HEAVEN SPEAKS
TO CONSECRATED SOULS

Direction for Our Times
As given to Anne, a lay apostle
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Direction for Our Times wishes to manifest its complete obedience and submission of mind and heart to the final and definitive judgment of the Magisterium of the Catholic Church and the local Ordinary regarding the supernatural character of the messages received by Anne, a lay apostle.

In this spirit, the messages of Anne, a lay apostle, have been submitted to her bishop, Most Reverend Leo O’Reilly, Bishop of Kilmore, Ireland, and to the Vatican Congregation for the Doctrine of the Faith for formal examination. In the meantime Bishop O’Reilly has given permission for their publication.
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Jesus

I speak today to all souls who have vocations in the Church. Dear souls consecrated to Me, I rely on you more than you understand. At this time I intend to use you powerfully to witness to heaven’s presence on the earth. The period of time that is ending, the age of disobedience has taken many of My consecrated souls from Me, and they live out their lives away from their vocations. They are forgiven, of course, and cherished, and many serve Me beautifully in other ways. I do not waste the presence of a willing soul, as you all know. If a soul loves Me I will find work for that soul and begin to prepare the soul’s reward. I consider each one of you a heavenly asset. You have faced many challenges, it is true, and to have held your course steadily through these years is an achievement. Now I am asking you to move even closer to My heart. I want you to draw your every breath for Me, and for My desires, My needs. If you do this, unite yourself completely to Me, every moment of your remaining time on earth will be utilized. I will draw graces from the time you rise to the time you retire and from even your rest.
Give Me everything. Replace any remaining self-will with My holy will. Tell Me often that I own your vocation. How this consoles Me and comforts Me. You see, I am suffering. I suffer from the anguish of the souls on earth who wander in darkness. I suffer from the rebellion that causes such upset in families and even in My Church. But you will help Me and this gives Me solace. Work for Me, please, in everything you do. I will not hide My will and that is My promise to you.
My brothers and sisters are truly blessed to live in a time such as this. Fidelity to Christ and to your vows is an opportunity for the greatest nobility that God can allow for those on earth. Obedience. This word is like heavenly music. Obey in everything. Pledge to yourself that you will set the most constant example of obedience to souls in your life. If you do this, you will stand out starkly against the current landscape. God’s followers always stand out so this will be a good thing for you. You will not stand out in heaven. You will blend into the landscape here and this also is a good thing, indeed the best thing for you. I helped the Church through a difficult time and you are being asked to do the same. Your God is everything to you, of course. Be sure that this is the case and if it is not, change your life until it becomes the case. You will want to heed me in this, dear brothers and sisters, because the regrets you will experience if you do not serve will be profound and will cause you the greatest distress. Do not seek the world’s approval. Leave that for those who do not follow Jesus Christ. Seek only His approval and do so in the spirit of obedience, always. You may say that this is a simple lesson and you may wonder
why I highlight this so strongly. Well, in an age of disobedience, when most disobey and rebel, it is up to God’s chosen ones to be vigilant in illustrating a different way. Souls should view your vocation and your joy in your vocation and consider that peace comes from service to God. If you are disobedient to your Church, you will be accountable. This is also a strong statement. I understand and speak deliberately. Guard your tongue carefully in these times and do not allow the influence of others to pull you away from fidelity to your Church. You must influence others to be faithful. They should not influence you to be unfaithful, even in your heart.
St. Dominic

When you take a step toward purity God lavishes graces upon you. You must allow Jesus to purify your soul in order for Him to possess it. Servants of Christ, confess your sins. Always speak and think like Jesus. Our good and kind Jesus understands that you struggle and He does not see these struggles as a problem. They are part of your movement to unity. Do not fear the struggles. But you must struggle. Remove anything from your life that encourages impurity of thought or intention. You cannot live like others in the world. A problem for many religious today is that they are trying to live two ways and they experience conflict. They then incorrectly decide that it is their vocation causing the conflict. Well, if the vocation were being lived in purity there would be no conflict. Do you understand? Do not pull away from the vocation to seek your peace and contentment. Pull away from the world and move further into your vocation and you will find the peace that is justly yours. This is a common mistake for many religious today and you know that I speak the truth. This is why many have left their vocations. They could not reconcile one, the world, with the other, their vocation. So they made the wrong
choice. They chose the world, seeking peace. Most do not find peace in the world, but if they seek Jesus He rewards them and all is well. Most decisions to serve Jesus in a religious vocation, though, are sound decisions. Sacrifice is required, of course, and some find they are uncomfortable with the required sacrifices or they are unsuited for the life. In these cases, they serve Jesus in another way and this acceptable to heaven. The desire to serve heaven is good and holy and comes from heaven. Embrace this call.
St. Dominic

