



Apostolate of the Returning King

INCLUDED IN THIS EDITION:

- ✘ HISTORY OF THE MISSION
- ✘ THE SOUL SANCTUARY
- ✘ BACKPACK PRODUCTIONS
- ✘ PRISON MINISTRY
- ✘ EUCHARIST: A FELLOWSHIP OF RECOGNITION

NEWSLETTER 59: SPECIAL EDITION

A great Renewal has begun

The Apostolate of the Returning King (ARK) is a movement in the Catholic Church which encourages renewal of the Church through personal holiness.

The Rescue Mission

Jesus identifies himself as the Returning King because he wants to return now, in this time, through each one of us. Jesus calls this a rescue mission for souls and invites people to accept their call to both personal holiness and service to the Gospel message as co-responsible lay people.

As Apostles of the Returning King, we seek God's hopes in each day. We find fresh grace and direction in the words and writings of the Apostolate. We are intended to bring the love of Jesus Christ directly to those around us, representing Christ with spiritual accuracy. We hope to draw people toward the safety of a direct relationship with Jesus Christ truly present in the Eucharist.

Our commitment to the Apostolate of the Returning King offers Jesus the opportunity to use us to spread his love and it brings our Christianity to the forefront of our minds and hearts. We share our joy through the unique vocations given to us, understanding that healthy formation is essential and that every spiritual journey is unique.

We, Apostles of the Returning King, are committed to treating others with the Lord's patience and kindness. We aim, like Christ, to serve those who feel broken, as we have been broken, those who need hope, as we need hope, and those who crave love, as we also crave love.

This Association brings us back to the essence of what it means to follow Jesus Christ and represent him as Christians.

Promise to Apostles of the Returning King

On May 12, 2005 Anne recorded the following promise from Jesus to Apostles of the Returning King:

"Your message to people remains constant. Welcome each person to the rescue mission. You may assure each apostle that just as they concern themselves with my interests, I will concern myself with theirs. They will be placed in my Sacred Heart and I will defend and protect them. I will also pursue complete conversion of each of their loved ones. You see, the people who serve in this rescue mission as my beloved apostles will know peace. The world cannot make this promise as only Heaven can bestow peace on a soul. This is truly Heaven's mission and I call every one of Heaven's children to assist me. You will be well rewarded, my dear ones."



Let Us Begin!

Our Beginning

The Apostolate of the Returning King began in 2003 when Kathryn Anne Clarke began receiving messages from God by means of interior locutions. To remain anonymous, she wrote under the pen name of Anne, Apostle of the Returning King. Under instruction from Jesus, Anne submitted the messages to her local bishop, Bishop Leo O'Reilly of the diocese of Kilmore, Ireland, who gave permission for these writings to be printed and disseminated.

Bishop O'Reilly deemed the communications to be of such significance that he subsequently convened two formal Diocesan Commissions to evaluate both the writings and Kathryn's extraordinary experiences. In 2013, at the conclusion of the Commissions' extensive work, a formal Imprimatur was granted. The writings of the Apostolate carry the Nihil Obstat and the Imprimatur, which are official declarations that a publication is free of doctrinal or moral error and that ecclesiastical permission for its publication has been granted.

In 2018 the Apostolate received canonical recognition as an Association of the Faithful with Juridical Personality. This Sacred Decree issued by Bishop O'Reilly, formalized the movement, and recognized and commended its contribution to the Catholic Church.



Our Charisms

The three charisms of the Apostolate are *Compassionate Listening, Learning and Teaching the Catechism*, and *Promoting Unity in the Church*. We strive to develop a better ability to offer God's infinite love to others, hence our commitment to compassionate listening. We hope to develop knowledge of our religion, hence our commitment to learning and teaching the Catechism of the Catholic Church. We desire to be a voice against division in our Catholic Church, thus our commitment to promoting unity.

Enrollment

The Apostolate welcomes anyone, in any circumstances, to join our movement if they desire to bring God's love to others. All over the world, Christ is igniting our small efforts with great, powerful graces. More than 15,000 people are currently involved in the Apostolate spanning nearly 50 countries. There are over 2800 officially pledged Apostles of the Returning King and over 240 ARK Prayer Groups are registered.

For practicing Catholics, the Apostolate's teachings and spirituality provide a bridge for renewed commitment to the sacramental life of the Church. For non-practicing Catholics, the Apostolate provides a way to stay connected to their faith. For non-Catholics, the Apostolate sometimes provides a possible bridge into Catholicism itself. Whatever one's circumstances, they are welcome to follow this way with us.

As Apostles of the Returning King, we adopt the following practices, as best we can:

The Five Spiritual Practices

1. Allegiance Prayer and Vocation Prayer, plus a brief prayer for the Holy Father daily
2. Eucharistic Adoration, one hour per week, if possible
3. Prayer Group participation, monthly, at which we pray the Luminous Mysteries of the Holy Rosary and read the monthly reading
4. Monthly Confession, if possible
5. Further, we will follow the example of Jesus Christ as set out in Holy Scripture, treating all others with his patience and kindness



Anne's Introduction

Dear Reader,

In my twenties, I had many experiences that included what I now know to be interior locutions. These moments were beautiful and the words still stand out firmly in my heart. I took it as a matter of course that Jesus had to work hard to sustain me. In looking back, I see that he was preparing me to do his work.

During this time and after, I also began to experience locutions from the Blessed Mother, in addition to Jesus. Their voices are not hard to distinguish. I do not hear them in an auditory way, but in my soul. By this time I knew that something remarkable was occurring and Jesus told me that he had special work for me, over and above my primary vocation as wife and mother. He asked me to write the messages down and that he would arrange to have them published and disseminated.

All has happened as he said and I pray that we can all serve him according to his loving directions.

*Yours sincerely,
Anne, apostle of the Returning King*

Locutions

"I experience a locution as a conversation or communication in my soul. I do not hear the words with my ears. The experience of a locution is as distinct from an inspiration as talking is distinct from listening. If God is talking, I am listening. If Our Lady is talking, I am listening. If I am responding, God is listening, or Our Lady is listening. There is no confusion. I know who is speaking."

Visions

"I experience these visions at the Lord's call. I cannot will these experiences and I do not ask for them. The Lord tells me that he wishes to bring me somewhere or show me something. I see the vision in my soul, in other words, not with my eyes. The Lord remains with me throughout, explaining what I am seeing or answering my questions. The Lord will often direct me to note particular details. I have recorded them to the best of my ability and with consideration as to what I feel is the Lord's point in showing me the

vision. I know that the Lord wills these experiences not simply for my benefit, but for the benefit of us all."

Infusions

"In addition to the times when Heaven communicates through locutions, there are times when Heaven communicates by placing concepts or knowledge in my soul in order to give me an immediate understanding or enlightenment. The experience of any heavenly communication is accompanied by, and is in itself, a vast grace that imprints itself upon the soul and creates a peace, along with a willingness to serve. After a heavenly communication or locution, I feel calm and trusting, with a sense of purpose about what the Lord has communicated."

Message from Jesus

April 5, 2004

I would ask my servants to present these words as words from Heaven. I have a great mission that I wish to accomplish through these messages and I have attached graces that are unimaginable to human minds. Those who read them will understand if they have been called to participate in this heavenly project. Ask me for guidance in this matter and guidance will be available to every person who pays attention to my will. Good and holy children of God, understand that these times are not like other times. These messages are not like other messages. I am trying to save many souls at this time. Do not think this can be done in the future. It must be done now. I ask that you treat this work according to my heavenly request for urgency. Your reward will be no small thing, even though I know you serve from love, not personal interest. Feel my graces flow through these words to your soul. Feel my truth as I convey it to you. All is well, as I am directing all, but I need many "yes" answers at this time.

TIMELINE

A History of the Mission

SPRING
2003

In the Spring of 2003, Anne began to record a spiritual journal at what she identified as the prompting of our Lord. This was the beginning of her role as Anne for the Apostolate of the Returning King. In July 2003, Jesus indicated to Anne that her journal was to be published and disseminated. *Volume One* was completed.

In the beginning Anne thought there would be just one book, and recalls how delighted she was when that book was done. *"I felt such a tremendous relief to have it finished,"* Anne says. But Heaven had a larger plan than one book. *"Well done,"* Jesus told her. *"On Monday, we will begin a new Volume."*

Months later with Volumes One, Two, and Three completed, Jesus instructed Anne to bring them to her Bishop. Shortly after Bishop Leo O'Reilly granted permission for the first copies of *The Volumes* to be published.

MAY
2004

By the end of May 2004, publication of Volumes One through Four had been completed and the process of disseminating them to religious bookstores and the general public began.



Also about this time, Fr. Darragh Connolly, Chaplain to the Apostolate, began working with Anne and Fr. John Murphy, Anne's parish priest.

OCTOBER
2004

On October 15, 2004, Anne recorded the last message for Volume Ten. Jesus indicated that this body of work, *The Volumes*, was now complete.

Volumes Six, Seven, Nine, and Ten were published before year end 2004. At that time Bishop Leo O'Reilly delayed permission to print Volumes Five and Eight, indicating they would be published later. (Permission was later given for Volumes Five and Eight to be printed in January 2013).

DECEMBER
2004

On December 1, 2004, Anne began to record a new series of messages from Jesus. On the first of every month Anne recorded a message for the world. These messages were given for over seven years. The last Monthly Message was recorded on August 1, 2012. We refer to this group of messages as the *Monthly Messages*.

MAY
2005

ARK Guidelines

In May 2005, Jesus gave Anne a set of guidelines for Apostles of the Returning King, those called to serve him in this mission of mercy. After reviewing the guidelines, Bishop Leo O'Reilly gave permission for the formation of the Apostolate of the Returning King, whose members would follow these guidelines to the best of their ability.

JUNE
2005

ARK Prayer Groups

In June of 2005 the Apostolate hosted its first monthly ARK Prayer Group in Ireland. Apostles around the world have since formed hundreds of ARK Prayer Groups that meet monthly. During these ARK Prayer Groups, the Monthly Message is read aloud, and the Luminous Mysteries of the Rosary are recited.

Anne also began recording the twenty *Heaven Speaks* Booklets in 2005, and later that same year received the Returning King image for the Apostolate. In December 2005, *Climbing the Mountain*, containing Anne's experiences of Heaven was published. This was to be the first of eight Big Books written by Anne. Over the next several years, the writings of the Apostolate continued to spread around the world, and were subsequently translated into 18 languages.

NOVEMBER
2013

In 2013, at the conclusion of the Commissions' extensive work, a formal Imprimatur was granted for all of the written works.



Left to right: Fr. Darragh Connolly, Bishop Leo O'Reilly, Anne, ARK and Fr. John Murphy, twenty years into the work.

NOVEMBER
2018



In 2018, by ecclesial decree, the Apostolate received canonical recognition as an Association of the Faithful with Juridical Personality. This Sacred Decree formalized the movement, and recognized and commended its contribution to the Catholic Church.

PRESENT
DAY

The Apostolate continues to push out into the world through the writings, Anne's bi-weekly online talks, events held around the world, each ARK prayer group and its members, and the small action of handing a Volume or booklet to another.

Please join us in celebrating all we have done together in these 20 years. Our team often remarks that the work has just begun! The ongoing formation and writings of the Apostolate keep us inspired and help us to remember the much larger team we work alongside... you!



The ARK Way

The Apostolate, through the spiritual writings, offers a way in which contemporary Catholics can understand their relationship to Jesus, yes, but also to the Church and to the secular world and its activities, too.

We, apostles of the Returning King, advance into the being and action of the Church through our commitment to the Sacramental life. When we reference Sacramental life in this context, we reference our determination to allow the Sacramental life to transform us. We engage in a radical acceptance of our own shadow, which we acknowledge, even as we push off from it into greater and greater acquisition of the virtues.

Our presentation of our faith is virtue-based, rather than sin-based. We submit to learning about the goodness and love of Christ in Scripture and seek to recognize that same goodness in ourselves and others and strive to make that goodness grow and develop out into the family, parish, and diocese.

We acknowledge our Father as Creator of our home, the earth, and we take responsibility for our impact on the earth, which is for all of God's children. We, as a Catholic movement, will seek to impact and support efforts which protect water, soil and air, the support for God's people and creatures. We will not knowingly destroy what God has created and we will begin to examine our relationship with the resources without which man's life will not be sustainable in certain areas of this planet.

