

**HEAVEN SPEAKS
TO PRISONERS**

Direction for Our Times
As given to Anne, a lay apostle

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Direction for Our Times wishes to manifest its complete obedience and submission of mind and heart to the final and definitive judgment of the Magisterium of the Catholic Church and the local Ordinary regarding the supernatural character of the messages received by Anne, a lay apostle.

In this spirit, the messages of Anne, a lay apostle, have been submitted to her bishop, Most Reverend Leo O'Reilly, Bishop of Kilmore, Ireland, and to the Vatican Congregation for the Doctrine of the Faith for formal examination. In the meantime Bishop O'Reilly has given permission for their publication.

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July 25, 2005

Jesus

I wish to talk to those imprisoned, for any reason. Dear brothers and sisters, your Christian family needs you. Your prayers, your sacrifices have great power. If you unite your suffering to Me, I can use it to save many souls. For example, if you offer Me each day, I will take your offering and I will use it to soften the hearts of your family members who are separated from you. I will use your offering to undo any damage that your sins may have caused. I do not need to say that I will work miracles in your soul. I do not need to say that because you know this. It is part of My promise to all lay apostles. You have not lived a perfect life, whether or not you are guilty of the crimes for which you have been accused. Even if those crimes were not at issue, you have not been perfect. How do I know that? I will tell you. No man or woman is perfect. All are sinners. In My eyes, this makes you no worse than someone who is not imprisoned. Do you understand? You may feel the eyes of the world upon you in condemnation, but in the eyes of heaven you do not stand out.

You are My friend. I am your friend. There are many souls, not in prison, who are far guiltier than you. You are cherished and it is that which I have come to tell you. Rest your head against Me, your Jesus, and I will heal you.

St. Francis of Assisi

How can people be free, even while mankind has incarcerated them? I will tell you. The world can imprison your body, dear friends, but nobody has the power to lock up your soul. Your soul belongs to Jesus Christ. He, God, created you to serve heaven. Well, that has not changed simply because you find yourself in prison. It is all about heavenly service, so you must assume that Jesus needs you to serve exactly where you are. There may come a time when you are released from this prison and then you will be called to serve in another place. For now, you must serve where you find yourself. I want to tell you many things. The most important thing for you to know is that you are loved, just as you are, in whatever condition you are in. Jesus loves you. Jesus, who is all love, is also all mercy. He forgives you any sins you have committed. This is not conditional upon anything but your repentance. In other words, you may feel that the scope of your sin is great. You may feel that you have sinned so badly, and so often, that Jesus could not be talking to you when He offers forgiveness. Dear brother in Christ, may I say that this will not be the first time you have been wrong. I am telling you the truth. Jesus has forgiven you. Go to Him now and

tell Him you are sorry. He is God. He has a right to your repentance. Understand that you must do this for Him. If you repent and say you are sorry for your sins, Jesus will heal you of any marks on your soul left by these sins. Many times on earth a human being experiences pain. There are many types of pain, of course, but the pain of not being loved or cared for is particularly troubling to a soul. This pain can then create a predisposition to commit sin. This may have been your situation. Jesus understands. Regardless, mistakes are mistakes and souls have to accept their mistakes, confess them if they are sins, and move on. Move on with Jesus. He holds His hand out to you in brotherhood and in love. Take His hand and step away from darkness, into the light. This is not a mistake. This is the wisest decision you will ever make.