Jesus must be the center of your day. You must begin each morning by offering Jesus your day. And then everything in your day can belong to Him and be blessed by Him. Each morning you must rededicate your life to Him. This does two things. It gives Jesus joy and it clarifies in your mind that you work for Him and only for Him. The self-will that permeates the world today has contaminated many vocations. We do not wish to do something or we find it repugnant so we simply do not do it. This was never the way to heaven and it is not the way to heaven now. You will often find God’s will repugnant to you and you will often have to do battle with yourself to become comfortable in the service to which He is calling you. My friends in Christ, you know that this is the way to heaven. There is a need to overcome yourself. Expect this. If you work in the spirit of obedience to God’s will and not your own, it will become easier and easier to overcome yourself and you will move closer and closer to the heart of your Savior. The closer you come to Him, the less you struggle with self-will. The closer you come to Him, the less you consider how the world is viewing you. The closer you come to Jesus, the
more you will long for Him and seek only Him. This is a good place to be when you are on earth because Jesus then flows through you without obstruction. That stated, the struggles you experience are willed by heaven so do not think that you are not called to great holiness because you struggle. Be content to be small in your spiritual life and Jesus will be big. Humility comes from an awareness of one’s flaws and humility is a necessity in your vocation. God is great and you are willing. This is how you are to proceed.
St. Dominic

You are cherished. Every saint in heaven is grateful to you. Our beautiful Blessed Mother, Mary, watches over you carefully. Do not think that you can do without her help. She has the most merciful gaze you will ever encounter. Mary wants to help you to purify your vocation. She will help you to identify when you are seeking your will and when you are seeking Christ’s will. I love her with a love that cannot be quantified. You will love her in the same way when you know her. I am asking you to trust me about this today. If you love her, you will not be sorry. Our Lady has only the choicest gifts and graces for you. She has been so maligned on earth and this grieves our Jesus terribly. Be one who defends this spotless heavenly mother. “Mary.” Say her name throughout your day and she will nourish you as a mother nourishes an infant. I speak now as your brother, who wants only what is best for you. If you do not have a devotion to this woman, I am beseeching you to seek one. Only holiness and peace come from the relationship with Mary. Only blessings and purity come from her. Joy and peace flow out from her to all she encounters. Families and vocations are restored. If you are in any way
struggling today, seek Mary’s help. You will not be disappointed. If you are not struggling, be grateful to Mary because it is a given that she has helped you in the past. Jesus only blesses those who love His mother. Do not think you are above a devotion to our Lord’s mother. Do not be superior to those who love her. There would be only one fool in that case, my friend. Mary is your mother. She will help you in everything. Begin to say the Rosary and be certain that you pray like a small child. Pray with trust and devotion, with confidence and love. Pray in the presence of the Eucharistic Christ. And then observe the changes in yourself. If you are already praying the Rosary, you understand what I am speaking about and you are nodding your head in agreement with these words. Either way, I am with you and intercede on your behalf. There are countless saints in heaven, and countless angels, both on earth and in heaven, willing to defend and protect your vocation. Do not think you are alone or that the battle is yours to win or lose. You are part of a heavenly team that has already won. The outcome of the battle is decided. But you must continue to fight your fight for a time longer.
St. Dominic

My dearest beloved friends, one of the ways that darkness is being spread is through the promotion of healing powers that do not originate with Christ. These powers, limited of course, originate with the enemy of Christ. Jesus is sending unlimited graces for spiritual healing and conversion. He is sending great peace to those who come to Him and to those for whom you intercede during this period. I am asking you to speak out against powers that are not from heaven. The enemy would like to make the world think we live in a new age but as I have said, we live not in a new age but an age of disobedience. Souls do not seek Jesus because if they seek Jesus they will have to obey. If you are looking to avoid service, you do not seek the One who requires your service. Do you understand? Let us take the example of a fortune teller. Why does a soul seek to have his fortune told? The holy path leads to trusting Jesus with the future and relying on His providence. The exercise of such patience and trust builds sanctity and unity with heaven. In this time, though, the enemy lures souls to disobedience by saying that such things as fortune telling are simply amusing and
harmless. I assure you, we in heaven are appalled and saddened, not only by such widespread acceptance of these sinful practices, but by the failure of many of God’s servants to speak out strongly against them. If you are walking with Jesus in the way in which you are called to walk with Jesus, you will not miss an opportunity to correct those in error. Always identify the source of the alleged power. If it is not Jesus, it is not from heaven and it is not acceptable for God’s children.
Blessed Mother

*How heaven delights in the souls who dedicate their lives on earth to the goals of God. You are our treasure, our gold. You have been given a role to play in this time and you will do so. Jesus depends on your “yes,” little one, and I know you will not disappoint Him. I know that you will serve heaven and I want to help you. With heaven there is joy that is not replaceable by anything that comes from the world. Only heaven’s followers have this joy. We want to spread this heavenly joy throughout the world at this time and you know that we want to do this through you. We will give you joy as a gift that you can share with others. Ask us and we will place it in your heart. Come to me often for any assistance you require. If your heart is heavy, rest in my Immaculate Heart and I will share your burdens. In this way you will be lighter and heaven will flow through you more efficiently. Only rewards will come to you. Be pure in your vocation, please, and you will bring so many souls with you that you will be delighted. Each soul enhances the Kingdom of God in a special way so each soul is precious and important. Treat each day as a day filled with the possibility of bringing souls to Jesus, even if you never see another person all day. Your offering of your day to Jesus brings Him souls. How sweet is the*
service to heaven when your vision is aligned with His. I am with you and I will never leave you. The days will fly, my dearest child, and you will be home with us soon. Be at peace now and let Jesus use you completely.
Lay Apostles of Jesus Christ the Returning King