We strive for balance in our own lives, recognizing it as a human and spiritual need. Our learning is curious and happy, with an open attitude toward health and the sciences. Our methodology always includes the three-pronged strategy, combining human, spiritual, and catechetical programs which develop people most fully and completely.

Our recognition that we are one 'stream' in the Church helps us to respect and hold hope for other legitimate movements which hydrate the Church on Earth. We celebrate this diversity and encourage it, knowing that the Body needs all parts.

While we accept that perfect unity can only occur in Heaven, we aim for unity as a goal in our faith communities, large and small. When disunity threatens, we ask ourselves where we must move to meet another in a unified place. This type of self-examination is part of our way, an ongoing methodology with which to remain open in love toward all of God's children. We 'trial identify' with others, putting ourselves in their place as a contemplative exercise of understanding another's life experience, view and position. Even when unity becomes seemingly impossible, this practice assists us in maintaining our peace. We hope always for union and reunion in Heaven.

Formation of the young is understood as deeply important to Our Lady, Queen of the Church and also her son, the Returning King. As such we make it our priority. Our balanced methodology ensures that any young people receiving formation from us will be receiving that which is age-appropriate, kind, and includes elements from all three parts of our methodology.

Ongoing formation for adults, by which we mean increasing the development of personal holiness, is viewed as the primary preparation for equipping people to work with youth.

Finally, our efforts internationally always strive to be harnessed to the needs of the families from which we come, the parishes in which we take part, and the dioceses in which we live. This protects us from any notion that our duty can be abandoned. If one is not obliged locally, one is then free to serve in other arenas. The goal is not to limit or restrict, but to preserve and protect the need for contribution and focus on family, parish, and local diocese as a means for renewing the Church.



FAQ's

What is Direction for Our Times?

Direction for Our Times is the organization which was established in December 2004 to promote the writings of Anne, and membership of *The Apostolate of The Returning King*. *Direction for Our Times* is dedicated to facilitating and helping ARK to spread the writings and spirituality.

Direction for Our Times is incorporated as a company limited by guarantee (CLG) in Ireland and registered with the Irish Charity Regulator. In the United States, *Direction for Our Times* is both incorporated and registered as a not-for-profit 501(c)3 organization in the state of Illinois. Financial matters, as such, are transparent.

Why should I enroll as an Apostle of the Returning King?

As well as staying up to date with current teachings and messages coming from the Apostolate, enrolling allows us to see humanly the number of those we serve alongside. Groups of people assemble throughout history for a purpose. We do that now by enrolling as Apostles of the Returning King and allowing Heaven to unite us for their purposes. Jesus Christ appreciates us standing with him by decision. Also, we enroll because we then choose our identity as followers of a contemporary Way.

How do I enroll as an Apostle of the Returning King?

You can register as an Apostle of the Returning King (ARK) by going to our website and clicking "Enroll as ARK."

What are ARK Conference Calls?

ARK Conference Calls are online events held via Zoom where Anne connects with Apostles of the Returning King around the world. On these calls Anne provides leadership and formation. Every other Tuesday, we reflect on a piece of writing from the Apostolate, Anne gives a talk, and we end with a Q&A. If you would like to join these 30 minute virtual calls, please register as an Apostle of the Returning King on our website at directionforourtimes.org, and you will receive a link

via email before each call. ARK calls have been a great source of hope and inspiration for us all!

How can I stay connected with the latest news of the Apostolate?

1. Free online library: directionforourtimes.org
2. Email Subscription
3. Newsletter - Hard copy or digital
4. Online Conference Calls
5. YouTube
6. Social Media
7. Podcasts
8. In-person events



I haven't read any of the writings. Where should I start?

Here are some great starting points:

- Volume Two
- Volume Six
- Volume Nine
- Climbing the Mountain
- Monthly Messages Book
- Heaven Speaks About Stress

Where can I find an ARK Prayer Group?

Registered ARK Prayer Groups meet both in-person and virtually. You can find the information for all registered Prayer Groups on our website: www.directionforourtimes.org

How can I start an ARK Prayer Group?

Visit our website for a step by step guide on starting an ARK Prayer Group in your parish, home, or online.

Why should I join an ARK prayer group?

Prayer groups are a good way for people to come together to pray or share their faith (whether the same or different). They are also a starting point to remedy the astounding loneliness which has overtaken our modern world. A prayer group offers both physical and spiritual benefits. We are social creatures; we crave community, we yearn for belonging, and we deserve to have a solid support network around us. Together we are stronger. Most importantly, Jesus Christ asked us to start and join these ARK Prayer Groups.

OUR CATHOLIC CHURCH IN THE FUTURE

What began in 2003 was preparation for the times we find ourselves in now, particularly in a post-Covid Catholic Church and world. It is noteworthy that in 2004, as these messages from Heaven were being given to Anne, the world news was dominated by the clergy abuse crisis. As the many waves of child abuse reports washed over the United States and elsewhere, so too did these messages from Heaven, which included specific comfort for victims of clergy abuse. Ireland served as the beginning of ongoing exposures of previous misconduct that would rock the church internationally, virtually emptying the country's churches.

“He reveals the deep things of darkness and brings utter darkness into light” (Job 12:22).

Many recognize the heavenly logic of God choosing to begin this particular effort of authentic reform in Ireland, through Anne and this fresh, contemporary Apostolate.

In the mystical tradition of the Church, private revelation assists us in a given period of history to understand what God has already revealed to us in Christ. The Apostolate thirsts for renewal and reform in the Church, seeking to evangelize in new, dynamic ways. Drawing on both the Irish missionary tradition and the realities of modern society, the aim is to represent the Church in an accurate, attractive, and appropriate way, attuned particularly to the needs and experiences of young people. The well-formed and lay-led team includes a board-certified psychotherapist to ensure psychologically responsible, scientifically informed, and impactful programs and offerings which benefit all people and can be offered both in virtual and in-person groups.



The world owes much to the Irish missionaries who spread the sacred Gospel to distant lands, including the United States. Now we must play our part to renew formation within our Catholic Church, and also to assist Ireland.

In order to legitimately renew our Catholic faith, we must develop a passionate commitment to both human and spiritual formation. Many possess an earnest desire to bring God's love into the world but lack the skills to do so in a way that is consistent with contemporary culture. **The times are rapidly changing. The Gospel message holds up, despite confusion around how it should be offered.** The confusion many feel around the relevance of our religion, all by itself, is a symptom that renewal is needed.

It becomes clear that God's love remains alive in people. Still, at this moment in time, people need clarity about how to fully express it. How often do we feel pained at the missed opportunities we see all around us, between parent and child, spouses, family members, and even those brought together to bring about God's will? These missed opportunities become sources of disillusionment, rather than expressions of the Holy Spirit among us. This disillusionment is a source of distraction. It is not real. God's love is real and God's love is infinite. We must learn to express it simply and unconditionally. This requires more formation.

Toward this end, the Apostolate has need of a Faith Formation Center to be built on the grounds of The Soul Sanctuary, our thirty-eight acre international headquarters in Ireland. As Anne says,

“God has a right to reply to all abuse, and most especially to sexual abuse by priests or religious. Given what happened to so many, including faithful priests, we must insist on the teaching of boundaries, along with fundamental human development as integral pieces of every formation effort. Co-responsible Catholicism is a ‘must have’ if we are to create healthy and humanly accountable faith communities. In this way, we express collective accountability for the unhealthy contributions of some of our clergy and lay people.”

We believe we are called to do this important work from Ireland and we do so utilizing technology to transmit the work to other countries. We equip people internationally with the tools to draw people back into direct relationship with Jesus Christ and recommit to or resume a true Sacramental journey.

In this capital campaign, we seek individuals and organizations who recognize the importance of this next step for the Church and who feel prepared and called by God to play their part with us in the construction of a modern Faith Formation Center.

INTERNATIONAL CENTER FOR HUMAN & SPIRITUAL FORMATION

THE VISION

A campus of contemporary, functional, simple, and aesthetically beautiful buildings, connected by nature paths and contemplative spaces

THE PROJECT

Phase 1: Administration Building

Includes pre-construction planning, demolition, civil works, and the construction of our Administration Building with Offices, Classrooms and Event Space

The Administration Center will be our base of operations to offer formation to people around the globe through the dissemination of messages, writing and producing books and materials, and offering retreats both in person and virtually. Our current building is both antiquated and inadequate, and the demands of our work require the latest technology particularly to reach young people. The work here does more than benefit physical attendees. **Our extensive online and digital presence provides regular video conferences, gatherings, and retreats, as well as live-streamed Mass and Adoration to ARK all over the world.** The construction of an Administration building in Phase One will allow us to expand our work in forming catechists, teachers, and lay leaders for service in the future church and provide ongoing formation of leadership through our programs, retreats, virtual gatherings, and video and audio resources. It will provide a physical center for us to bring young people and schools to offer retreats, camps, and programs with classroom space and food services.

Phases 2 and 3 include residential accommodation for visitors, a chapel, and larger conference and educational center.



WHY SUPPORT US?

This campus is an international headquarters for a dynamic, new Association, serving people globally in the Catholic Church.

We believe the matter of formation for the laity is urgent and we feel a specific concern and commitment to young people. By establishing a space in Ireland for all Catholics to again fall in love with our sacramental life, we allow God the right to reply to past abuses in our faith communities. It is clear that God wants to help us through difficult and challenging times.

Our teaching on Contemplative Prayer highlights an intimate, direct relationship between each person and Jesus Christ. Balanced and contemporary formation will create a healthy and persuasive expression of our Catholic tradition.

To find out more, get in touch: contactus@directionforourtimes.org or call +1 708 496 9300.

Our planned Headquarters in Ireland: The Soul Sanctuary



Planned Faith Formation Center design concept images

A Place of Special Grace

In the summer of 2006, Jesus spoke to Anne about our current headquarters in Ireland, The Soul Sanctuary, formerly Holy Trinity Abbey, home to a Norbertine order of priests. Anne received visions on what this place would become and Jesus showed her the graces that would be made available there. It was to become a site of pilgrimage and headquarters for the Apostolate. Direction for Our Times began the process of raising funds to purchase this building and grounds in Ballyjamesduff, Cavan, Ireland.



In August 2012, the purchase was completed. The Norbertine priests continued living there for three years afterwards. In 2016, Direction for Our Times took possession and in 2018 moved onsite. God continues to provide for his plan, as we begin the building of a Faith Formation Center.

The following is a transcript from an interview with Anne about our headquarters in Ireland and what Jesus revealed to her about the promises associated with it.

The Gaze by Anne, ARK

In the visions, I saw people praying with a terrific openness to the Lord. I saw people gazing up at the Lord in the Eucharist. There is a gift that the Lord gives. It is a gift of experiencing his gaze, the gaze of Jesus Christ into you and love and mercy pours in. It is this reciprocal response of love that bursts out of God's children.

When a person experiences Jesus in intimacy, that person is prompted to work for Christ. Each one of us has a different plan for our time on Earth. Many people will say, "I don't know what the Lord wants from me." Very often the person could be doing exactly what the Lord wants. Their life could be just as the Lord needs it to be.

Grace of Clarity

I saw some people praying and being given a course correction. Jesus saying, "I have a new plan for you, I have an additional plan for you that is over and above what you are doing now." Then I saw other people who experienced Jesus' stamp of approval on just what they were doing. In other words, they walked away convicted and peaceful about the service they were offering Heaven at that time. We are talking about a miraculous clarity. We are talking about a different grace that is uniquely granted by Heaven for this time. It's a very beautiful grace, a very desirable grace the Lord is promising.

Purgatorial Grace

In these visions, I saw the people praying so beautifully. I was enthralled by the way they were praying, and I said "Lord what is this I am seeing here, why is their prayer so striking to me? Where have I seen this before?" At that time, I understood that I had seen people praying like this only in Purgatory. It was a beautiful, honest, truthful response to the presence of God.

Part of this grace is the interior knowledge of the present condition of the soul. The introduction to God's truth is what will happen here. This can happen in different ways. It can happen instantaneously and completely. Other times, people will experience it very gently, very gradually.

Grace of Conversion

When someone makes a pilgrimage here, they will be bringing all their loved ones with them in their hearts. The conversions that occur will ripple out into the world. They will ask for the grace, and they will obtain the grace.