St. Francis of Assisi

It is good to understand that heaven is very available to someone in prison. Would you like to know why? I will tell you. Souls in prison on earth have lost everything worldly, if only for a time. When you die, dear soul, you will lose everything from the world and you will go to God. There are no secrets in heaven. All will know all. So there is no hiding. You have done this already in that your sin has been exposed to the world. Others, not imprisoned, have sins, as we have said, but their sins have not been exposed in the same way. So you are in a position for great holiness. The trappings of the world have been taken away from you. You are often in a far better position to obtain holiness than someone who is living away from Christ in the world. You know of souls who love material things. They will have to learn to do without these possessions in heaven. You are practicing for heaven right now. If you were to die today, you would not have many attachments. I hope that you understand because Christ is calling you to a very close walk with Him. Also, Christ needs you and the family of Christ needs you. The world is suffering from the darkness of sin but Jesus is

returning. He comes to bring heavenly light to this world and He is asking you to help Him do that. Will you answer “yes” to heaven? I, Francis, make this promise to you. Jesus will reward you more than you can ever imagine. He will give you far more in heaven than you lost on earth. This sadness you feel, this pain, will be forgotten. All of your pain will be gone. You will be joyful in heaven and you will be welcome in heaven. You will fit in with us, the saints, because you said “yes” to Jesus today.

July 26, 2005

St. Francis of Assisi

You may wonder how it is that you can serve Jesus while you are in prison. It is not difficult if you do it my way. In order to serve Jesus, you must become like Him. In order to become like Him, you must give yourself to Him. If you give yourself to Him, He will transform you into an apostle. An apostle behaves like Jesus, of course, or tries to, and I will tell you how Jesus behaves. Jesus never condemns a man who is repentant or even a man who desires to be repentant. So perhaps you are stuck at that first road sign. You see a sign that says REPENTANCE THIS WAY, but you do not feel it. This is where the beauty of Jesus becomes clear. You can ask Jesus for even this. Tell Jesus that you want to be sorry but you do not feel sorry. Ask Jesus to give you sorrow for your sins. Ask Him to give you a spirit of repentance. Jesus will do this. He will do everything. Look up to Him and acknowledge Him as your King, your Savior, and your Creator. He will do the rest. Do you see that with Jesus, you cannot fail? You simply cannot fail.

St. Francis of Assisi

So you have repented for your sins. If you are a Catholic, you have confessed them to a priest, if possible. And now you are ready to proceed further on the path of the apostle. Here is the next step. You must rise each day and give the day to Jesus. You do this through the Morning Offering. You offer your day to Jesus Christ. And what does Jesus Christ do with this offering? He takes each action, each joy, each sorrow, each sadness and He uses these things to obtain graces for others who do not live in His light. Perhaps you were once in darkness. Someone offered his day, perhaps, and Jesus used the offering to obtain graces for you. And now you know Jesus and now you are living in His light. Do you see that we are all working for each other and we are all working for Christ? The most difficult thing for Jesus is to see even one soul lost for eternity. And during this time many souls are being lost. This causes Him the greatest grief. You can help Him to pull souls back into the light by giving Him your day. You are suffering, are you not? If you are a soul living on earth, you are suffering in some way. So you can give Him your suffering. Unite it to His suffering on the

cross. No man should be asked to die the way Jesus died. And yet, He did it willingly. My friend, He did this willingly because He loved you.

St. Thomas the Apostle

How joyful I am that Jesus is allowing me to speak to you. I am with you, you know. We are all with you. There are many saints in heaven who spent time imprisoned on earth, for many reasons. You are called to be a saint. Do not even think that these words fell into the wrong hands and that they are intended for someone else. I am talking to you. Francis is talking to you. And Jesus is most certainly talking to you and trying to get your attention. So now that we have established that heaven is seeking you out, you have to make a decision. Will you decide for Christ or will you decide for the world? There is only one God and He is Jesus Christ. He is the God in heaven, He is the God who walked the earth as a Man, and He is the Spirit speaking to your soul right now. It is that simple. You should not allow yourself to be confused. There is only one God. This God, this one true God, loves you. He knows everything there is to know about you and He loves you. He loves you so much that He has pierced the walls of your prison to bring you this message. The message is love. God is love. He loves you. You were created to serve and God needs you to serve now, today. You say,

“Maybe God does not exist. Maybe this man is wrong.” Well, to that I reply quite firmly. I am not wrong. I am in heaven. Heaven is real. And just as heaven is real, hell is also real. You do not want to go there, I assure you. So take your chances with me, Thomas, and I will help you get to heaven. Make your decision to serve Jesus Christ today.

