull us away from truth. When you consider the future and you feel the very human impulse to be afraid, remember that God is directing the changes. You should not fear what comes from God because he will use it for your sanctification. Let us consider sanctification. Sanctification is a process, rather than an event or a state of being. We move through this process obtaining greater and greater spiritual ability and awareness. We are destined to reach a certain level on Earth. We do this through cooperation with Christ's sanctifying grace, which we are granted through prayer, the sacraments, and generally living life as a Christian. Now, my friends on Earth will not be offended if I say that from my vantage point, the high ground that is Heaven, I see*

*a world in which many, including many who were destined to be great spiritual leaders, have failed to cooperate with the process of sanctification in their lives. This is bad. The world suffers. People directly around this person who were destined to flourish, wither instead, and the individual themselves does not reach the high level which is available to them. This widespread phenomenon of 'non serviam' is a result of the darkness, of course, but has also fueled the darkness. I speak now of the darkness of sin and not the darkness of purification. After the darkness of purification, which is allowed by God, people will serve again. They will cooperate joyfully with the process of sanctification in their lives. Brothers and sisters, there will be peace on Earth. That will be the end result. Of course, like sanctification, there is a process necessary to get from here to there. The upheavals in your world are that process. It will look like an extended and inflated time of the enemy's darkness, but I am telling you today that our Lord, in his wisdom and mercy, is allowing the enemy to run, knowing full well that the enemy, evil in your world, cannot survive. You are familiar with the idea of giving a bad person enough space with which he eventually does damage to himself? That is a general description of what is to occur. For those of you who object to this, tempted toward anger at God*

*for allowing the enemy to operate, let me say that you are shouting a little too late and a little too softly. Please remember that if humanity had been obedient, the world would not have gotten to this point. Now do not be angry at me for speaking the truth. Surely you can see that even in your own life there were times when you did not cooperate with Christ. Few in this time have truly cooperated. Am I trying to insult you and make enemies? No. I was also a great sinner. If you keep company with me you will be in the company of a reformed sinner. I do not hide my flaws because it is through the conquering of them that I was sanctified. I am your friend. Call on me to help you. When you are tempted to sin, cry out, 'Daniel, I need graces.' I will get them for you and you will be triumphant. Do not fear the future. It is God's time.*



**July 24, 2004**  
**St. Daniel Comboni**

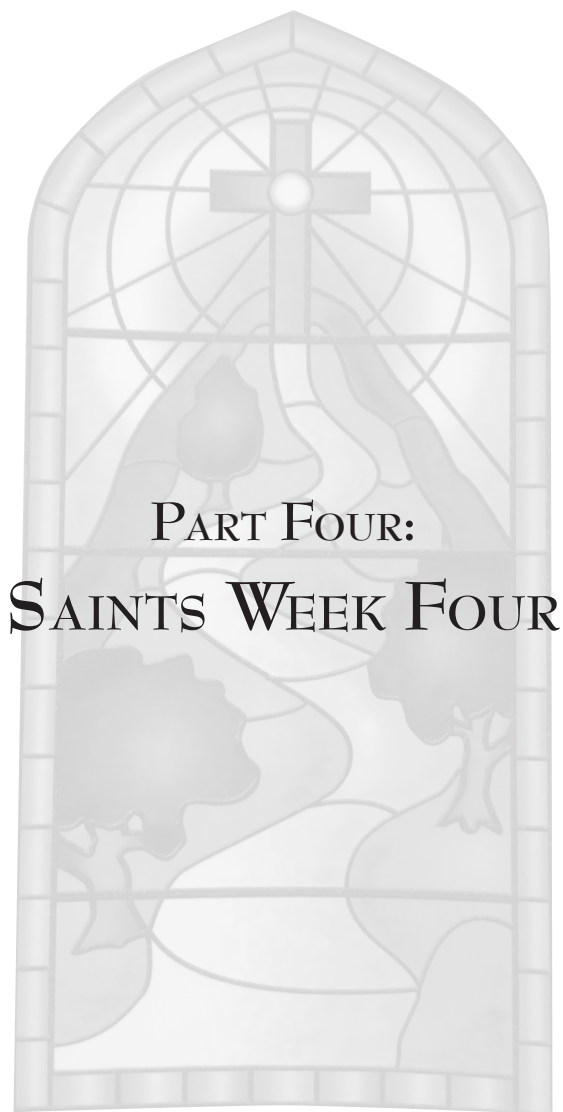
*My brothers and sisters have difficulty separating from their earthly lives. You must begin to see your soul as a separate entity from this world. Your body, your life here, these are the vehicles with which your soul is sanctified. Your earthly life is really a means to an end. You are here to gain eternity. You are here to serve God during your exile from Heaven. You have been told you are to earn Heaven here and that is true. But dear friends, let me assure you, having been in both places, we, none of us, merit Heaven. When you live for Christ, Earth is a joyful place to be. When you serve Christ on Earth and come to Heaven? There are no words. I cannot convey it to you except to say that every one of your greatest, most beyond belief hopes for Heaven will be satisfied, and your experience here will so far exceed your expectation that you will not believe you ever harbored hopes so low. Imagine being able to fly with no assistance except your will. You could fly as high, as low, as fast, as slowly, and as often as you liked. You could go anywhere. The wind on your face will fill you with rejoicing. You will laugh aloud for the joy of it. You will delight in the joy of others who also experience this perfect ability. Imagine never feeling*