I know one of the people who has benefited terrifically from his pilgrimage here. He felt nothing unusual. He felt good, peaceful, and happy, there was Mass, it was a nice experience. Then he went home and everyone he had prayed for experienced an outpouring of God's conversion grace within a week. He said he got the graces and brought them back. They did not need to come to benefit. So beautiful. That is how generous Jesus is.



What if I cannot make a pilgrimage to The Soul Sanctuary in Ireland?

You don't have to come here to get this grace. This is not the only way this is available. Many of us have experienced this simply by reading the Volumes. Others have experienced it by venerating the image of the Returning King. And still others have experienced it here, at The Soul Sanctuary, or through a loved one who has prayed for them here.

I would say to anyone who desires these graces, "Venerate the image of Jesus Christ the Returning King and ask for this illumination." Say, "Jesus please reveal this to me, I want to know the condition of my soul, I want to have certainty about your hopes for me." The Lord will be extremely generous in answering these prayers.

When we talk about these graces, this is what the Lord said:

"This is not like something the world offers in the way of self-awareness. People do not and cannot work for this understanding. It is a heavenly light, a light that enables one to see the truth of their condition in relation to God. It is an understanding of the love of the Trinity for the created one. Spiritual gifts of this magnitude have never been granted to the degree I intend to grant them in this time to come."

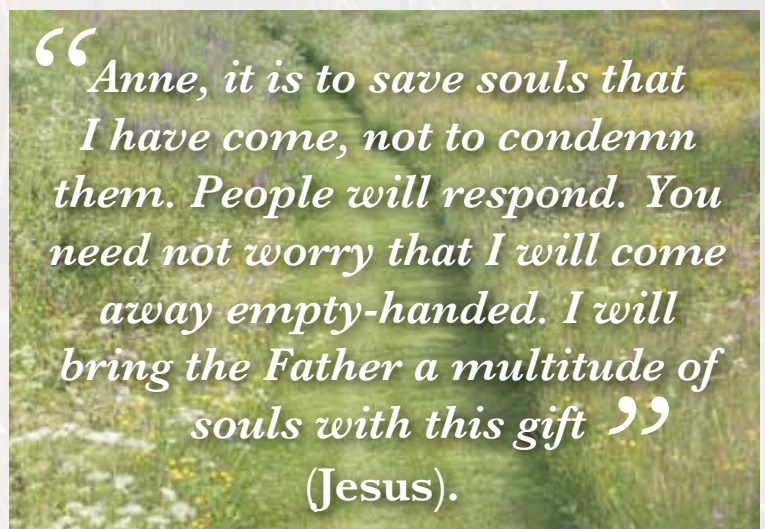
Of course, we want to be very reverent and very serious about consideration of this. When I contemplated what the Lord was promising, I became concerned. For about a day and a half I thought, "This is very generous. This is serious because a person who experiences this will be obligated." I was afraid they would be accountable. Jesus didn't want me to worry about it and explained it to me this way:

"You are simply looking at one part of the gift Anne. You must understand the gift in its entirety. The Savior would not give a person a gift they could not use. Do you see how I give you information in ways you can understand? You worry without cause. I will send such ongoing grace to them that they would have to reject their eternity in order to be held accountable."

In other words, it is impossible for this to be a bad thing. Anyone who wants Christ shall have him.

Those are beautiful promises and people will not disappoint him. People will respond. How could they not, when they are blessed in this way. We all know that one person could look at a crucifix and stare at it for a year and not get it, thinking, "There were some really bad people during that time and that man was foolish." Another person accompanied by grace can stare at a crucifix and in an instant understand the whole thing. Grace is a gift. It is not something we can manufacture or produce. It only comes from God. Some people do not want this gift. Other people really desire this gift. God will bless everybody.

That is a summary of the graces and gifts the Lord wants to flow through this Apostolate. It is an illumination. It is clarity. It is a conviction that we are citizens of Heaven called to serve God. What Jesus needs now is committed Apostles of the Returning King. The way Jesus is going to get them is by a great big blessing, a grace, a gift of grace.

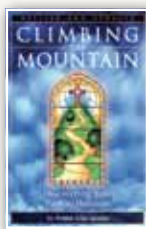


“Anne, it is to save souls that I have come, not to condemn them. People will respond. You need not worry that I will come away empty-handed. I will bring the Father a multitude of souls with this gift”
(Jesus).

Larger Books and Collections

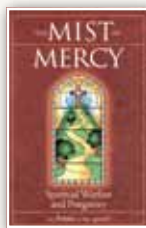
Climbing the Mountain

This book records Anne's mystical experiences of Heaven, as well as her vision of the personal call to holiness each of us must respond to. Contained within are writings about the Apostolate of the Returning King, the story of the image of Jesus Christ the Returning King, messages from St. Faustina about the uniting of her mission of mercy and the Rescue Mission, and much more.



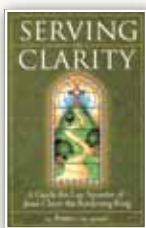
The Mist of Mercy

Spiritual warfare is one of the main topics in Anne's second book. She describes many ways the enemy tries to divert us from our paths up the mountain of holiness, and suggests how we can protect ourselves against such obstacles by recognizing and overcoming them. She also writes about her mystical experiences of being accompanied through Purgatory by Jesus. The beautiful mercy of our Savior was made apparent to her through the souls of those in Purgatory. This book will forever change your understanding of how God prepares souls for eternal joy in Heaven. Purgatory, you will discover, is one of God's greatest mercies.



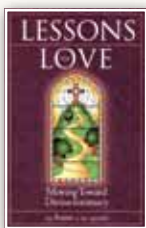
Serving in Clarity

In this book Anne gives us further direction and clear examples of how to move closer to unity with Jesus, and how to participate in his divine will. This writing contains locutions from Jesus and Mary telling of the extraordinary graces Heaven is sending for the coming New Time, and how we can prepare ourselves and the world for the transition to an Age of Obedience. It also contains reflections and short stories by Anne to assist us in living out our vocations with holiness, love, and obedience to the Church. Especially compelling is the description of Anne's mystical experiences of the Mountain of Holiness, where Jesus showed her the condition of the world today in order to encourage all lay apostles to participate in the Rescue Mission to save lost souls. Also included are Anne's writings "In Defense of Obedience" and "Reflections on the Priesthood."



Lessons in Love

Anne illuminates the importance of loving the people Jesus has placed in our lives, with the same unconditional love he has for each one of us. She shares her thoughts on the sacramental call to marriage and offers points for consideration when choosing a spouse, as well as suggestions for navigating predictable marital difficulties and challenges. Also included is a series of loving and compassionate thoughts for those who

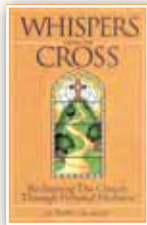


experience same sex attraction.

We learn about the different layers in what Anne calls the "place of the divine will". We read about the fruits of the renewal in which we are all asked to participate. Anne addresses some frequently-asked and challenging questions regarding the Catholic faith, guiding us in our interactions with non-Christians. Several other topics are expounded on, including the feminine influence in the Church.

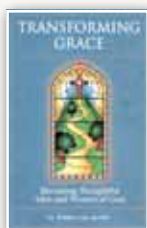
Whispers from the Cross

In this book, Anne directs our attention to the value of contemplating the Crucified Christ. "Every follower of Jesus Christ will eventually find their way to the foot of the cross, where they will gaze at the Crucified One and engage in contemplation of those wounds which delivered salvation to humanity." Some of the temptations we experience during our service to God are identified. Anne explores the importance of the vertical relationship with Christ. This book contains locutions from Jesus about suffering and the crucifixion. It also contains reflections on the Stations of the Cross, a reflection on single parenting, and the "Purity of the Church" visions Anne was shown of the Church in various circumstances.



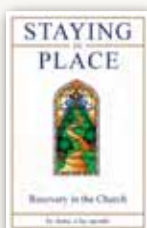
Transforming Grace

In this book, Anne gives a rich treatment on how to begin contemplative prayer, offering us another invaluable tool in our journey to personal holiness. In these essays you will find clear instructions on how we can act like "citizens of Heaven" while still on Earth. Transforming Grace contains locutions from St. Francis, a treatment on the Undefended Life, Our Lady Queen of the Church, and many other topics.



Staying in Place

How many of us have wondered how to present God to those Catholics who find themselves in challenging circumstances? How do we recover from wounds when people in the Church hurt us or misrepresent God? What are God's goals for this time and for us, as we try to know him better and better? This book begins and ends with powerful locutions from Jesus, who invites us to contemplate these questions. Staying in Place, Recovery in the Church is filled with important considerations regarding the role of a co-responsible laity charged with representing the Gospel Message. The writing on the Mind of God compels us to become even more thoughtful in a time of distraction.



Suspended in Mystery

Suspended in Mystery will benefit those who desire to understand the Eucharist with fresh eyes, as Jesus Christ, the one who lived and

died for us. His personhood emanates out from the Eucharist the same way it did to the first apostles. The concept of Our Lady's Paradise of Gratitude can alter the way we view our life. The role of Mothers of the Church gives insight into both contemporary maternity and also the role of women in society and our future expression of Church. Broken down into eight parts, this book is filled with rich writings which challenge us to delve more deeply into God's truths.



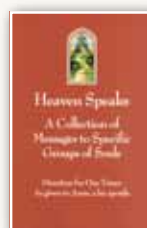
Monthly Messages

Jesus sent recurring messages on the first of every month from December 1st, 2004 to August 1st, 2012. These messages contain direction, wisdom, encouragement, consolation, and joyful hope for God's people, specific to the month they appear. These messages are cyclical in nature, with a fresh message for each month. People all over the world have commented on how these messages feel like personal letters specifically addressed to them from Jesus. This is a book you can pick up again and again and find each time that Jesus is directing you with fresh grace for your particular situation. This book contains the full compilation of all the monthly messages from Jesus Christ the Returning King as given to the world. A must-have for each lay apostle prayer group!



Heaven Speaks Collection

What does Heaven say to us when we are in pain, reeling from the effects of various situations encountered throughout life? Read how Heaven addresses specific groups of souls dealing with different challenges. This book contains messages from Jesus, Mary, and the saints, who give concrete advice and comfort to any of us looking for direction and consolation during these times. All 20 Heaven Speaks booklets are compiled in this book.



Jesus Speaks to Children and Mary, Our Blessed Mother, Speaks to Children

These children's books contain messages from Jesus and Mary, our Blessed Mother, for the children of the world, as given to Anne, ARK, in Volume Six: Heaven Speaks to Families. These messages contain words of peace, joy, and practical advice for little ones on how to live as the beautiful children of God that they are. With delightful artwork contributed by artists Jean Keaton and Charles Jaskiewicz.



Share the gift of these messages from Heaven with that special child in your life!

The Volumes

Volume One: Thoughts on Spirituality

Volume One is the first book in the entire series of *Direction for Our Times* books, as given to Anne, ARK. The first third of this Volume was written in the style of a spiritual diary. Anne describes her early journey as God reveals his special work for her. She describes her experiences as a wife and mother while Jesus and the Blessed Mother speak to her, in the form of locutions, about her daily works, joys, and sufferings. The heavenly perspective will change how you view your own everyday works, joys, and sufferings as you move closer to Jesus. The rest of Volume One contains messages from Jesus and the Blessed Mother.



Volume Two: Conversations with the Eucharistic Heart of Jesus

Volume Two contains messages from Jesus and Our Lady, recorded by Anne, ARK, in the presence of Jesus in the Blessed Sacrament. Jesus calls out to us from the depths of his Eucharistic heart which is bursting with love for us. He gives specific direction on how to grow closer to him. He helps us to begin working on critical changes in our actions, thoughts, and intentions. He also shares glimpses of Heaven and of the great rewards awaiting us so that we know where we are going and how to prepare for Heaven. Jesus encourages us to grow in holiness with his calm, practical advice, and emphasizes that he is truly with us in every moment.



Volume Three

Part One: God the Father Speaks to His Children Through these messages God the Father communicates to all of us, his children. He addresses those who are with him and those who are against him. Readers recognize in his messages unquestionable authority and justice.
Part Two: The Blessed Mother Speaks to Her Bishops and Priests Mary speaks to bishops and priests about the need to prepare for coming events and gives them practical advice on how to do so, calling for a joyous renewal of priestly devotion and piety.



