



# An Invitation

by Kathryn Clarke

***An Invitation***  
***by Kathryn Clarke***

**ISBN: 978-1-9163203-5-2**

Copyright © 2024 Backpack Productions LLC

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior permission in writing of the Publisher.

Backpack Productions in collaboration with The Apostolate of the Returning King.

For more information on our writings, programs, and other supplementary material, visit [www.thebackpack.life](http://www.thebackpack.life) or contact us at [contact@thebackpack.life](mailto:contact@thebackpack.life).

Backpack Productions LLC. All rights reserved.

The writings of the Apostolate of the Returning King are distributed by Direction for Our Times at:

**In Ireland:**

Tearmann Anama  
Headquarters of The Apostolate  
of the Returning King  
Ballyjamesduff  
Co. Cavan  
A82 Y670  
Republic of Ireland  
+353-(0)49-437-3040

**In the USA:**

Direction for Our Times  
9000 West 81st Street  
Justice, IL 60458  
USA  
+1-708-496-9300

[www.directionforourtimes.org](http://www.directionforourtimes.org)





## **An Invitation**

In order to maintain God's Eucharistic presence in the world, we require a group of like-minded people who will provide companionship for Christ. The only qualification is that the person is willing to sit in front of a tabernacle or in an Adoration Chapel for 30-60 minutes once per week. We often build up to this. How is this different from what we do currently in Eucharistic Adoration? There is no difference. If we are already doing this, we are doing our part to preserve the presence of Christ for the next generation.

There is no requirement that the persons be practicing Catholics. The requirement is that we are willing to sit in the company of God. We believe that God is present in the consecrated host, remaining with us physically and supernaturally, not just for Catholics, but for the whole world and every person in the world. As Catholics, we become obliged to protect this presence of the divine in the world. We appeal to all people of good will who believe, even a little, in the presence of Christ in the Eucharist. We ask for their help. This is not Mass or a Communion

service. We are simply sitting, praying, reflecting, and being present. Together we can provide our own ministry of presence for Christ. We do this so that Mary, our heavenly mother, can help us to keep her son present this way in all parts of the world. A lot of people sacrificed to pass the faith to us. We need to do our part, too.

Maybe you have doubts.

Why should anyone believe that Jesus Christ comes back under the appearance of bread and wine at the moment of consecration in every Mass? Why? Who would believe this? Well, Catholics believe it on faith, yes, but we are helped in that faith by the countless miracles of the Eucharist, often in which the host begins to secrete human blood. This has been confirmed many times through independent testing. That stated, those who have a relationship with Christ in the Eucharist do not need testing, or physical miracles for that matter. We know through a more subtle manner.

Have you ever been asleep and felt the presence of a loved one nearby? You say, "Are you here?" And the person answers, "Yes, I am here." There was no noise. Just a quickening of your

awareness. Or perhaps you felt the presence of a loved one who had gone before you in death. People often report a strong sense of their loved one's presence in a moment, or in a dream. They experience consolation, comfort, direction, warning, counsel, a shared joke remembered in such a way that one might even laugh aloud. "He was so funny," one might think. Or "She loved me so much." All human relationships are flawed but usually there is a core of love, connection, and esteem. In truth, we miss being loved by those we care about when they are gone.

Eucharistic Adoration is something like that only much more subtle, but more powerful. The consecrated host is a porthole to the other side, to Heaven. All the distortions of our faith and all the mistakes of many people in our religion do not detract from this reality.

The presence of Christ in the Eucharist does not have to be explained to those who remain close to it. We know God is there. We get our answers there, our encouragement, comfort, and lights of wisdom and direction. We can make our decisions there, or check them with Christ. So many moments of knowing, of

spontaneous gratitude occur for us while sitting in front of tabernacles or the Eucharist exposed for Adoration. We know Christ is there. The experience is extremely personal to us and our time there is spent thinking about our lives in the presence of God.

But how will you know for sure God is there?