*too cold or too hot. Always, you will feel perfectly balanced with the elements, unless you suddenly crave warmth or cold. Then it is there for your enjoyment. I am probably making a mistake by trying to convey to you this smallest portion of Heaven because it is impossible. Yet I feel I must give you some idea of why you are to be selfless for a small time. Imagine being with the people you love, but always with the most perfect understanding of each other. What adventures you will share. Dear brothers and sisters, never worry about death. Please. Death is the greatest liberation you can imagine. God has the day of your death already established. It will come. And you will be ready if you serve Christ. You will have no regrets. You would not want to surrender your body to Jesus feeling as though you had missed the whole point of your life. Serve, my beloved friends. Serve. Serve Jesus. Serve each other. Serve strangers. Serve. The last shall be first. Do not seek to be bigger than your earthly companions. Do not seek earthly respect and homage. Seek only to serve and through your service you will advance your precious soul, which will join me here. We will greet you, you can be assured. We will rejoice in your coming and you will thank us for these words, particularly if you take them to your heart and let them change you. In these words you will find the greatest of wisdom. You will see that.*



*You will not see the graces flow from these words into your soul and through your actions to others. But you will discern the graces by a new reflective quiet. You will consider your eternity and what you would like to do to prepare for it. You have been given this day, or rather this moment. Do you know for certain that you will see the end of this day? You do not. Perhaps this moment, these next few moments, will be your last opportunity to claim something for Jesus Christ. This is how you are to live each day. In this way you will serve. You will not change immediately. Do not expect this. Remember that sanctification is a process. But you can immediately make the decision to change and begin the process. I am giving you good advice. A wise person accepts good counsel. Be wise. Serve.*





PART FOUR:

SAINTS WEEK FOUR



**July 26, 2004**  
**St. Catherine of Siena**

*I send greetings to my brothers and sisters who struggle so valiantly for Jesus. I am with you. We, your brothers and sisters in Heaven, know your struggles well. You will not encounter anything for the first time in this heavenly family. There is always someone who faced a similar struggle. Call out for help, my brothers and sisters. Use Heaven. Use your friends in Heaven. Ask for new friends in Heaven if you encounter something and you do not know of anyone here who has faced that struggle. You will get immediate intervention and assistance. You may not see us standing next to you, but we are there. There are different states of awareness and generally speaking those on Earth, in their bodies, do not see heavenly beings. You just do not have the eyes for that vision. On occasion, when it suits Heaven's purposes, earthly souls are given heavenly eyes temporarily so they can convey messages, or be strengthened, or simply draw attention to Heaven and God. Those people have a difficult time because they are not brought immediately to Heaven, but must finish their work on Earth. They can become lonesome. Do not wish for this type of experience because it is actually a cross in many ways and there*