St. Thomas the Apostle

Do not expect to be certain about anything. You will have doubts. All great apostles served in constant doubt. When you die and Jesus comes for you, He will not look at your doubts. He will look at your service. He will look at your love. He will look at your pain and how you gave it to Him. If you are on earth, you experience loneliness. You will feel this way until you come to heaven. Every man feels lonely because they are not at home until they come to heaven. Some hide their loneliness through alcohol or other habits that numb this pain. This is the worst thing they can do because it pulls them further away from God and His Kingdom. There is only despair at the end of that path. Perhaps you know this. Do not try to numb the pain. Feel the pain and then bring it to Jesus because He is the Healer and He can eradicate your pain. The pain of separation from Jesus, when you allow yourself to feel it, is a holy pain. You want to come to Him but you know that He needs you on earth, so you serve willingly as He did. Be an apostle of service. There are others around you in pain, are there not? Perhaps you will bring Jesus to them. This is the same as taking

a critically ill man to a doctor. It is an act of the greatest mercy. This is just one of the countless things you can do as an apostle of Jesus Christ. Come to me for courage and I will send you courage. Never fear man. Man cannot touch the soul. Only fear a permanent separation from Jesus.

St. Thomas the Apostle

If you want to know someone, you spend time with him. Well, we are telling you that you must become like Jesus. You will have to know Him to become like Him and you will have to spend time with Him to know Him. So each day must be spent in His company. He is with you and has always been with you. But you did not always recognize His presence. It is time to do that now. Talk to Jesus all day long in your heart. Ask Him what to do in each situation. Ask Him what to say in each conversation. Ask Him what He needs from you in every moment. This is praying. People tell you to pray all day. Souls think that this is impossible. But prayer is simply being with God. Talk to Jesus and He will explain everything to your soul. You will begin to change. Your bitterness will start to fade and you will feel your heart soften. This is not without some pain but this pain is coming because all does not remain hidden, as we have told you. You will have to face your hurts. Face them now with Jesus and He will take them away. He will leave you with a soul that is open to His love. Then, and this is the answer to all of the world's darkness, then He will begin to flow through you into the world. Soul by soul,

*Jesus is returning. A great renewal is coming,
my friend. Jesus is reclaiming this world for
heaven. Will you help Him?*

Blessed Mother

I am with each of my children. As I am the mother of Jesus, so I am also your heavenly mother. I do not leave one of my own. How could I when I love you so tenderly? Little soul, Jesus is so good. He is worthy of your love and you will not be mistaken if you decide for Him. I will help you. If there is something that you feel is preventing you from coming to Jesus fully, bring it to me and I will make certain it is taken away so that you are not blocked from my Son. Cry out your sorrows to me because a mother understands sorrow. A mother is never too busy to listen to her child's pain and to help that child move past his pain. Dear little soul, you are cherished in heaven. Your soul is worth everything to us. We will help you with each detail of your return to Jesus. The saints in heaven watch carefully for an opportunity to help you. I never leave your side. And Jesus remains watchful, ready to rush in and fill you with His light. Be very brave in your decision to serve Jesus because the world would like you to reject Him. But you will not. You will serve. We will send you all you require. For now, you should rest in my motherly heart. You feel my presence, do you not? That is because I am with you, obtaining healing and mercy for you. Peace, my little lamb, I am here.

Lay Apostles of Jesus Christ the Returning King

We seek to be united to Jesus in our daily work, and through our vocations, in order to obtain graces for the conversion of sinners. We pledge our allegiance to God the Father. Through our cooperation with the Holy Spirit, we will allow Jesus to flow through us into the world, bringing His light. We do this in union with Mary, our Blessed Mother, with the Communion of Saints, with all of God's holy angels, and with our fellow lay apostles in the world.