Volume Four

Part 1: Jesus the King
Part 2: Heaven Speaks to Priests
Part 3: Jesus Speaks to Sinners
Jesus is returning, yet the world is not ready. In this Volume, he gives us a blueprint to prepare ourselves and our families for his return. He speaks with special tenderness and urgency to priests, to people living away from him, and to all of us. Part Three: Jesus Speaks to Sinners. These messages were recorded in February 2004.

This section contains messages from Jesus to people who are living a life away from God. Jesus calls out strongly and lovingly to those away from him, explaining who he is and urging them to come back to him. Jesus is not afraid to answer people's hard questions about God. He challenges his estranged children to give him a chance to reveal himself to them. Jesus explains why they are not experiencing the peace and joy they should experience, and assures them he will restore their peace and joy if they return home.



Volume Five: Jesus the Redeemer

This book contains messages from Jesus the Redeemer and from many saints. Jesus continues to draw us closer to him. We are encouraged to trust in and focus on God. Additionally, we are given warning of turbulent events to come so that we may prepare ourselves spiritually by relying more and more on Jesus. Through the messages Christ infuses understanding and divine calm into our souls.



Volume Six: Heaven Speaks to Families

Mary, described as "an unknown saint," and obviously an experienced and pious mother, speaks to mothers about their key role in the formation of their children. St. Joseph then speaks to fathers, explaining the importance of their vocations as husbands and fathers. Both the Blessed Virgin and Jesus speak to children, explaining, in the simplest terms, how to be good children of Heaven. This Volume has a central theme: We live in times when family members must draw closer to one another, re-center their core values, and draw closer to God in not just the biggest ways, but in the smallest. There is understanding and support for single parents seeking to shepherd their children safely through the troubles of this world.



Volume Seven: Greetings From Heaven

The saints who have gone before us want to help us during this time. They have already navigated the path to holiness and in this Volume offer loving advice and encouragement to all apostles who seek to serve Christ. The saints include St. Therese, the Little Flower, St. Anthony of Padua, St. Damien of Molokai, St. Catherine of Siena, St. Thomas Aquinas, and more. The saints give grounded advice and wisdom on how we can spiritually advance during these times and how to deal with the daily struggles of holiness.



Volume Eight: Resting in the Heart of the Savior

Contained in this Volume are messages from Jesus and recordings of some of Anne's mystical experiences. In this time, Jesus suffers from the pain of so many people rejecting him, and those close to Christ may suffer with him. He invites us to rest in his heart so that we may understand and share in his pain and his joy. Jesus gave Anne glimpses of real people during this time living through various situations. Anne records what she witnesses and how Jesus thinks and feels when looking on these people's experiences. This Volume warns of challenging events to come, so that we may prepare for these trials by drawing closer to Christ.



Volume Nine: Angels

If we could see the impact of angels on our lives, we would instantly fall down on our knees in thanksgiving to God. In this Volume, Jesus and the Blessed Mother explain that angels surround us and are eagerly waiting for us to call on them for support. Jesus talks about the role of angels in the world, reminding us that we each have a guardian angel who prays for us constantly and seeks the intercession of the saints in Heaven when we need additional assistance.



Volume Ten: Jesus Speaks to His Apostles

Jesus is calling a multitude of people to serve his Kingdom. All he asks is that we say yes. He will do the rest. He dedicates this Volume to his servants, those who seek to spread his message of love and salvation. Just as the original apostles were sent out to build his Church, we are being sent out as his apostles to reclaim his Church. He also speaks of his great gratitude towards us and the unimaginable reward awaiting his servants when they come home to Heaven.



Audiobooks

All Volumes are available on audiobook.



Heaven Speaks Books

Heaven Speaks About Abortion

This booklet contains messages from Jesus, the Blessed Mother, and St. Mary Magdalene. Every year millions of pregnancies are rejected by people. Jesus offers healing and forgiveness to all involved. To those who feel this is the 'unforgivable sin,' Jesus opens his arms in a quiet call for understanding. To parents who have elected to abort their children, for whatever reason, he offers these words of unencumbered love, forgiveness, and encouragement.



Heaven Speaks About Addictions

This booklet contains messages from Jesus, the Blessed Mother, St. Barnabas, St. Andrew the Apostle, and St. Clare of Assisi. Addictions interfere with our ability to love, according to Jesus. Relief from addictive behavior or habits is as attainable as turning to Jesus and asking for his help. Freedom is within reach when we follow his direction.



Heaven Speaks to Victims of Abuse

Jesus has a profound concern for souls who have endured abuse. His messages are most tender and healing. Included are messages from St. John the Apostle, speaking directly about the process of healing and forgiveness, as well as words from the Blessed Mother. Victims of any kind of abuse, from any source, will find great solace in these messages directly from Heaven.



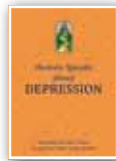
Heaven Speaks to Consecrated Souls

This booklet contains messages from Jesus, the Blessed Mother, and St. Dominic. Souls who are consecrated are addressed with great love and tenderness in this booklet. Jesus reminds them of his special mission for them, and calls them to full and joyful service. He acknowledges their special challenges in the world, and shows how he supports them with many graces.



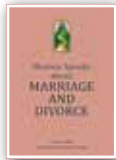
Heaven Speaks About Depression

This booklet contains messages from Jesus, the Blessed Mother, St. Dymphna, and St. Paul. If ever you have experienced deep depression, you know how incapacitating it can be. It can feel as though there is no joy in your life, no hope, no reason to continue forward. In his messages, Jesus offers consolation and the remedy to bring light and joy into despairing hearts.



Heaven Speaks About Marriage and Divorce

This booklet contains messages from Jesus, the Blessed Mother, and St. Anne. Who among us has not been touched by divorce, either when our own marriage ends, or when the marriage of a parent, relative, or friend has ended? Sometimes this situation can cause a family to turn away from God or from God's Church. Jesus wants to heal these wounds. Through his own messages, and those of St. Anne and the Blessed Mother, he offers comfort and recovery to all who will heed his call.



Heaven Speaks to Prisoners

Many of us have forgotten about prisoners. Jesus has not. His words of encouragement provide strong consolation for these souls. At one point he tells them that without material attachments, they

actually have an advantage over many non-prisoners weighed down by material possessions. Jesus himself was a condemned prisoner, and his heart goes out to these incarcerated souls who sometimes lose hope of redemption.



Heaven Speaks to Soldiers

This booklet contains messages from Jesus, the Blessed Mother, and St. Augustine. To those who are soldiers, not only do family and friends often seem far away, but God, too, can seem out of reach. Soldiers often face and endure extreme circumstances and situations for which they are unprepared. Jesus opens his arms to them, comforts them, and encourages their trust in him and his special graces.



Heaven Speaks About Stress

Who among us does not suffer from stress? It is virtually an epidemic in this modern age. Jesus, with additional messages from the Blessed Mother and St. Padre Pio, reminds us that stress can draw attention away from heavenly goals. For the good of our souls, he urges us to seek a calmer, more thoughtful pace of life.



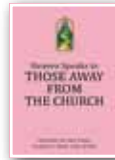
Heaven Speaks to Young Adults

"My plan for young men and women is immense. Truly, the renewal will leap forward with the assistance of these individuals... You feel the stirring in your soul as you read these words. I am with you... Join my band of young apostles and I will give you joy and peace like you have never known... Say 'yes' to me so that we can change the world" (June 27-29, 2005).



Heaven Speaks to Those Away From the Church

This booklet contains messages from Jesus, the Blessed Mother, and St. Monica. They extend a beautiful invitation from Heaven to those who are away from the Church. Heaven welcomes all people back to their faith family.



Heaven Speaks to Those Considering Suicide

This booklet contains messages from Jesus, the Blessed Mother, and St. Margaret Mary Alacoque. Heaven has very important guidance for those considering suicide. Our merciful Savior sends messages for us when we feel we just cannot go on any longer. St. Margaret Mary Alacoque reassures that those considering suicide will have her full support. She promises that if we invoke her intercession she will go to the throne of God and remain there until we receive the comfort and courage we require.



Heaven Speaks to Those Who Do Not Know Jesus

This booklet contains messages from Jesus to souls who do not know him. This is a beautiful extension of friendship from Jesus, an invitation to meet him in the words and graces he sends.



Heaven Speaks to Those Who Fear Death

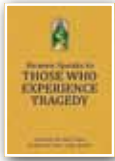
The words and graces in this booklet are for those of us preparing for the next life. They are given to calm



our fears and instill peace in our souls as we ready ourselves to move on from this world. Jesus reminds us that he accepts us just as we are right now. St. John the Apostle comes as a quiet visitor in our soul, offering encouragement as we make our final preparations.

Heaven Speaks to Those Who Experience Tragedy

This booklet contains messages from Jesus, the Blessed Mother, and St. Ambrose. If you experience a stunning upset in your life, look for God. Jesus, who is near you at all times, will never abandon you in times of tragedy. Jesus gives consolation, and inspires calm and trust to assist you through any period of misfortune or disaster.



Heaven Speaks to Those Who Fear Purgatory

Purgatory is a manifestation of God's mercy. But many of us do not understand this well enough to find comfort in the thought that we may spend time in Purgatory when we die. Jesus has sent these words of great tenderness to help us understand why we have no need to fear Purgatory. Jesus, our Blessed Mother, and St. Andrew help us in this booklet to come to a better understanding of God's mercy.



Heaven Speaks to Parents Who Worry About Their Children's Salvation

This booklet contains messages from Jesus, the Blessed Mother, and St. Monica. Heaven's wisdom and compassion flow through this booklet powerfully, counseling parents who worry about their children's salvation. In addition, St. Monica gives concrete advice on how to deal with this reality.



Heaven Speaks to Those Who Reject God

These messages from Jesus, St. John of the Cross, and the Blessed Mother open a genuine, direct dialogue with those who have rejected God. Spoken with the love of complete truth, Heaven invites everyone to understand the burden associated with making a choice against our loving Savior, and prompts us to consider making the alternative choice of accepting and following God.



Heaven Speaks to Those Who Struggle to Forgive

In this booklet Jesus, St. Faustina, and the Blessed Mother reveal another path to finding greater peace in your heart. This path towards peace is forgiveness. You will find acceptance of your own humanity through forgiving others, and there is an abundance of assistance available from Heaven if we choose forgiveness, especially when it feels like an impossible task.



Heaven Speaks to Those Who Suffer From Financial Need

This booklet contains messages from Jesus, the Blessed Mother, and St. Augustine. In this booklet Jesus realigns our thinking on material possessions. He very gently reminds us that he is with us in every financial hardship and asks us to look fearlessly at our current financial situation, as well as to ask for help when we need it. He asks us to reconsider our needs and use less when possible. Jesus also addresses those living in poverty.



HEAVEN SPEAKS BOOKLETS ALSO AVAILABLE IN SPANISH

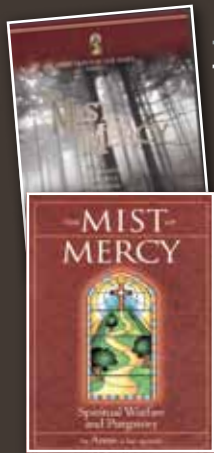
Dvds, Books, Messages, Prayer Cards, Mass Cards and Posters

Heaven DVD and Heaven Book

Based on the book *Climbing the Mountain* by Anne, ARK, this movie explores one woman's mystical experience of Heaven. Through her encounters, Anne is shown the infinite graces, love, and eternal joy that await us in the heavenly Kingdom upon completion of our earthly journey toward God. This movie brings to life the beautiful landscapes and perfect serenity described and reveals the lack of separation between Heaven and Earth as never before. The companion book, *Heaven*, includes Anne's experiences of Heaven excerpted directly from *Climbing the Mountain*.



The Mist of Mercy DVD
The Mist of Mercy DVD is based on Anne's writings in the book of the same name. After viewing this movie, your view of Purgatory and of God's merciful justice will never be the same. This is an uplifting, inspiring work that is for everyone.



Purgatory, Prayer and Forgiveness

The account of Purgatory laid out in this booklet is taken from the book *The Mist of Mercy* by Anne, a lay apostle. Anne writes of her mystical experiences of Purgatory, accompanied by Jesus. The souls she meets there and the conditions they face will change forever your view of how God prepares souls for eternal joy in Heaven. Purgatory, you will discover, is one of God's greatest mercies. Along with Anne's experience of Purgatory this book also contains other excerpts including, *Thoughtful Men and Women of God: A formula for Contemplative Prayer*, *Heaven Speaks to those who Fear Purgatory* and *Heaven Speaks to those who Struggle to Forgive*.