*are great obligations that accompany it. You will have crosses enough without seeking new ones or additional ones. Embrace the crosses Jesus has placed with you. Sometimes people think they would do better with a different cross. Usually this is a form of rejecting the job Jesus has given them. Remember that Jesus has given you exactly the cross or crosses that will perfect your precious little soul. There is work to be done in your soul, of course. You know this. If there were no work to be done, Jesus would have brought you home. So while you are on Earth, with work to be done in your soul, work. We always tell you to serve. You might tire of us repeating ourselves and you might think we have nothing new to say or that we are very dreary in our outlook. But my dearest, most beloved friends, we tell you this because we want you to do well and we want to enjoy this wonderful Heaven with as many of you as possible. We know that through service to others and through service to Jesus, you will grow stronger and stronger. The enemy will not be able to divert you from your path to Jesus, and by walking that path you will pull many in behind you. You might not believe this, thinking you are not that important, but I assure you that through even the quietest, most humble service, Jesus can save many souls. Look at St. Therese, God's Little Flower. She was not famous. She was not wealthy*

*or powerful. She was obscure. She served God in the smallest, most humble things. Yet she has helped to save many souls and she has only begun her work. I am Catherine of Siena. I have also been allowed to assist with the salvation of many. We are Jesus' helpers. We are here to help you also. Join us because we are very strong. You must live in the world, understanding that you have many friends who are also in the world assisting you. You have an invisible army to help you. This should make you feel very strong and courageous indeed. One word of caution for you, dear brothers and sisters. Our goals are not the goals of the world. Our ways are not the ways of the world. We serve Christ. Our wills always reflect the Divine Will. Come now. Work for Heaven as though you have only the smallest time left. You will not regret any sacrifices you make for him. Please serve.*





**July 27, 2004**  
**St. Catherine of Siena**

*My dear brothers and sisters in the world must put all their hope and trust in Jesus. People in the world will fail you, my friends. This is the sad truth. How could they not when they are human and dealing with human weaknesses? Do not be alarmed when this happens to you. I will tell you a secret. You may have heard that saints welcomed situations such as this. Do you know why? Because we considered it practice. That was our secret. We knew very well that all trust and hope had to lie with Jesus. Our goal was to belong totally to him. When dear friends betrayed us or loved ones failed us, we used the situations as priceless opportunities to grow deeper in unity with Jesus by detaching further from the world, and also to practice his beautiful example of forgiveness. We knew our time on Earth was limited, therefore the opportunities finite. It is important, in that respect, not to let them slip by you without boosting your spiritual growth. From now on, when you are having difficulties with others, thank Jesus. Continually work on your own soul and ask yourself how this opportunity could help you spiritually. Should you practice humility? Are you too fond of the esteem of others? Should you practice*

*detachment? Is the world an alluring pull for you? Should you practice trust? Are you having difficulty trusting Jesus? Are you seeking to fill your needs through other avenues? My brothers and sisters, that is only the surface, as you know, of spiritual exercise. There is great concern in your world with physical fitness. Well, you are followers of Jesus, so let us now spread a great obsession with spiritual fitness. You are being insulted? Consider your prayers exercises to strengthen your detachment from the opinions of others. You are not as successful as you think you should be? This is an opportunity to practice holy indifference, which helps you to work for Jesus and not for the results you, in your flawed humanity, desire. Only Jesus knows what result he is trying to achieve. It is not your worry, dear friend. Let it rest with Heaven and continue to serve. Oh, we understand your struggles. We failed many times when we were on Earth, but there were those little triumphs as well, and great growth came from those moments when we overcame ourselves and served Heaven. You will be fine, my friends. We love you and applaud your efforts. I know there are a great many things to distract you and I know you have a great many concerns, but please, do not let the enemy distract you from growing in your relationship to Jesus and your service to Jesus. This is a time for grace. This is a time for spiritual growth.*

*There are great spiritual opportunities available now. Use every one. We will be with you. We will show you how to proceed. It is good to read about us, the saints who have burned trails in holiness. We always looked to other holy ones for example because we wanted to do well for Jesus. Examples are so valuable, are they not? Now, be brave in your day and do not overlook any opportunities for holiness.*