Could you make a decision to believe us for one month? To trust us? Simply accept that we, those who remain close to Jesus in the tabernacles around the world, know. We know he is there. We have seen too many quiet miracles, in our lives and in the lives of our families and those for whom we pray. Imagine you are willing to help us maintain the promise of Christ, that he will remain with us, even until the end of time. Our part is to show up for him, just as he shows up for us in our toughest moments. And he does. What could be wrong with going into a Catholic Church or chapel for 30-60 minutes per week and sitting quietly? At the end of the month, you could then decide if you wanted to believe for another month. There is no downside here and we need your help. You do not have to do anything else or talk to anyone, either. This is totally personal, but



you will be strengthening the protection around the Eucharist. This is not a drill, as they say. You will become another person who shows up for Christ when someone takes responsibility for opening a small chapel (with the permission of their bishop) so that others, in the future, can be in the presence of God in the Eucharist.

If you have strong negative feelings about the Catholic Church, maybe you have avoided it, possibly for many years. But this is not between you and the Church, or between you and anyone in the Church. The human Church will always be a bit of a mess whether we like it or not. It was a mess in every other century, too, but people remained faithful to God despite humans behaving poorly. And without the Church, we would not have the Eucharist, so carefully protected from the time of Peter. This is between you and God.

“Conscience is man’s most secret core, and his sanctuary. There he is alone with God, whose voice echoes in his depths” (CCC 1776). Nobody knows your full story but God. We stay close to the Eucharist because God’s voice echoes in our depths, especially there. He will do that for you,

too. You are safe with God in your conscience and he wants only your peace. Also, human mercy is a far cry from divine mercy. Divine mercy is infinite for anyone who wants it. Divine mercy is infinite for you. You need only ask for it.

Plus, we sincerely need your help. People who never step inside a Church are often kind, disciplined, faithful, and spiritual people. Everyone who is worthy of respect knows this and this is why we appeal to you now. Especially if you are a baptized Catholic. Please help us. This is a simple way to retain the presence of Christ in the Eucharist so that people have somewhere to go when they need God's help. You do not have to re-engage with the Sacraments to sit with Christ. There are no hidden agendas here. We want you to get what Christ is trying to offer, for sure, but we do not want people feeling pressured to conform, as opposed to transform in Christ. The benefit will be yours but also the next generation's, because one more person strengthens the protection around the Eucharist for the future.

You do not have to talk to anyone. You do not have to explain anything. Your past is your past.

It's better than some and worse than others if you're the same as everyone else. Your future is between you and God. If you have ever thought God might just be real, this is your chance to give it a little more thought in a place that packs the most spiritual power on the planet, if people would just go there.

The most astonishing mistakes and crimes have been committed by people, clergy and lay people alike, who claimed to represent God. We are so sorry that happened to any of us. Ultimately, nobody gets away with anything, and we cannot blame God for the crimes of humanity. We, broken and imperfect humanity, recognize that God is going to have something to say about hypocritical actions and attitudes and about everyone who distorts him for personal gain. They will be accounting privately and directly to God if they manage to get away with their actions here. Wounded people can behave terribly, and their arrogance and superiority are simply embarrassing, as well as offensive. Ignore them and help us to keep Christ in the Eucharist accompanied. Remember that most priests are committed men trying their very best to keep the sacraments available to us. They need our

help and it is our privilege to help them. What happens to our Church is up to every one of us, not just priests.

In summary, ask yourself if you can help our heavenly mother, Mary, to protect the presence of Jesus Christ on the earth. Many, many churches are closing and this is not going to stop. If you believe it a little, or think there's even a chance it might be true, then please find a Catholic Church or Eucharistic Adoration Chapel and go sit there and talk to Christ. Just keep him company. If you're worried about what to do, just walk in and sit down. Our custom is to genuflect before we sit, meaning we briefly go down on one knee before Jesus, present in the Eucharist. If your mind tends to run in circles, bring something to read. Bring this writing. You can bring a Rosary and hold it in your hand. We will send you one if you do not have one. You can bring a Bible or any kind of spiritual book. You can start with any prayer you remember, Our Father, Hail Mary, Glory Be, etc. You can simply think about your day, your life, your relationships, and your goals. Just go. For your sake, yes, but also to help preserve God's presence in the Eucharist during this time of challenge.