Jesus Speaks To You

These messages are taken from Volume Four, Part Three: *Jesus Speaks to Sinners*. They have been put in this small booklet with a new title, making it easier to give these consoling words to those who need them.



Thoughtful Men and Women of God: A Guide to Contemplative Prayer

In terms of recovering our minds from over-stimulation caused by too much noise,

entertainment and information, we introduce our contemplative prayer formula. The aim of this prayer is to introduce a methodology which allows Jesus to actively heal and direct us. We know that Jesus wants to use our minds to do important work in our souls. The Catechism teaches that there are three types of prayer: vocal, meditative and contemplative. This formula is offered as one type of contemplative prayer. If we pray contemplatively, with discipline, Jesus will recover and transform us with contemporary graces for this time.



Mass Card Variety Pack



Image of Jesus Christ the Returning King Prayer Card, 8"x10" Print or 18"x 24" Printed Poster

Bring this beautiful image into your home, church or workplace. St. Faustina told Anne that the image of Jesus Christ the Returning King would be spread throughout the world and promised that those who venerate this image would be blessed.



Image of Our Lady Queen of the Church Prayer Card, 8" x 10" Print or 18"x 24" Printed Poster

With confidence in God's presence in this historical period of time, we respond to what we believe is his desire that Our Lady also be venerated as Our Lady, Queen of the Church. This print is a copy of the beautiful painting by artist Janusz Antosz, the same artist who painted the image of Jesus Christ the Returning King.

Apostolate Prayer Card

Our new prayer card with both prayers of the Apostolate on either side. The Allegiance Prayer and The Vocation Prayer. These high quality, beautifully designed prayer cards bring God into a more accessible space for any and all. Often, returning to relationship with Heaven occurs through small steps. These two simple and powerful prayers offer a happy and loving first step.



Happy Prayer Card

This beautiful rhyming prayer, written by Anne, ARK, is perfect for children and adults alike.



Lucas Discovers the Treasure

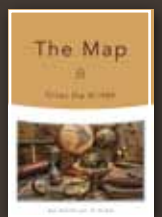
Announcing a new children's book by Kathryn Clarke. A delightful journey through one boy's decision for dignity. Lucas discovers the Treasure promotes mental health literacy and psychological boundaries using a multi-sensory and interactive experience.



The Map

The Map by Kathryn Clarke is a unique spiritual writing suitable for all ages.

Because it includes cutting edge neuroscience strategies, it is a particularly good book to give to those who have fallen away from the practice of their faith. Threaded throughout is a message of loving acceptance no matter where you are on your journey.



What seems to be a very unique factor of this book is that the loving guidance within speaks to all ages. Anyone from a young teen to an elderly person will find that the wisdom in *The Map* resonates deeply.

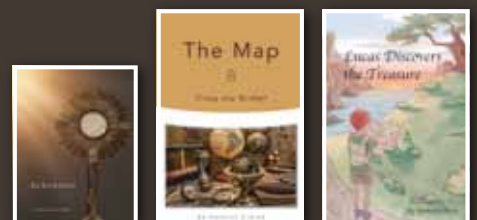
It includes both 'zoom out' and 'zoom in' realities that we mostly ignore until something happens which makes us really think about life and living. Short, simple and profound.

The Invitation Booklet

Available in both English and Spanish, the booklet entitled 'An Invitation' by Kathryn Clarke, invites all people to come and sit before the Eucharist; either a tabernacle or Jesus exposed for Adoration. We feel these booklets need to be distributed widely and for that reason, there will be no set cost for them. We ask that you cover the cost of shipping, if you can. We ask you to join this fellowship of recognition and love for Jesus Christ. By working together, we can make this widely available to those who practice and those who do not.



Family Bundle



This bundle is for you, whether you are Catholic or not, practicing or not, Christian, agnostic, atheist, or what have you. This bundle offers you total understanding and love, and a safe, uncomplicated place to go.



Would you consider sponsoring A Booklet Display Case?

A sponsorship allows you to place a booklet display in your parish, school, cafe, or any other location. Please call our office to explore the opportunity to bring one of these displays to your location.

This beautiful Cherry Wood Display Case can be mounted on a wall or used as a countertop display. It fits eight copies of each of the twenty booklet titles.

The individual or parish sponsoring the Display Case will receive a special discounted price on all booklet re-orders.

Contact us to learn more:

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John and Elena Freeman in Orange County, California with Booklet Display Cases in Spanish and English.

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The Image of Jesus Christ the Returning King

In September 2005, Anne received a series of locutions from St. Faustina:

“Anne, our missions are destined to be joined. Your mission is an extension of my mission in that it is all part of the Divine Mercy. Jesus has put a great amount of graces in the pot that is the Volumes. Regardless of how many people dip their cups into this pot, they will come up filled with graces because the Lord has willed that the amount be limitless... You have my personal commitment to assist you in this project and in every project. It is good you have come to know me, Anne, because you know that I understand your struggles. You can trust my advice in every situation.”

The next month, October 2005, Anne went on a brief pilgrimage to the International Divine Mercy Shrine in Krakow, Poland. While there, Anne met with the Mother Superior of the order to which St. Faustina belonged, The Congregation of the Sisters of Our Lady of Mercy. Earlier that morning, St. Faustina told Anne:

“Today I am going to link our missions.”

During their meeting Anne was speaking to the sisters about this mission and spoke about the messages and writings. Anne then began to tell the sisters about her experience with the Lord and most recently with St. Faustina herself. When she mentioned that her mission was to spread the message of Jesus Christ the Returning King, the Mother Superior told her about something very strange that had happened to her the day before. She explained that on her feast day an artist friend of hers had presented her with a painting, which he had told Mother Superior would be a painting of her patron saint. However, when he gave her the painting, he explained it was a painting of Christ the King. She immediately went off to fetch the painting and when everyone beheld it, they were amazed and recognized that this painting was to be the authentic image for the Apostolate representing Jesus Christ, the Returning King. The Mother Superior immediately presented the painting to Anne telling her she was certain that it was really meant for Anne.

Anne receiving the image of the Returning King from The Congregation of the Sisters of Our Lady of Mercy in Poland.



St. Faustina confirmed the importance of this image in a locution to Anne on October 28, 2005:

“The image of Jesus Christ the Returning King should be spread throughout the world. There are many graces attached to this image. Like the Divine Mercy image, this image will be widely recognized as a source of goodness and healing. All who venerate this image will be blessed. I am grateful that God allows me the privilege of assisting in this mission. Each apostle should feel the same way and each apostle should thank God for being chosen to serve. Such joy flows from Heaven. Bask in the joy, dear apostles, because your King is returning.”

The artist, Janusz Antosz explains that before he began this painting he experienced a long period of pain and suffering. From beginning to end, it took him over a year to complete.

Janusz stated clearly that this painting is the pearl of his entire body of work. He explained that while it is a painting from a technical standpoint, it also has many aspects of an icon. The painting blends the Western European painting style with the style of icons from the East. He wanted the painting to have the look of both, so as to include all of the Catholic Church (Eastern and Latin) as well as other Christian Orthodox. It is a merging of styles that represents a hope for Christian unity. According to Janusz, it shows our Lord's longing “... that they may be one, as We are one” (John 17:22). As a whole, the painting is meant to reflect the glory of Heaven.



The following explanation of the image has been taken from a transcription of an interview with Janusz and translated into English.

1. The two individuals at the bottom of the painting represent the Eastern and Western saints. The Eastern saint is the hooded individual and the other, a Western saint. In the painting they both adore the Lord which demonstrates that all believers, from East to West, will adore the Lord. The bell-shaped flowers along the arch at the top of the painting symbolize the good news of a beginning, or in other words, an announcement of a coming. An example of this occurs at the beginning of Mass when the bells are rung and the priest enters the sanctuary. In the case of the painting, it is the High priest entering. Furthermore, the gold area directly below the arch represents the glory and reality of Heaven.
2. There is a significance regarding Our Lord's vestments and their color. Our Lord is dressed as a bishop or priest and the colors are those traditionally used to portray sacrifice as well as glory and praise. The pattern on the vestments is consistent with patterns found in icons, while the color of the alb is blue.
3. The Lord's face is modeled after the Shroud of Turin, while his hand is in the gesture of a blessing, also means "I love you" in sign language.
4. The scepter with the cross at the top represents that through the power of the cross, all power rests with the Lord, *"All authority in Heaven and on Earth has been given to Me"* (Matt 28:18). This also confirms his kingship – *"The King of kings and the Lord of lords"* (1 Tim 6:15).
5. The theme of kingship is further reflected in the crown on his head. Around his halo are symbols: the letter N is Greek for *"I am."* These words are taken from the book of Exodus 3:14, when Moses asks God for his name. According to an expert on icons, O and N are symbols of the presence of God and the mystery of the incarnation – the divine presence becomes visible in the New Covenant when, after having received a body by being born of the Virgin Mary, he appears to us so that we may adore him as God, who is love.
6. Janusz describes his inspiration for Jesus's throne is in a style from the 17th century Baroque period. The light, bright colors represent Christ the King's purity, beauty, and holiness. On the top of the throne, Janusz goes on to explain that these are lily flowers and represent his purity. In addition, the angels are Seraphim angels – the angels present at God's throne who constantly praise him (Isaiah 6:1-7).
7. Around the neck of Jesus is a medal with a cross on it. This cross is directly over Our Lord's Sacred Heart. It is meant to show that by dying on the cross, he exemplifies the love he has for each one of us.
8. You will also see flowers directly to the left and right of Jesus; they are wide open and facing the Lord, meaning they are praising and giving great glory to the Lord. Near there are the grapes and the wheat which represent the Eucharist. You will also notice an open area between the two groups of flowers. Janusz explains that he wanted to convey that by prayer and meditation we will have no obstruction on the journey to Christ. We will all have a direct path or an open road to the Lord and we will gain a more intimate relationship and closer union with him.
9. Lastly, at the top of the painting there are golden leaves. These leaves are of a vine, indicating that Jesus is the vine (John 15:1). The leaves are open and giving glory to Our Lord.

The Image of Our Lady Queen of the Church

In 2013, Anne identified the need for a new image depicting Our Lady as Queen of the Church. Anne and the team worked directly with Janusz Antosz to create a contemporary and timeless image.

By offering the truth about Mary's role in the Church, we will help direct everyone to the ideal mother, disciple, and Queen. We know that the Church is developing over time. And we know that Our Lady is very important to us now because we so urgently need renewal in the Church.

The images of Jesus Christ the Returning King and Our Lady Queen of the Church may be hung side by side to represent the complementarity between men and women. Our Catechism teaches that in creating man, male and female, God gives men and women an equal personal dignity. He wants this in the Church and out of the Church. Both the feminine and the masculine teach the truth, but often in different ways. We need both.

Therefore, with confidence in God's presence in this historical period of time, we respond to what we believe is his desire that Our Lady, Queen of Apostles, Queen of Saints, Queen of Angels, Queen of Peace and Queen of Heaven and Earth also be venerated as Our Lady, Queen of the Church.

In the following description, you can read the elements Anne was inspired to include.

1. On her silver crown there is a large blue stone, the most prominent. This represents her maternity, both human and through her human maternity to Jesus, divine. She was a human mother who nourished a little baby and she is a spiritual mother who nourishes all of God's children.

2. Above the blue stone is the smaller red stone which represents her participation in the Passion of Jesus. This stone honors her role in the redemption of humanity and is an example to each of us that our sufferings are both meaningful and important. We suffer with Jesus, as Mary did, for the Church on Earth. As Janusz, the artist said, "One year of suffering went into the creation of this image."

3. On each side of the blue stone we see two emerald green stones which represent the four vocations in the Church, namely married, single, religious, and clergy. The stones are of equal size and value to the Queen because each vocation is necessary for her to complete her task of the renewal of the whole Church on Earth.

4. The stones in Our Lady's crown signify how she contributed to the Church in her life. The green stones signify how we contribute to the Church in our lives. Co-responsibility must be accepted by every person in each vocation because each vocation must play a unique part in the advancement of the Church into its final preparation as the Bride of Christ.