**July 28, 2004**  
**St. Thomas Aquinas**

*I send my most respectful greetings to you, the people serving in the world during this time. I have great respect for you because the battle being waged is without boundaries. The enemy has infiltrated every level of human existence on Earth. There is little sacred anymore and you may look for renewed efforts against God himself, in the Sacrament of the Eucharist. Truly, the tabernacle houses the Savior, our Redeemer and Creator. This is a sublime mercy that cannot be fully understood while you walk the earth. Those who adore the Eucharist have an inkling of its power. Jesus transmits many choice graces during Adoration. Adoration of the Blessed Sacrament is our secret weapon. Brothers and sisters, we must spread Adoration throughout the world. I will help you to do this. Look into your life and begin by making a decision to adore Jesus in the Eucharist. Then I ask that you consider how he is asking you to spread this practice. There is something for you to do in this regard and you must ask him what he requires of you. Graces flow down into the world through these heavenly ports and we must have as many as possible. Those who come to spend time with Jesus are receptacles of this heavenly*

*grace, which they bring into the world for him. Dearest brothers and sisters, never underestimate what Jesus can do with a person who decides for him. To underestimate what he can do is to limit him. A person deciding for Jesus can change the world and that is our goal. We must help him to change this world. You have been given some ideas of the weapons you have at your disposal. You have Jesus, of course. You have Mary. Many also underestimate the power of our heavenly mother, Mary. Be assured that the enemy knows her power. Do not let your heavenly mother be attacked without response. If you witness this, you must speak out for her. This pleases everyone in Heaven, but this pleases Jesus in a special way. She is a loyal friend to you and a powerful intercessor. There are many mercies and graces given to your world today which would be absent but for Mary. We love her immeasurably. You will not err if you follow her. She leads to Jesus. Now, you have been given sound advice and you have been given many warnings. It can be difficult to take all of this in, my friends. It requires time and contemplation. You cannot simply take these words, read them, and expect to be the saint you are intended to be. You have to take these words, follow their advice, and allow Jesus to change you. I am going to ask that each one of you spend time in Eucharistic Adoration. It is there,*

*in silence, where you will understand the gravity of the call which is coming to you. Make this a priority in your life.*

*If you cannot do this, find a quiet time each day to be with Jesus. Ask him to clarify your role in his Kingdom. Be grateful if your role is small. Be grateful if your role is big. Remember that the heavenly perspective is far different than the earthly perspective. Most of all, you must give Jesus your day. We are with you. We love you. And we will help you.*





**July 29, 2004**  
**St. Thomas Aquinas**

*I am grateful to God for his unfailing and limitless mercy in allowing me to speak with you. Can you imagine how grateful I am, dear brothers and sisters? I have watched events in the world, at times shaking my head, so to speak. The opportunity to communicate with you is indeed very precious to me and to each saint who communicates in this way during this time. Friends, you must keep your eyes open and remain alert. Your faith, your God, is being attacked. There is nothing more precious than your faith. Nothing. Through your faith you will inherit your eternity. Man can take everything from you in this world and it will mean nothing, because quickly you will leave this world and truly begin to live forever in Heaven. You will not mourn the loss of your earthly possessions. You will count them as nothings. What you will be most interested in is your response to the loss of your earthly possessions. If you respond in bitterness to God, you will be disappointed. What will give you joy is your faithfulness to God. Stay alert. In situations where God is being attacked, you must respond. We will help you. You should not respond in anger, although you may be angered. If you are prayerful, you will know exactly what our Lord wishes you to do. We are involved in a spiritual war, dear brothers and sisters, and you are*

*the soldiers. There is no choice involved, in the sense that the situation will deteriorate even further. If you are a follower of Jesus Christ, you will be engaged in the war. Jesus requires your help now and you do not want to disappoint him. If you believe anything at all, believe that statement. You will not want to disappoint Jesus.*

*My brothers and sisters, you understand that we come to advise you, but also to prepare you, and indeed to advise you on how to prepare. There will come a time when you may be deprived of the Sacrament of the Eucharist altogether. This will occur in some areas of the world. It will be a grave and heavy cross, but I assure you that Heaven will compensate. You will make spiritual communions and remain united to Christ. You will have angels and saints all around you, willing to console and direct you. You will be very brave and very fixated on Jesus and on your mission to serve him. So even in removing the Eucharist, the enemy can do you no real harm. Do you understand? The enemy cannot remove God from you. He cannot do this. He cannot touch your soul. He cannot deprive you of union with Jesus. He is powerless in this regard and you have all the powers of Heaven at your call. Truly, who is the more powerful? You must understand if this happens to you, in your area, that this was foretold, and that this moves you closer to the glorious return of the King of Kings.*