As lay apostles of Jesus Christ the Returning King, we agree to adopt the following spiritual practices, as best we can.

1. Allegiance Prayer, along with the Morning Offering and a brief prayer for the Holy Father.
2. One hour of Eucharistic Adoration each week.
3. Participation in a monthly lay apostle prayer group, which includes the Luminous Mysteries of the Holy Rosary, and the reading of the Monthly Message.
4. Monthly Confession.
5. Further, we will follow the example of Jesus Christ as set out in Holy Scripture, treating all others with His patience and kindness.

Promise from Jesus to His Lay Apostles:

May 12, 2005

Your message to souls remains constant. Welcome each soul to the rescue mission. You may assure each lay apostle that just as they concern themselves with My interests, I will concern Myself with theirs. They will be placed in My Sacred Heart and I will defend and protect them. I will also pursue complete conversion of each of their loved ones. So you see, the souls who serve in this rescue mission as My beloved lay apostles will know peace. The world cannot make this promise, as only heaven can bestow peace on a soul. This is truly heaven's mission and I call every one of heaven's children to assist Me. You will be well rewarded, My dear ones.

Allegiance Prayer

Dear God in heaven, I pledge my allegiance to You. I give You my life, my work, and my heart. In turn, give me the grace of obeying Your every direction to the fullest possible extent. Amen.

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You the prayers, works, joys, and sufferings of this day, for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the intentions of the Holy Father. Amen.

Five Luminous Mysteries:

1. The Baptism of Jesus
2. The Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

The Volumes

*Direction for Our Times
as given to Anne, a lay apostle*

Volume One: *Thoughts on Spirituality*

Volume Two: *Conversations with the
Eucharistic Heart of Jesus*

Volume Three: *God the Father Speaks to
His Children
The Blessed Mother Speaks to
Her Bishops and Priests*

Volume Four: *Jesus the King
Heaven Speaks to Priests
Jesus Speaks to Sinners*

Volume Six: *Heaven Speaks to Families*

Volume Seven: *Greetings from Heaven*

Volume Nine: *Angels*

Volume Ten: *Jesus Speaks to His Apostles*

Volumes Five and Eight will be printed at a later date.

The Volumes are now available in PDF format for
free download and printing from our website:
www.directionforourtimes.org.

We encourage everyone to print and distribute them.

The Volumes are also available at your local bookstore.

The “Heaven Speaks” Booklets

Direction for Our Times
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The following booklets are available individually from Direction for Our Times:

Heaven Speaks About Abortion

Heaven Speaks About Addictions

Heaven Speaks to Victims of Clerical Abuse

Heaven Speaks to Consecrated Souls

Heaven Speaks About Depression

Heaven Speaks About Divorce

Heaven Speaks to Prisoners

Heaven Speaks to Soldiers

Heaven Speaks About Stress

Heaven Speaks to Young Adults

Heaven Speaks to Those Away from the Church

Heaven Speaks to Those Considering Suicide

Heaven Speaks to Those Who Do Not Know Jesus

Heaven Speaks to Those Who Are Dying

Heaven Speaks to Those Who Experience Tragedy

Heaven Speaks to Those Who Fear Purgatory

Heaven Speaks to Those Who Have Rejected God

Heaven Speaks to Those Who Struggle to Forgive

Heaven Speaks to Those Who Suffer from Financial Need

*Heaven Speaks to Parents Who Worry About Their
Children’s Salvation*

All twenty of the “Heaven Speaks” booklets are now available in PDF format for free download and printing from our website www.directionforourtimes.org. We encourage everyone to print and distribute these booklets.

This book is part of a non-profit mission.
Our Lord has requested that we
spread these words internationally.

Please help us.

If you would like to participate,
please contact us at:

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Jesus gives Anne a message for the
world on the first day of each month.
To receive the monthly messages check
the box on the reply card inside the back
cover or you may access our website at
www.directionforourtimes.org
or call us at 708-496-9300
to be placed on our mailing list.