If you have questions about God's true presence in the Eucharist, you can contact us and we will try to help you understand that religion is intended to serve something that already exists, your personal relationship with God. Religion should never harm your relationship with God, who is, we believe, uniquely present in the Eucharist. If you're reading this, then you should assume Jesus is inviting you personally. Consider this moment an invitation. No drama. Just you and the Jesus of Scripture, who healed, loved, forgave, encouraged, and drew people to peace with supernatural graces that remain available today.

This is the truth. Please help us.

*"But while he was still a long way off, his father saw him, and felt compassion for him, and ran and embraced him and kissed him" (Luke 15: 20).*

We believe in the real presence of Jesus Christ in the Eucharist. We believe that Jesus Christ is present in the consecrated host, not symbolically, but truly. We believe this divine presence of Jesus Christ in the Eucharist is the same person who walked on the earth as reported in the New Testament.

We desire to demonstrate our fidelity to Jesus Christ by offering him companionship. We ask you to join this effort to foster greater recognition and love for Jesus Christ in the Eucharist.

***Does the bread cease to be bread and the wine cease to be wine?***

Yes. In order for the whole Christ to be present - body, blood, soul, and divinity - the bread and wine cannot remain, but must give way so that his glorified Body and Blood may be present. Thus in the Eucharist the bread ceases to be bread in substance, and becomes the Body of Christ, while the wine ceases to be wine in substance, and becomes the Blood of Christ. As St. Thomas Aquinas observed, Christ is not quoted as saying, "*This bread is my body,*" but "*This is my body*" (*Summa Theologiae*, III q.78 a5).

The Miracle of Lanciano is a Eucharistic Miracle which occurred in the eighth century in the city of Lanciano, Italy. According to tradition, a monk who had doubts about the real presence of Christ in the Eucharist found, when he said the words of consecration at Mass, that the bread

and wine changed into flesh and blood. The Catholic Church officially recognizes the miracle as authentic.

There were four approved Eucharistic Miracles in the 21st Century.

[www.thebackpack.life](http://www.thebackpack.life)  
[contact@thebackpack.life](mailto:contact@thebackpack.life)

[www.directionfourtimes.org](http://www.directionfourtimes.org)  
[contactus@directionfourtimes.org](mailto:contactus@directionfourtimes.org)





# Appendix



If you like this writing, you will probably really like the book called *The Map* by Kathryn Clarke published by Backpack Productions. Backpack Productions also produces formation programs that includes human and spiritual formation.

If you are interested in learning more, visit **[www.thebackpack.life](http://www.thebackpack.life)** or contact us at **[contact@thebackpack.life](mailto:contact@thebackpack.life)**

Kathryn writes under a pen name of Anne, apostle of the Returning King. She is the founder of a Catholic Association of the Lay Faithful called The Apostolate of the Returning King. Here is a link to the free online library:  
**[directionforourtimes.com/library/english/](http://directionforourtimes.com/library/english/)**

If you are going to pray one mystery of the Rosary, let's pray the third joyful mystery which is 'The Birth of Jesus Christ.' That's why we celebrate Christmas.

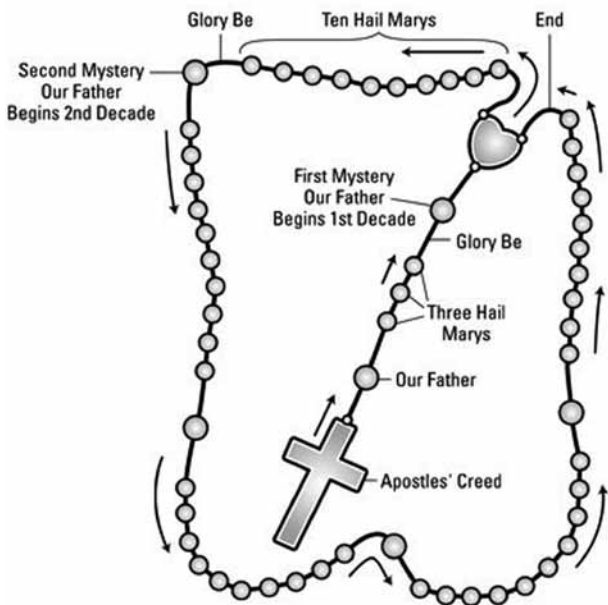
### **Third Joyful Mystery: The Birth of Jesus**

*"She gave birth to her first-born Son and wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the place where travelers lodged" (Luke 2:7).*

One *Our Father*, Ten *Hail Marys*, One *Glory Be*, etc.