**July 30, 2004**  
**St. Ignatius of Loyola**

*We have many things to talk about, dear brothers and sisters, but only some of them will be communicated in this way. The other things we want to tell you about will be communicated to you in more conventional ways. Many of us have written works of spiritual significance. Those works sometimes chronicle our struggles, which will interest you, I know, but you can also look for the revelations given to us by God. There is a great body of heavenly wisdom on the Earth right now. Look to this body of work for deeper knowledge of Jesus and everything to do with God. If you are following these words, you will be interested to read about us and our difficulties. You will then understand that you are not the first person who has had to suffer for the faith. You will also understand that when we tell you to trust, we understand that it can require a heroic act of your will. We do not speak lightly to you, my friends. We speak with all gravity, all consideration, and in complete cooperation with God's goals for this mission. You cannot err if you follow our words. Our words are one with God, because they come from him and from unity to him. We are a heavenly family, all together, all joined. You are part of that family, only you are still*

*earning your salvation. Would we return to work for Jesus again, leaving Heaven, with all of its wonders and comforts? Of course we would. It might be difficult to leave Heaven, particularly after knowing him in this complete sense, but it is for that reason especially that we would sacrifice again. We would do anything for him and I say that with no reluctance, no hesitation. Truly, when you are with Jesus, you will feel the same. The achievement we are trying to inspire you to work for is to serve him completely before you know him completely. This, your challenge, is done through your faith, your love, your knowledge of him obtained in contemplation. This knowledge of him is his gift to you, but he cannot give you these graces if you do not want them or if you choose not to accept him. You must be available to him in order for him to work in your soul. Many reject him now. That is simply the unpleasant truth. We would not hide the truth from you because it is for the truth we have come to you. You will need to use the truth as a weapon. When someone speaks the truth, people listen. They may become angry, they may deny the truth, and they may then try to hide the truth, but they will hear you. And then they must make a choice. You see, my brothers and sisters, there are souls to whom the truth has not been adequately represented. You will change that. We will show you how. One way*

*is to spread these words and to assist those who have accepted the mission of spreading these words. These words are truth. They will spread. But if you can help, you should help. Your reward will be great and you will be part of our team. I am Ignatius. I wish to help you all. Do not be afraid. If you have a heavenly concept that confuses you, ask for my help. I will bring you the information you require. Do not think that heavenly learning is only for great scholars. Most saints were not great scholars. Most were simple people who loved God. Try for that. Try to be simple. Try to love God. I love you most tenderly, my friend.*



**July 30, 2004**  
**St. Ignatius of Loyola**

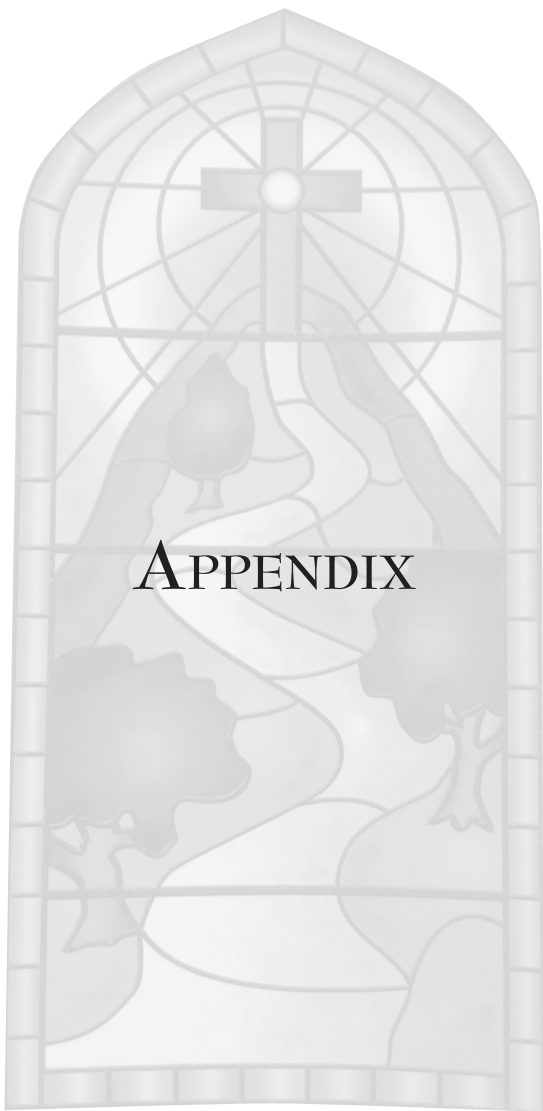
*My dear brothers and sisters, I feel such joy in this work. I hope I can transmit some of my joy to you. I am joyful for many reasons. First, I am joyful to be with God and to know that I have completed my time on Earth in love for him. This brings me joy. I am also joyful because God is allowing me to work with you in this mission of mercy to the world. God intends to allow many graces to fall from Heaven. We, his chosen saints, will be responsible for delivering many of these graces. It is for this reason we continually tell you to ask us for help. We have many graces at our disposal and if they run out, he will replenish them. They are a bottomless sack, so to speak, so the more we use, the more we can obtain. Ask, ask, ask. I am joyful because the time of darkness on Earth nears its end. We love you very much. Think of your most beloved friend on Earth. This could be a family member, a parent, a child, a spouse, or a fellow worker. You want the best for this person. When you see them make a mistake you are saddened and grieved. But you do not stop loving them. Indeed, you wish them well and try to find a way to explain to them that they have made a mistake, and that while they may be in a fog, you can see clearly how they could avoid that*