We seek to be united to Jesus in our daily work, and through our vocations, in order to obtain graces for the conversion of sinners. We pledge our allegiance to God the Father. Through our cooperation with the Holy Spirit, we will allow Jesus to flow through us into the world, bringing His light. We do this in union with Mary, our Blessed Mother, with the Communion of Saints, with all of God’s holy angels, and with our fellow lay apostles in the world.

As lay apostles of Jesus Christ the Returning King, we agree to adopt the following spiritual practices, as best we can.

1. Allegiance Prayer, along with the Morning Offering and a brief prayer for the Holy Father.

2. One hour of Eucharistic Adoration each week.

3. Participation in a monthly lay apostle prayer group, which includes the Luminous Mysteries of the Holy Rosary, and the reading of the Monthly Message.


5. Further, we will follow the example of Jesus Christ as set out in Holy Scripture, treating all others with His patience and kindness.
Promise from Jesus to His Lay Apostles:
May 12, 2005
Your message to souls remains constant. Welcome each soul to the rescue mission. You may assure each lay apostle that just as they concern themselves with My interests, I will concern Myself with theirs. They will be placed in My Sacred Heart and I will defend and protect them. I will also pursue complete conversion of each of their loved ones. So you see, the souls who serve in this rescue mission as My beloved lay apostles will know peace. The world cannot make this promise, as only heaven can bestow peace on a soul. This is truly heaven’s mission and I call every one of heaven’s children to assist Me. You will be well rewarded, My dear ones.

Allegiance Prayer
Dear God in heaven, I pledge my allegiance to You. I give You my life, my work, and my heart. In turn, give me the grace of obeying Your every direction to the fullest possible extent. Amen.

Morning Offering
O Jesus, through the Immaculate Heart of Mary, I offer You the prayers, works, joys, and sufferings of this day, for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the intentions of the Holy Father. Amen.

Five Luminous Mysteries:
1. The Baptism of Jesus
2. The Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist
The Volumes

Direction for Our Times
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Volume One: Thoughts on Spirituality

Volume Two: Conversations with the Eucharistic Heart of Jesus

Volume Three: God the Father Speaks to His Children
The Blessed Mother Speaks to Her Bishops and Priests

Volume Four: Jesus the King
Heaven Speaks to Priests
Jesus Speaks to Sinners

Volume Six: Heaven Speaks to Families

Volume Seven: Greetings from Heaven

Volume Nine: Angels

Volume Ten: Jesus Speaks to His Apostles

Volumes Five and Eight will be printed at a later date.

The Volumes are now available in PDF format for free download and printing from our website: www.directionforourtimes.org.
We encourage everyone to print and distribute them.

The Volumes are also available at your local bookstore.
The “Heaven Speaks” Booklets

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The following booklets are available individually from Direction for Our Times:

*Heaven Speaks About Abortion*
*Heaven Speaks About Addictions*
*Heaven Speaks to Victims of Clerical Abuse*
*Heaven Speaks to Consecrated Souls*
*Heaven Speaks About Depression*
*Heaven Speaks About Divorce*
*Heaven Speaks to Prisoners*
*Heaven Speaks to Soldiers*
*Heaven Speaks About Stress*
*Heaven Speaks to Young Adults*

*Heaven Speaks to Those Away from the Church*
*Heaven Speaks to Those Considering Suicide*
*Heaven Speaks to Those Who Do Not Know Jesus*
*Heaven Speaks to Those Who Are Dying*
*Heaven Speaks to Those Who Experience Tragedy*
*Heaven Speaks to Those Who Fear Purgatory*
*Heaven Speaks to Those Who Have Rejected God*
*Heaven Speaks to Those Who Struggle to Forgive*
*Heaven Speaks to Those Who Suffer from Financial Need*
*Heaven Speaks to Parents Who Worry About Their Children’s Salvation*

All twenty of the “Heaven Speaks” booklets are now available in PDF format for free download and printing from our website [www.directionforourtimes.org](http://www.directionforourtimes.org). We encourage everyone to print and distribute these booklets.
This book is part of a non-profit mission. Our Lord has requested that we spread these words internationally.

Please help us.

If you would like to participate, please contact us at:

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Jesus gives Anne a message for the world on the first day of each month. To receive the monthly messages check the box on the reply card inside the back cover or you may access our website at

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to be placed on our mailing list.