5. Our Lady's left hand supports the Church, a humble, simple building. The doors are open, the windows also. There is transparency, and, we pray, humility. When I say Church, please do not think of only clergy. We are all the Church. We need to be transparent about our beliefs and also our imperfection and our journey. The whole Church, in order to represent Jesus Christ accurately, needs more humility. All of us. Our Lady will help us with this and prompts us gently toward very humble service to the people around us.



6. The many bells on the roof represent the Church in every country. I saw, in a vision, on top of the Church, a bell for every country. Each was meant to ring out a distinct harmonious note. I saw that there were weeds coming up through the inside of the Church and they were interfering with the movement and function of the bells in various countries. In other countries the bell was ringing functionally and sounding the right note, meaning, the Church in that country was accurately representing Heaven. In other countries, the Church was being misrepresented and therefore people could not see the beauty of our faith. Overall, the bells were not sounding together and creating the type of harmony that the Lord wants. I saw that it was Our Lady's role to bring the bells into harmony, meaning, to restore and renew the Church in each country and to bring about consistency.

7. Now, consistency does not mean conformity. You can see in the lower left foreground that there are three sets of bells. These represent the Church in different countries and the colors are notably different. The subtle difference in the colors indicates the unique personality of the Church in each country. This is good. The Church in each country must transform into its highest representation of Church. We must contemplate ourselves as Catholics and also nationally so that we can express our unique selves in the international Church. The Irish Church will look a little different than the African Church and the Chinese Church will hold its beautiful Chinese expression and still function in the same way as the American Church only singing out a little differently. We have a great deal, always, to learn from each other.

8. Our Lord holds the scepter of Kingship in the image of Jesus Christ the Returning King. Our Lady, through her humanity, offers us the truth that the Church on Earth is incarnational and meant to be represented daily through our human representation, modeled after her spotless call. The fact that

we imperfectly represent God's perfection should not deter us from a spirited preaching of the Gospel message. Our Lady, the Queen of the Church is issuing an invitation to all Catholics to return to the Sacramental life of the Church. We see Our Lady indicating the bells on the top of the Church. It is her project to renew the Church in each country and she must be known in each country individually as the Queen of that country.

9. The church is held in the hand of Mary, near her heart and offered to the world from the hand of a woman, so that we can see that women are essential to the life and growth of the Church, impacting profoundly how the Church is both presented to the world and viewed by the world. The Queen of the Church is inviting all women to emulate her strength and humility and she is asking men to protect and promote the role of women, in the Church, yes, and also in the world and, of infinite importance, in the family. We must advance together in unity or we will not advance.

10. Our Lady's beautiful hands represent her humanity and the teaching of the Assumption that she was brought into Heaven both body and soul.

11. She sits on a silver throne, different to the Lord's. This emphasizes that she is separate from the Trinity, a created human being, simultaneously subordinate to God and elevated by God.

12. While God created her immaculately for her role as the first tabernacle, Mary contributed an ongoing yes answer and made a choice to remain immaculate. In doing so, she enclosed herself in the divine will, which is represented in the closure of the clasp of her belt with the silver fleur de lis, symbolizing the Trinity. Her whole humanity and life were enclosed in service to the Church on Earth. Indeed, Mary is a living symbol of obedience and models for us the same call

of obedience to the teachings and leadership of the Magisterium of the Church. She is directing us all to this obedience in a special way in this time.

13. The diocesan structure of the Church is represented by the intricate and rich hem of her garment which encircles her mantle, just as the Church encircles the earth. The diocesan structure of the Church is very important in this time. For renewal to take place quickly, it will have to happen more or less simultaneously in every diocese around the world. This is why Apostles of the Returning King (ARK) are urged to pray for their bishop and be part of their diocese in some way. Our children must know which diocese they come from and understand that they are part of something from Heaven, here on Earth.

14. On the lower right side is an image of the Holy Father kneeling before Mary as Queen of the Church. On the back of his vestment are the keys to the Kingdom representing the ongoing papal role and asking that each Pope seek guidance and protection from the Queen.

15. We see the wheat and grapes in the border, representing the Eucharist.

16. Lastly, we have the beautiful flowers at her feet, representing what Saint Pope John Paul II called the 'new springtime'. In the end, Our Lady, Queen of the Church, will bring about harmony, consistency and renewal in the Church throughout the world.

Stack at the Back

We are delighted to make available in bulk our new prayer card with both prayers of the Apostolate on either side: the Allegiance Prayer and the Vocation Prayer.

These high quality, beautifully designed prayer cards bring God into a more accessible space for everyone. Often, returning to relationship with Heaven occurs through small steps. These two simple and powerful prayers offer a happy and loving first step.

Does your chapel or church have a stack at the back? Do your family and friends have a copy? Please consider buying in bulk to share and spread the Apostolate.

When people aren't practicing, we hand them this card and say, "Just say these prayers every day and don't worry about anything." Jesus and Mary do the rest.

Each card measures 3 x 4.5 inches (76 x 114 mm). If you would like to order larger quantities, contact us at: directionforourtimes.org





Backpack Productions was formed by Kathryn Clarke (Anne's given name) after consultation with her bishop, Bishop Leo O'Reilly. It is incorporated in the State of Illinois and is owned personally by Kathryn Clarke. Since these programs developed by Kathryn contain no reference to private revelation, it was deemed appropriate to keep these in her given name.

This is majorly advantageous since it removes any burden from Church bodies to evaluate material which is mainly psychological in content and outside its competency.

The primary focus of Backpack Productions is the optimal development of Catholic lay people. This is accomplished through the development of educational programs aimed at the human and spiritual formation of all age groups. Each program features a healthy blend of psychology, spirituality, and basic Catholic Catechism.

The battles of today must be fought in the mind. The courses bring people to their faith by demonstrating care and offering skills that increase their wellbeing spiritually, mentally, emotionally, and psychologically. The Apostolate is delighted to offer these formation programs in collaboration with Backpack Productions.

"To get out in front of the mental health crisis is to preserve the thinking faculty for prayer" (Kathryn Clarke).

The programs increase participant's critical thinking skills, self-awareness, and overall mental and spiritual wellbeing. Every program is composed of taught video material combined with reflective and interactive exercises. This combination is designed to reinforce concepts and foster sustaining change to thought and behavior patterns, habits, and self-talk.

Programs for Individuals

All programs are available for any individual to take on their own at any time. These courses are available online (instant access) or via USB as a hardcopy option. Each program includes a video series and an accompanying workbook.

For more information visit:
www.thebackpack.life



COMPREHENSIVE 'QUICK-START' PACKS

Online Facilitated Groups

On a semester basis, Backpack Productions runs virtual groups, facilitated via Zoom. These are led by trained Backpack Instructors. Different programs are run each semester. These groups have led to an ever-growing Backpack Community, with many choosing to continue meeting after instruction is finished.

We offer ready-to-go packs for easy implementation in any home group, school, parish, or diocese. Everything an individual needs to establish a group is in one place.



The Backpack for Teens (Young Adults)

The Backpack for Teens is a human and spiritual development program that equips teens and young adults with essential tools for life.

The Backpack Program is a resilience initiative. It combines psychology and spirituality in a resilience building, self-development curriculum which fosters healthy relationships. The program is comprised of 26 lessons divided into three sections: Relationship with Self, Relationship with Others, and Relationship with God. The Backpack Program teaches people to regulate their emotions, calm their minds and bodies, manage stress and anxiety, develop self-awareness, instill boundaries for healthier relationships, and pray contemplatively.

Ideal for:

- Teens and young adults (ages 13-20)
- Young people at transitional points e.g., starting high school or college
- Confirmation candidates
- Young people who need skills for anxiety and stress management, who have questions about their faith, or who want to develop communication and conflict resolution skills
- Young people who are unsure about their religious beliefs or personal spirituality

The Backpack for Adults

The Backpack for Adults is suitable for any adult who would like to further develop their relationship with themselves, others, and God. Combining psychology and spirituality, the Backpack can serve as a form of powerful prevention for mental health issues and offers people the skills to take care of their bodies, minds, and souls.

Originally developed for teens and young adults, this course has been re-filmed and adapted for adults after many parents and leaders expressed the desire to take the program themselves. The Backpack for Adults follows the same structure as the youth program, but is adapted to an adult audience and offers the same benefits. The information and personal work done through this course is foundational to all people.



Ideal for:

- Anybody aged 18+
- People who want to develop resilience, stress and anxiety management, communication and boundaries, spiritual health, emotional regulation, etc.
- People across the whole spectrum of strong spiritual belief or little to none at all
- People who would like to facilitate the Backpack with young people/in their various community settings



Adult Faith Formation (AFF)

Adult Faith Formation is a course that inspires, educates, and encourages participants to consider their relationship with God and how to deepen it to a greater degree.

Backpack AFF teaches deep relaxation in the service of Contemplative Prayer and helps individuals to identify any faulty beliefs or formation they have received, replacing them with accurate, balanced Catholic teaching. An introduction to co-responsible Catholicism helps lay people to understand their role in the Church more clearly.

Originally based on a weekend retreat program, Backpack AFF is perfect for anyone who wants to take a focused look at faith topics, with a backdrop of healthy, evidence-based psychology.

Ideal for:

- Anyone who is interested in the Catholic faith
- Anyone who wants to deepen their relationship with God
- Anyone who has questions about their faith or wishes to understand certain Church teachings better

Contemplative Prayer

A systematic journey through a structure which produces greater intimacy with Jesus Christ in each area of our lives. Steeped in the tradition of true spirituality and contemporary Catholic mysticism, this course helps us to use our imaginative faculty in a balanced and productive manner and thus, impact our soul. The acquisition of better discernment, all by itself, builds confidence in our unique and true intimacy with God.

This course enables people to develop and deepen their prayer lives using the imaginative faculty and visualization techniques. For many people, our Contemplative Prayer course is ultimately the most life-changing. We generally recommend you take one of our other Backpack courses first, to prime yourself to receive these beautiful teachings.

Ideal for:

- People who want to develop or deepen their prayer lives through a direct contact with Christ
- People who would like to develop or refresh their spiritual connection, or relationship with God
- People who have taken the Backpack, Adult Faith Formation, or Fathers/Mothers of the Church courses
- Christians or Catholics. People of other faiths who would like to learn a new method of prayer which may enhance their own prayer lives within the context of their personal spiritual journey



Mothers of the Church (MOC) Year 1

The aim of Mothers of the Church is to provide psychological and spiritual formation to all women, especially those with a desire to further the development of Christianity in their homes and communities, and to promote the complementary role of women in leadership in the Church. The program is designed for women of all backgrounds and vocations - single, married, religious, etc.

Mothers of the Church combines psychology and theology in a curriculum which invites women to engage more deeply with their feminine role and identity. Enables women to step into their femininity and maternal strength

and explore what that means, drawing on the maternity of Mary, Queen of the Church as an example.

This course is split into two sections, Year One and Year Two. Year One was run and filmed in Kilmore Diocese over the course of 2018-2019. The course is taught by Kathryn Clarke and Margaret McGahon, MSc, MIAHIP, and covers key concepts such as Emulating Our Lady's Maternity, Attachment Theory, Communication and Conflict Management, The Impact of Your Relationship with God on Your Maternity, Mind and Mother, The Exterior and Interior Life, Healthy and Unhealthy Relationships, Boundaries, The Passion and Mind of God.

Ideal for:

- All women. Mothers, daughters, sisters, aunts, nieces, wives, etc.
- Non-biological mothers (women exercising maternity in other areas of life)
- Any woman mothering in unusual circumstances
- Women preparing for marriage
- People who feel the need for a more developed, concrete, and honored role for women in the Church
- Women who are interested in learning more about themselves and their relationships, through the lens of their unique and sacred femininity
- Men who are interested in the psychology of motherhood and care about facilitating and supporting a new role for women in the Church

Mothers of the Church (MOC) Year 2

Following on from Mothers of the Church Year One, this course serves as a second module, delving deeper into the concepts and outlining a direction for the uniquely feminine contribution and role of women in the Church.

Mothers of the Church, Year Two expands upon the teachings of Year One and covers such topics as: Deliberate Imagining, Radical Spiritual Acceptance, A Deeper Look into Boundaries, Relentless Gratitude, Unwavering Fidelity, etc.

MOC Year One is a pre-requisite for this course.

Ideal for:

- People who have taken MOC Year 1



Fathers of the Church (FOC)

Fathers of the Church is a new program for all men of all vocations, designed as a parallel program to Mothers of the Church.