*mistake in the future. We are that way with you. We have made your mistakes, we have accomplished your goals, and we have achieved Heaven. Now we want to help you. The fact that Jesus has allowed us such latitude is exciting to us because we can help you in ways we normally could not. Imagine how we are yearning to begin. But you must ask. Some prayers must originate on Earth and the graces we have at our disposal, for the most part, must be granted in response to your prayers and requests. Please. Begin to request our help. Do not be like children asking for new bicycles when you do not need new bicycles. I tease you here, my friends, but you understand. Do not ask for worldly things that Jesus may consider bad for you. But, because we are your friends, we do not judge you. So do ask and if you are asking for something inappropriate, you will know because we will gently convey disapproval at your request. You will not, though. You will ask for help in matters that are important to you. You will ask for help in your work, your finances, and your families. And we will help. Brothers and sisters, ask us please to help you obtain spiritual gains. This pleases all of Heaven. So you might say, 'Ignatius, I do not understand how I can work so hard and not care about the outcome of my labors.' I will assist you. I will help you to understand why God often allows you to work with little reward.*



*It is the work that is molding your soul, my friend, not the reward. You are working to become better, or stronger, or simply to be God's worker. God's workers are needed everywhere. Many of God's holiest workers spent their lives doing things like sweeping floors and cleaning up after others. They were servants on Earth. You must believe that they are princes and princesses in the heavenly Kingdom. Work in joy. Have joy in your work. I love you. Your heavenly mother, Mary loves you. All of your brothers and sisters here in Heaven love you. God loves you. And we all want to help you.*





# APPENDIX



## The Five Spiritual Practices

As Apostles of the Returning King, we will begin one or all of the spiritual practices:

1. Daily ***Allegiance Prayer*** and ***Vocation Prayer***, plus a brief prayer for the Holy Father
2. ***Eucharistic Adoration***, one hour per week
3. ***Prayer Group Participation***, monthly, at which we pray the Luminous Mysteries of the Holy Rosary and read the Monthly Message
4. ***Monthly Confession***
5. Further, we will **follow the example of Jesus Christ** as set out in the Holy Scripture, treating all others with His patience and kindness

## Three Charisms of the Apostolate of the Returning King

- ✘ Compassionate Listening
- ✘ Learning and Teaching the Catechism
- ✘ Promoting Unity in the Church

### The Allegiance Prayer

Dear God in Heaven, I pledge my allegiance to you. I give you my life, my work and my heart. In turn, give me the grace of obeying your every direction to the fullest possible extent. Amen.

### The Vocation Prayer

Oh Mary, mother of Jesus and Queen of the Church, I ask you to bless me with fidelity to my vocation. Assist me in seeing that my service, however humble and hidden, is important to the universal Church. Strengthen me in times of trial and watch over my family and loved ones. Help me, beloved Mother, to remain faithful to Jesus Christ, your Son, the Returning King. Amen.