If you want to view the other mysteries of the Rosary, visit: [www.directionfourtimes.org](http://www.directionfourtimes.org)

## How to Pray the Rosary



## How to Pray the Rosary

1. Make the Sign of the Cross and say the “Apostles Creed.”
2. Say the “Our Father.”
3. Say three “Hail Marys.”
4. Say the “Glory be to the Father.”
5. Announce the First Mystery; then say the “Our Father.”
6. Say ten “Hail Marys,” while meditating on the Mystery.
7. Say the “Glory be to the Father.”
8. Announce the Second Mystery: then say the “Our Father.” Repeat 6 and 7 and continue with the Third, Fourth, and Fifth Mysteries in the same manner.
9. Say the “Hail, Holy Queen” on the medal after the five decades are completed.

As a general rule, depending on the season, the Joyful Mysteries are said on Monday and Saturday; the Sorrowful Mysteries on Tuesday and Friday; the Glorious Mysteries on Wednesday and Sunday; and the Luminous Mysteries on Thursday.

# Prayers of the Rosary

## **The Sign of the Cross**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## **The Apostles' Creed**

I believe in God, the Father Almighty, Creator of Heaven and Earth. I believe in Jesus Christ, his only Son, Our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into Heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## **Our Father**

Our Father, who art in Heaven, hallowed be thy name. Thy kingdom come. Thy will be done on Earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead

us not into temptation, but deliver us from evil.  
Amen.

### **Hail Mary**

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### **Glory Be to the Father**

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### **Hail Holy Queen**

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy towards us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

## **The Five Spiritual Practices**

As Apostles of the Returning King, we begin the spiritual practices in whatever way we can. For some, a good start will be simply praying the Allegiance Prayer each day. For others, assuming all five practices may feel quite natural.

1. Daily ***Allegiance Prayer*** and ***Vocation Prayer***, plus a brief prayer for the Holy Father
2. ***Eucharistic Adoration***, one hour per week
3. ***Prayer Group Participation***, monthly, at which we pray the Luminous Mysteries of the Holy Rosary and read the Monthly Message
4. ***Monthly Confession***
5. Further, we will ***follow the example of Jesus Christ*** as set out in the Holy Scripture, treating all others with his patience and kindness

## **Three Charisms of the Apostolate of the Returning King**

- ✘ Compassionate Listening
- ✘ Learning and Teaching the Catechism
- ✘ Promoting Unity in the Church

## **Promise to Apostles of the Returning King**

**May 12, 2005**

Jesus

***"Your message to people remains constant. Welcome each person to the Rescue Mission. You may assure each apostle that just as they concern themselves with my interests, I will concern myself with theirs. They will be placed in my Sacred Heart and I will defend and protect them. I will also pursue complete conversion of each of their loved ones. You see, the people who serve in this Rescue Mission as my beloved apostles will know peace. The world cannot make this promise as only Heaven can bestow peace on a soul. This is truly Heaven's mission and I call every one of Heaven's children to assist me. You will be well rewarded, my dear ones."***

### **The Allegiance Prayer**

Dear God in Heaven, I pledge my allegiance to you. I give you my life, my work, and my heart. In turn, give me the grace of obeying your every direction to the fullest possible extent. Amen.

### **The Vocation Prayer**

Oh Mary, mother of Jesus and Queen of the Church, I ask you to bless me with fidelity to my vocation. Assist me in seeing that my service, however humble and hidden, is important to the universal Church. Strengthen me in times of trial and watch over my family and loved ones. Help me, beloved mother, to remain faithful to Jesus Christ, your son, the Returning King. Amen.