Topics covered include Mature Masculinity, The Interior Process, Self-Esteem, Primary and Secondary Emotions, Habits, Resonance with Christ, and much more. This course has been many years in the making. The pilot program proved to be inspiring and persuaded us that this program is badly needed today.

Ideal for:

- Men of any walk of life who wish to deepen their understanding of issues that men face, and how to support themselves and other men around them
- Biological fathers who wish to understand the importance of a balanced masculinity in their role as father to their children
- Single men who wish to gain a greater sense of self, and wish to honor their paternity in their homes, communities, and workplaces
- Men currently in relationships who wish to gain a deeper appreciation of themselves and their partner
- In short, all men of all vocations are more than welcome

BACKPACK FACILITATOR COURSE

This course serves the dual purpose of training people to be able to facilitate Backpack Productions courses in their various community settings, and provides a community for people who want to stay connected to the Backpack network. Runs as a Facilitated Group only.

Ideal for:

- Backpack Leaders who benefit from the support and community while they teach or present a Backpack course
- Anyone who wants to bring the Backpack program to their community
- Teachers, educators, social workers, youth workers, community development workers, parish workers, etc.
- People who have taken the Backpack course (or have had at least some exposure to the curriculum)
- People who have taken other courses and would like to stay connected to the Backpack community
-

The courses are fun and suitable for everyone. The online experience is easy to follow and can be completed independently or with a group, completely at your own pace. If you would like to grow in faith and stretch into a more comfortable experience of being human, consider trying one of these courses!

FAQ

Q: Is it recommended that the programs be taken in any particular order?

A: The programs can be taken in any order. However, there is a natural progression to taking The Backpack first, then the Backpack Adult Faith Formation and from there either the Mothers of the Church, or Fathers of the Church courses.

Q: What is the difference between the Adult Backpack Program and the Backpack Adult Faith Formation Program?

A: The content is different although Contemplative Prayer features in both, as it does in all of the programs.

Q: Can I take more than one of the courses at a time?

A: Yes, absolutely! The programs very much complement each other and you can only benefit from taking more than one if your schedule allows. This would be more of an immersion experience into a new way of thinking and being.

Q: I am hoping to facilitate a Backpack Teen Group in my parish. Would you recommend taking an online course in preparation? If yes, which course would be best?

Taking The Backpack for Adults would be best. This program allows you to first absorb much of the content the teens will receive, and secondly be exposed to the content before facilitating a group. This is recommended, but not necessary. You may buy the full program which includes the facilitator's guide and USB with all the teachings on there for you. Simply press play and facilitate discussion. Each person will have their own workbook to complete exercises following each lesson.

Q: What are the benefits of blending human and spiritual formation in one program?

A: Blending both spiritual and human development is extremely important. We need harmony and balance, and most importantly formation in these two areas to feel grounded and authentic. In fact, we should not deprive ourselves of formation in either of these areas of development. As Fr. Darragh has said before, "Jesus calls us to love our neighbour as ourselves. But how can we love ourselves if we don't even like ourselves?" This is a great example of where development is needed in both areas for a healthy and happy life.

Q: We have an existing women's group in our parish. Can we run the Mothers of the Church program as a resource or do we need to become a Mothers of the Church group?

A: Certainly. Many women's groups simply use the Mothers of the Church programs as a resource.

Q: I want to bring these programs to my parish. Is any specific training required?

A: It is recommended that you take the program in advance of facilitating it, so you can become familiar with the content. Again, Backpack for Adults is a great place to start!

If you feel you would like to join (or even start a group yourself) but are unsure which best suits you, your parish, or someone you love, send us an email or your phone number and we can help: contact@thebackpack.life. There are many ways these teachings and programs can contribute to the growth and wellbeing of all ages. Mental and spiritual health has never been more important.

God asks us to be calm, trusting, and peaceful. We can do it. Together, let's make this a time of dynamic growth and evangelization. www.thebackpack.life

Prison Ministry



Prison Ministry is one of the Apostolate's most important outreach initiatives. It spans federal, state, and juvenile detention centers across eight countries. The goal of this Prison Ministry is to get the writings of the Apostolate to the incarcerated.

How It Began

In January of 2012, ARK Pam Robertson knew little to nothing about ministering to prisoners, so she began to do some research. She found that she could reach out to prison chaplains to ask if they would be interested in the written works for their inmates. Pam began mailing them to each prison chaplain for distribution. She found that the *Heaven Speaks to Prisoners* booklet was the obvious place to start! This was and continues to be the backbone of the Prison Ministry.

Adopt a Prisoner Program

After reading the *Heaven Speaks to Prisoners* booklet, inmates often write requesting more materials. In response to the sizable amount of mail and material requests, Pam started the 'Adopt a Prisoner' *Heaven Speaks Program* where each prisoner receives three booklets in the mail each month over the course of seven months. After they receive the last booklet, prisoners often reach out asking for even more resources. Pam then puts them on the 'Adopt a Prisoner' *Volumes Program*, where they are then sent the complete set of *The Volumes* over the course of many months.

The cost to sponsor one prisoner is \$80.00. This covers the cost of postage, packaging, and the *Heaven Speaks Booklets/Volumes*. Please consider adopting a prisoner so we can get these writings into the hands of another person today!

All the work being done for this ministry is purely on a volunteer basis. Our entire budget goes directly towards providing these essential resources to prisoners. Only through Divine Providence, your prayers, and your generous contributions is this ministry possible. Please consider Adopting a Prisoner or contributing to the printing of the calendar (our most requested item), the *Heaven Speaks* booklets, the *Volumes*, and the cost of postage. Any amount is appreciated.

To donate, visit our website: directionforourtimes.org and click on 'Prison Ministry'.

Direction for Our Times
9000 West 81st Street
Justice, IL 60458

Dear D.F.O.T.,

I have been incarcerated for several years and have many more to go. I find it really comforting to read the small booklets that are sent to me from my sponsor. I believe her name is [redacted]. They are very enriching and in my greatest time of need I find them to bring me closer to my Lord and Savior Jesus Christ.

After I read the small booklets I immediately display them for other inmates to read. They do not last long sitting on a shelf. They are quickly picked up and read. I feel very enriched to know that I helped to spread the information from the little booklets to someone else's hands.

Thanks again and God Bless You.

Pam,

8/2/2020

Hello from one of your "adopted prisoners!"

Thank you for the booklets. I have now read a total of six including: Consecrated souls, Addictions, Those away from the church, Prisoners, Addictions, struggle to forgive, victims of clerical abuse. I also loan them out to people to read at times as a suggest of form of evangelization. Could you please send some more? I hope to be able to lend all 20 of them! I love to be them often & share them with others. Would it be possible to send me some of the 10 volumes? and also the big books please? I would be delighted to read them and anything that you send is greatly appreciated & cherished. Thank the Lord for your non-profit mission and may financial resources to help spread the word abroad. I also would like to recommend some of my relatives for the Apostolate there names are included & addresses on the back of this letter. Can you send me & them verification that we are entailed please? God bless your soul

A Note from Pam

"I'm not doing this alone. My ARK Prayer Group and my husband Mark have all counted booklets, packed boxes, lugged 33-pound cases to the post office, and made calls to prison chaplains.

And the prisoners themselves evangelize within the walls of their prisons to each other sharing their writings with fellow prisoners and by starting (ARK) Prayer Groups. One prisoner said the booklets were like baseball trading cards.

When I was feeling overwhelmed and worried about how we would cover costs Father Darragh was there with these inspirational words, "You know Pam when you get to Heaven, you and all the prisoners you have helped will know each other." To all who have prayed, donated, or will pray for and donate to Prison Ministry, in Heaven, you too will be known by, and will know the prisoners you have helped.

Prison Ministry is important. Make no mistake, it takes an Apostolate!"

To participate, get in touch: contactus@directionforourtimes.org or call +1 708 496 9300 / +353 (0)49 437 3040.



Pam pictured with Anne and Emma at our office in Justice, Illinois, USA.

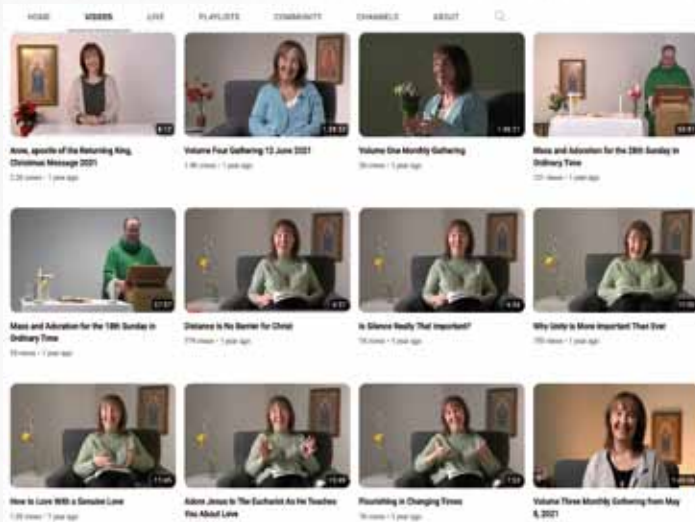
Annual Calendar Drive: Buy One Give One!

Calendars are one of the most requested items from prisoners. Through this rescue mission we welcome the incarcerated to the love, assistance, and forgiveness of Jesus. We are able to provide a little thread of communication and connectedness with Heaven. Our hope is to provide calendars free of charge to the incarcerated, in the faith that Jesus will comfort these adolescents and adults and one day is able to use them in his ministry.



CHECK OUT OUR ONLINE RESOURCES

Did you know Direction for Our Times has a vast collection of online resources? Here are some of the various platforms and what you can expect to find from the Apostolate on each.



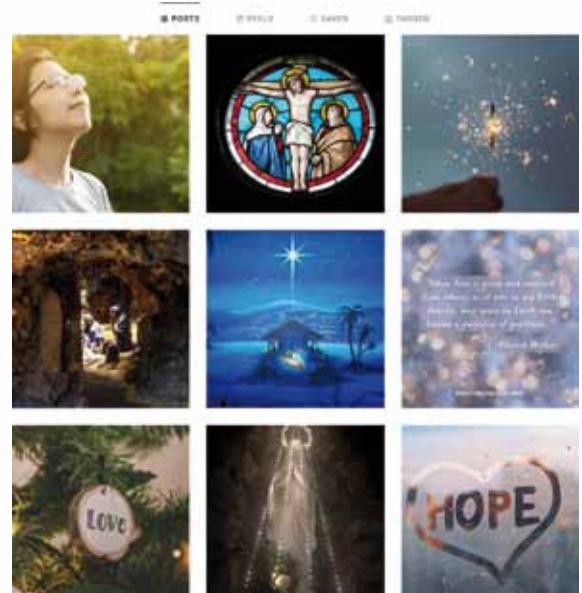
YouTube

We invite you to Like and Subscribe to our YouTube page to access many resources and stay up-to-date with talks and events. Here are some types of videos you will find on our YouTube channel:

- **Talks by Anne** given at previous events and conferences, as well as various interviews with Anne over the years.
- **Sunday Mass and Adoration.** For those who cannot attend Mass in person, our chaplain Father Darragh Connolly provides us with a live Mass and Adoration broadcast on YouTube (and Facebook) every week. Father's homilies provide beautiful direction in which he often cites the writings of the Apostolate.
- **FREE Streaming** of our film productions, including *The Mist of Mercy* and *Heaven*, on YouTube!
- **Contemplative Prayer Video.** Many ARKs speak about the benefit of practicing this free Contemplative Prayer audio guide on a daily basis. This video is great for those who are new to the practice, or those who enjoy being guided in a prayer experience. Our resident psychotherapist Margaret walks us through an exercise in calming the body and mind, before Anne guides us in a beautiful Contemplative Prayer experience.
- **Audiobook Recordings of the Volumes.** Several of our Volume Audiobooks are available to listen to for free on YouTube.

Email Subscriptions

In addition to our email updates we also offer the *Message A Day* email. This daily email is short and contains a consecutive excerpt from one of the writings. It's a great daily reminder to continue our spiritual journey.