## **Promise to Lay Apostles**

**May 12, 2005**

Jesus

**Your message to souls remains constant. Welcome each soul to the rescue mission. You may assure each lay apostle that just as they concern themselves with my interests, I will concern myself with theirs. They will be placed in my Sacred Heart and I will defend and protect them. I will also pursue complete conversion of each of their loved ones. You see, the people who serve in this rescue mission as my beloved lay apostles will know peace. The world cannot make this promise as only heaven can bestow peace on a soul. This is truly Heaven's mission and I call every one of Heaven's children to assist me. You will be well rewarded, my dear ones.**

## The Volumes

Anne, apostle of the Returning King

- Volume One:** *Thoughts on Spirituality*  
**Volume Two:** *Conversations with the Eucharistic Heart of Jesus*  
**Volume Three:** *God the Father Speaks to Children*  
*The Blessed Mother Speaks to Bishops and Priests*  
**Volume Four:** *Jesus the King*  
*Heaven Speaks to Priests*  
*Jesus Speaks to Sinners*  
**Volume Five:** *Jesus the Redeemer*  
**Volume Six:** *Heaven Speaks to Families*  
**Volume Seven:** *Greetings from Heaven*  
**Volume Eight:** *Resting in the Heart of the Savior*  
**Volume Nine:** *Angels*  
**Volume Ten:** *Jesus Speaks to his Apostles*

## Excerpts from The Volumes

### Jesus Speaks to You

Booklet containing the messages taken from  
*Volume Four, Part Three: Jesus Speaks to Sinners.*

### Jesus Speaks to Children

and

### Mary Our Blessed Mother, Speaks to Children

These two illustrated childrens books contain messages  
taken from *Volume Six.*



## **The “Heaven Speaks” Booklets**

Anne, apostle of the Returning King

*Heaven Speaks About Abortion*

*Heaven Speaks About Addictions*

*Heaven Speaks to Victims of Clerical Abuse*

*Heaven Speaks to Consecrated Souls*

*Heaven Speaks About Depression*

*Heaven Speaks About Divorce*

*Heaven Speaks to Prisoners*

*Heaven Speaks to Soldiers*

*Heaven Speaks About Stress*

*Heaven Speaks to Young Adults*

*Heaven Speaks to Those Away from the Church*

*Heaven Speaks to Those Considering Suicide*

*Heaven Speaks to Those Who Do Not Know Jesus*

*Heaven Speaks to Those Who Are Dying*

*Heaven Speaks to Those Who Experience Tragedy*

*Heaven Speaks to Those Who Fear Purgatory*

*Heaven Speaks to Parents Who Worry*

*About Their Children’s Salvation*

*Heaven Speaks to Those Who Have Rejected God*

*Heaven Speaks to Those Who Struggle to Forgive*

*Heaven Speaks to Those Who Suffer  
from Financial Need*

## **Heaven Speaks Collection**

Contains all 20 Heaven Speaks booklets

## **The Big Books**

Other Written Works by Anne, apostle of the Returning King

### **Climbing the Mountain**

Discovering Your Path to Holiness  
Anne's experiences of Heaven

### **The Mist of Mercy**

Spiritual Warfare and Purgatory  
Anne's experiences of Purgatory

### **Serving in Clarity**

A Guide for Apostles of the Returning King

### **Lessons in Love**

Moving Toward Divine Intimacy

### **Whispers from the Cross**

Reclaiming the Church through Personal Holiness

### **Transforming Grace**

Becoming Thoughtful Men and Women of God

### **Staying in Place**

Recovery in the Church

### **Suspended in Mystery**

The Eucharist, Mary, and Mothers of the Church

### **In Defense of Obedience & Reflections on the Priesthood**

#### **Excerpts from The Big Books**

#### **Purgatory, Prayer and Forgiveness**

Excerpted from *The Mist of Mercy*.

#### **Heaven**

Excerpted from *Climbing the Mountain*.

#### **Thoughtful Men and Women of God.**

#### **A Guide to Contemplative Prayer.**

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## Notes

A series of horizontal dotted lines for taking notes.