## **The Volumes**

Anne, ARK

- Volume One:**     *Thoughts on Spirituality*  
**Volume Two:**     *Conversations with the  
Eucharistic Heart of Jesus*  
**Volume Three:**    *God the Father Speaks  
to Children  
The Blessed Mother Speaks  
to Bishops and Priests*  
**Volume Four:**     *Jesus the King  
Heaven Speaks to Priests  
Jesus Speaks to You*  
**Volume Five:**     *Jesus the Redeemer*  
**Volume Six:**        *Heaven Speaks to Families*  
**Volume Seven:**    *Greetings from Heaven*  
**Volume Eight:**    *Resting in the Heart of the Savior*  
**Volume Nine:**     *Angels*  
**Volume Ten:**        *Jesus Speaks to his Apostles*

### **Excerpts from The Volumes**

#### **Jesus Speaks to You**

Booklet containing the messages taken from  
*Volume Four, Part Three: Jesus Speaks to You.*

#### **Jesus Speaks to Children**

and

#### **Mary, Our Blessed Mother Speaks to Children**

These two illustrated children's books contain messages  
taken from *Volume Six.*

## **The “Heaven Speaks” Booklets**

Anne, ARK

*Heaven Speaks About Abortion*

*Heaven Speaks About Addictions*

*Heaven Speaks to Victims of Abuse*

*Heaven Speaks to Consecrated Souls*

*Heaven Speaks About Depression*

*Heaven Speaks About Marriage and Divorce*

*Heaven Speaks to Prisoners*

*Heaven Speaks to Soldiers*

*Heaven Speaks About Stress*

*Heaven Speaks to Young Adults*

*Heaven Speaks to Those Away from the Church*

*Heaven Speaks to Those Considering Suicide*

*Heaven Speaks to Those Who Do Not Know Jesus*

*Heaven Speaks to Those Who Fear Death*

*Heaven Speaks to Those Who Experience Tragedy*

*Heaven Speaks to Those Who Fear Purgatory*

*Heaven Speaks to Parents Who Worry*

*About Their Children’s Salvation*

*Heaven Speaks to Those Who Have Rejected God*

*Heaven Speaks to Those Who Struggle to Forgive*

*Heaven Speaks to Those Who Suffer  
from Financial Need*

### **Heaven Speaks Collection**

Contains all 20 Heaven Speaks booklets  
plus the booklet *Jesus Speaks to You*.

## **The Big Books**

Other Written Works by Anne, ARK

### **Climbing the Mountain**

Discovering Your Path to Holiness  
Anne's experiences of Heaven

### **The Mist of Mercy**

Spiritual Warfare and Purgatory  
Anne's experiences of Purgatory

### **Serving in Clarity**

A Guide for Apostles of the Returning King

### **Lessons in Love**

Moving Toward Divine Intimacy

### **Whispers from the Cross**

Reclaiming the Church through Personal Holiness

### **Transforming Grace**

Becoming Thoughtful Men and Women of God

### **Staying in Place**

Recovery in the Church

### **Suspended in Mystery**

The Eucharist, Mary, and Mothers of the Church

### **In Defense of Obedience & Reflections on the Priesthood**

### **Excerpts from The Big Books**

### **Purgatory, Prayer, and Forgiveness**

Excerpted from *The Mist of Mercy*

### **Heaven**

Excerpted from *Climbing the Mountain*

### **Thoughtful Men and Women of God**

### **A Guide to Contemplative Prayer**

Excerpted and abridged from *Transforming Grace*

### **Headquarters in Ireland:**

Tearmann Anama  
Headquarters of The Apostolate of the Returning King  
Ballyjamesduff, Co. Cavan, A82 Y670  
Republic of Ireland  
+353-(0)49-437-3040  
Registered Charity Number: 20064068

### **Office in the United States:**

Direction For Our Times  
9000 West 81st Street  
Justice, Illinois 60458  
USA  
+1-708-496-9300  
contactus@directionforourtimes.org  
A 501(c)(3) Organization

### **Have you been blessed by reading this book?**

Please help others receive these words by donating to Direction for Our Times. We are a not-for-profit organisation. In the United States, we are a registered 501(c)3 and all donations are tax deductible. In Ireland, our Registered Charity Number is 20064068.

We are a small organization with a big mission. Your donation makes all the difference. Monthly or one-time donations are gratefully accepted.

*To purchase these writings in either hard copy or electronically, please visit our website:*  
**[www.directionforourtimes.org](http://www.directionforourtimes.org)**