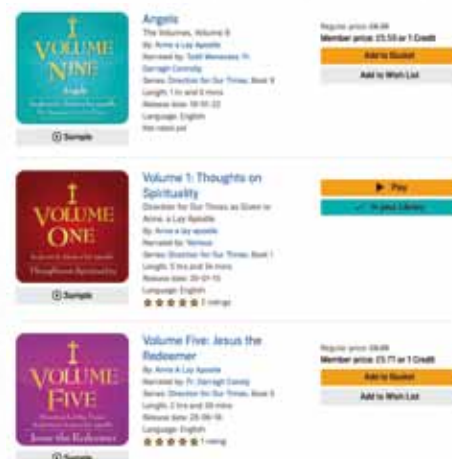


Instagram, Facebook

We post the current Monthly Message, as well as other messages and new locutions on our social media platforms. Simply search 'Direction for Our Times' to find us on these various platforms. Please follow, like and share to read and spread the word!

Audible and iTunes

The audiobooks of each Volume are available on Audible and iTunes, as well as in CD format from our online Bookstore. Some people like to listen to the Volumes while they go for a walk, or have them playing through their radio while they drive to work.



Direct links to each resource listed above can be found on our website: www.directionfourtimes.org

An Invitation

by Kathryn Clarke

In order to maintain God's Eucharistic presence in the world, we require a group of like-minded people who will provide companionship for Christ. The only qualification is that the person is willing to sit in front of a tabernacle or in an Adoration Chapel for 30-60 minutes once per week. We often build up to this. How is this different from what we do currently in Eucharistic Adoration? There is no difference. If we are already doing this, we are doing our part to preserve the presence of Christ for the next generation.

There is no requirement that the persons be practicing Catholics. The requirement is that we are willing to sit in the company of God. We believe that God is present in the consecrated Host, remaining with us physically and supernaturally, not just for Catholics, but for the whole world and every person in the world. As Catholics, we become obliged to protect this presence of the divine in the world. We appeal to all people of good will who believe, even a little, in the presence of Christ in the Eucharist. We ask for their help. This is not Mass or a Communion service. We are simply sitting, praying, reflecting, and being present. Together we can provide our own ministry of presence for Christ. We do this so that Mary, the Mother of God and the Mother of all People, can help us to keep her son present this way in all parts of the world. A lot of people sacrificed to pass the faith to us. We need to do our part, too.

Maybe you have doubts.

Why should anyone believe that Jesus Christ comes back under the appearance of bread and wine at the moment of consecration in every Mass? Why? Who would believe this? Well, Catholics believe it on faith, yes, but we are helped in that faith by the countless miracles of the Eucharist, often in which the host begins to secrete human blood. This has been confirmed many times through independent testing. That stated, those who have a relationship with Christ

in the Eucharist do not need testing, or physical miracles for that matter. We know through a more subtle manner.

Have you ever been asleep and felt the presence of a loved one nearby? You say, "Are you here?" And the person answers, "Yes, I am here." There was no noise. Just a quickening of your awareness. Or perhaps you felt the presence of a loved one who had gone before you in death. People often report a strong sense of their loved one's presence in a moment, or in a dream. They experience consolation, comfort, direction, warning, counsel, a shared joke remembered in such a way that one might even laugh aloud. "He was so funny," one might think. Or "She loved me so much." All human relationships are flawed but usually there is a core of love, connection, and esteem. In truth, we miss being loved by those we care about when they are gone.

Eucharistic Adoration is something like that only much more subtle, but more powerful. The consecrated Host is a porthole to the other side, to Heaven. All the distortions of our faith and all the mistakes of many people in our religion do not detract from this reality.

The presence of Christ in the Eucharist does not have to be explained to those who remain close to it. We know God is there. We get our answers there, our encouragement, comfort, and lights of wisdom and direction. We can make our decisions there, or check them with Christ. So many moments of knowing, of spontaneous gratitude occur for us while sitting in front of tabernacles or the Eucharist exposed for Adoration. We know Christ is there. The experience is extremely personal to us and our time there is spent thinking about our lives in the presence of God.

But how will you know for sure God is there?

Could you make a decision to believe us for one month? To trust us? Simply accept that we, those

who remain close to Jesus in the tabernacles around the world, know. We know he is there. We have seen too many quiet miracles, in our lives and in the lives of our families and those for whom we pray. Imagine you are willing to help us maintain the promise of Christ, that he will remain with us, even until the end of time. Our part is to show up for him, just as he shows up for us in our toughest moments. And he does. What could be wrong with going into a Catholic Church or chapel for 30-60 minutes per week and sitting quietly? At the end of the month, you could then decide if you wanted to believe for another month. There is no downside here and we need your help. You do not have to do anything else or talk to anyone, either. This is totally personal, but you will be strengthening the protection around the Eucharist. This is not a drill, as they say. You will become another person who shows up for Christ when someone takes responsibility for opening a small chapel (with the permission of their bishop) so that others, in the future, can be in the presence of God in the Eucharist.

If you have strong negative feelings about the Catholic Church, maybe you have avoided it, possibly for many years. But this is not between you and the Church, or between you and anyone in the Church. The human Church will always be a bit of a mess whether we like it or not. It was a mess in every other century, too, but people remained faithful to God despite humans behaving poorly. And without the Church, we would not have the Eucharist, so carefully protected from the time of Peter. This is between you and God.

“Conscience is man’s secret core, and his sanctuary. There he is alone with God, whose voice echoes in his depths” (CCC 1776). Nobody knows your full story but God. We stay close to the Eucharist because God’s voice echoes in our depths, especially there. He will do that for you, too. You are safe with God in your conscience and he wants only your peace. Also, human mercy is a far cry from divine mercy. Divine mercy is infinite for anyone who wants it. Divine mercy is infinite for you. You need only ask for it.

Plus, we sincerely need your help. People who

never step inside a Church are often kind, disciplined, faithful, and spiritual people. Everyone who is worthy of respect knows this and this is why we appeal to you now. Especially if you are a baptized Catholic. Please help us. This is a simple way to retain the presence of Christ in the Eucharist so that people have somewhere to go when they need God’s help. You do not have to re-engage with the Sacraments to sit with Christ. There are no hidden agendas here. We want you to get what Christ is trying to offer, for sure, but we do not want people feeling pressured to conform, as opposed to transform in Christ. The benefit will be yours but also the next generation’s, because one more person strengthens the protection around the Eucharist for the future.

You do not have to talk to anyone. You do not have to explain anything. Your past is your past. It’s better than some and worse than others if you’re the same as everyone else. Your future is between you and God. If you have ever thought God might just be real, this is your chance to give it a little more thought in a place that packs the most spiritual power on the planet, if people would just go there.

The most astonishing mistakes and crimes have been committed by people, clergy and lay people alike, who claimed to represent God. We are so sorry that happened to any of us. Ultimately, nobody gets away with anything, and we cannot blame God for the crimes of humanity. We, broken and imperfect humanity, recognize that God is going to have something to say about hypocritical actions and attitudes and about everyone who distorts him for personal gain. They will be accounting privately and directly to God if they manage to get away with their actions here. Wounded people can behave terribly, and their arrogance and superiority are simply embarrassing, as well as offensive. Ignore them and help us to keep Christ in the Eucharist accompanied. Remember that most priests are committed men trying their very best to keep the Sacraments available to us. They need our help and it is our privilege to help them. What happens to our Church is up to every one of us, not just priests.

In summary, ask yourself if you can help our heavenly mother, Mary, to protect the presence of Jesus Christ on the earth. Many, many churches are closing and this is not going to stop. If you believe it a little, or think there's even a chance it might be true, then please find a Catholic Church or Eucharistic Adoration Chapel and go sit there and talk to Christ. Just keep him company. If you're worried about what to do, just walk in and sit down. Our custom is to genuflect before we sit, meaning we briefly go down on one knee before Jesus, present in the Eucharist. If your mind tends to run in circles, bring something to read. Bring this writing. You can bring a Rosary and hold it in your hand. We will send you one if you do not have one. You can bring a Bible or any kind of spiritual book. You can start with any prayer you remember, Our Father, Hail Mary, Glory Be, etc. You can simply think about your day, your life, your relationships, and your goals. Just go. For your sake, yes, but also to help preserve God's presence in the Eucharist during this time of challenge.

If you have questions about God's true presence in the Eucharist, you can contact us and we will try to help you understand that religion is intended to serve something that already exists, your personal relationship with God. Religion should never harm your relationship with God, who is, we believe, uniquely present in the Eucharist. If you're reading this, then you should assume Jesus is inviting you personally. Consider this moment an invitation. No drama. Just you and the Jesus of Scripture, who healed, loved, forgave, encouraged, and drew people to peace with supernatural graces that remain available today.

This is the truth. Please help us.

"But while he was still a long way off, his father saw him, and felt compassion for him, and ran and embraced him and kissed him" (Luke 15: 20).

We believe in the real presence of Jesus Christ in the Eucharist. We believe that Jesus Christ is present in the consecrated Host, not symbolically, but truly. We believe this divine presence of Jesus Christ in the Eucharist is the same person who walked on the earth as reported in the New Testament.

We desire to demonstrate our fidelity to Jesus Christ by offering him companionship. We ask you to join this fellowship of recognition and love for Jesus Christ.

Does the bread cease to be bread and the wine cease to be wine?

Yes. In order for the whole Christ to be present - body, blood, soul, and divinity - the bread and wine cannot remain, but must give way so that his glorified Body and Blood may be present. Thus in the Eucharist the bread ceases to be bread in substance, and becomes the Body of Christ, while the wine ceases to be wine in substance, and becomes the Blood of Christ. As St. Thomas Aquinas observed, Christ is not quoted as saying, "*This bread* is my body," but "*This* is my body" (*Summa Theologiae*, III q.78 a5).

The Miracle of Lanciano is a Eucharistic Miracle which occurred in the eighth century in the city of Lanciano, Italy. According to tradition, a monk who had doubts about the real presence of Christ in the Eucharist found, when he said the words of consecration at Mass, that the bread and wine changed into flesh and blood. The Catholic Church officially recognizes the miracle as authentic.

There were four approved Eucharistic Miracles in the 21st Century.

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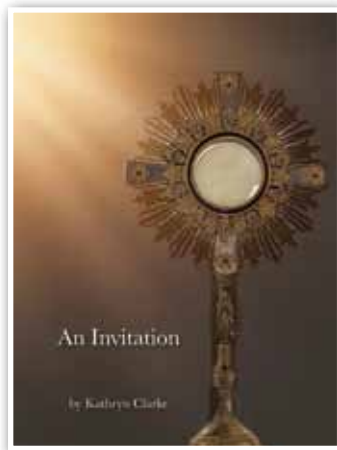
**AN INVITATION
ALSO
AVAILABLE
IN SPANISH**



Eucharist

A Fellowship of Recognition

An invitation to everyone to come and "Sit in the company of Jesus."



"Jesus hopes for a personal relationship with each of us every single day of our lives" (Anne, ARK).

We are delighted to invite you to participate in a new outreach project!

The small booklet entitled 'An Invitation' by Kathryn Clarke, invites all people to come and sit before the Eucharist, either before a tabernacle or exposed for Adoration. We feel these booklets need to be distributed widely and for that reason, there will be no set cost for them. We ask that you cover the cost of shipping, if you can, and help with the printing costs as possible.

In this booklet, Kathryn writes:

"There is no requirement that the persons be practicing Catholics. The requirement is that we are willing to sit in the company of God. We believe that God is present in the consecrated Host, remaining with us physically and supernaturally, not just for Catholics, but for the whole world and every person in the world... We appeal to all people of good will who believe, even a little, in the presence of Christ in the Eucharist. We ask for their help. This is not Mass or a Communion service. We are simply sitting, praying, reflecting, and being present. Together we can provide our own ministry of presence for Christ. We do this so that Mary, the Mother of God and the Mother of all People, can help us to keep her son present this way in all parts of the world. A lot

of people sacrificed to pass the faith to us. We need to do our part, too."

Kathryn continues,

"A great way to get to know anyone is by sitting with them... Many people think that because they do not have feelings of faith, they should not be close to God or cannot be close to God. They think that relationship with God is for other people, not them... Jesus Christ in the Eucharist will show us each that we are both lovable and loved. We can all be close to God if we sit with him in the Eucharist."

We ask you to join this fellowship of recognition and love for Jesus Christ. By working together, we can make this widely available to those who practice and those who do not practice. The important part is that we show up and demonstrate our respect for what Christ did and who he was on Earth.

You can read the full booklet for free at:
directionfourtimes.org

Contact us to receive these free booklets today:
contactus@directionfourtimes.org
Call: +1 708 496 9300 / +353 49 437 3040.