esus, in His merciful goodness, has willed that many saints in Heaven will come to the assistance of souls on earth...What our Lord wills at this time is that we, your heavenly brothers and sisters, provide you with specific information and guidelines. Pray for discernment and you will see that there is no other path than the path that leads to Heaven and to Jesus Christ.

St. Therese, the Little Flower July 5, 2004

Think of your current problems. What does Jesus say about these problems? What is His opinion? What does He want you to do about these struggles or conflicts? If you do not know the answer, you are not doing it right. Spend time in silence with Him, and ask Him. I lived like this. All day long I said, "Jesus, what would You like me to do?"

St. Matthew July 16, 2004

The graces are there, my friends. Heaven needs only a willing spirit who will put herself in silence so that these graces can take root. Do not let these graces be wasted. Sometimes souls take the graces and admire their beauty. They correctly assess the worth of these heavenly gifts. But it is one thing to admire the work of a beautiful blanket or quilt. It is another to wrap yourself in it and allow it to warm you, which is its true function. The true function of these words and their accompanying graces is growth.

St. Gertrude July 12, 2004

Do not walk in fear of death because it will cause you to cling to life in such a way that you cannot live freely.

> St. Anthony July 10, 2004

Anne, a wife and mother of six, reveals her journey to the heart of Jesus. The messages she hears in her soul, which she believes

are from God the Father, Jesus, Mary, and many saints, reveal the tender, solicitous love that our Savior has for each one of us.



TOLUE SEVEN

Direction for Our Times As given to Anne, a lay apostle

Greetings From Heaven



