

**HEAVEN SPEAKS
TO YOUNG PEOPLE**

**rising above the noise
and distractions**

Direction for Our Times
As given to “Anne,” a lay apostle

“Heaven Speaks to Young People”
rising above the noise and distractions

Direction for Our Times
As given to “Anne,” a lay apostle

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Direction for Our Times wishes to manifest its complete obedience and submission of mind and heart to the final and definitive judgment of the Magisterium of the Catholic Church and the local Ordinary regarding the supernatural character of the messages received by Anne, a lay apostle.

In this spirit, the messages of Anne, a lay apostle, have been submitted to her bishop, Most Reverend Leo O'Reilly, Bishop of Kilmore, Ireland, and to the Vatican Congregation for the Doctrine of the Faith for formal examination. In the meantime Bishop O'Reilly has given permission for their publication.

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I, Jesus Christ, cry out to all who read these words. Come back to Me. Come back to the side of goodness and kindness. I will send you every grace necessary for your complete healing and conversion. I will care for your every need. Trust Me, Jesus, and you will be saved. All is well. God's Kingdom comes.

June 27, 2005

Jesus has revealed to Anne that He is beginning a lay apostolate for young people in the mission. This will be for souls after Confirmation until the age of 24. Jesus will grant very special graces to these souls to assist them in rejecting the darkness.

Jesus

Through these young apostles I will flow powerful conversion graces to draw other young souls from darkness. My plan for young men and women is immense. Truly, the Renewal will leap forward with the assistance of these individuals. Am I calling you? Yes. I am calling you. You feel the stirring in your soul as you read these words. I am with you. I will never leave you. Join My band of young apostles and I will give you joy and peace that you have never known. All courage, all strength will be yours. Together, we will reclaim this world for the Father. I will bless your families and all of your relationships. I will lead you to your place in the Kingdom. Only you can complete the tasks I have set out for you. Do not reject Me. I am your Jesus. I love you.

June 28, 2005
Jesus

My soul aches for the loneliness of this generation. Too many are unloved. Too many do not know the secure love of a holy family. Too many are unaware of the great love their God has for them. This must change. Dear soul of the Kingdom, you are chosen to assist Me in this mission of love. You must bring My words to others. Do you know of someone who is sad and struggling? Do you see pain or bitterness in your friends? Bring My words to them and I promise you that I will minister to their soul. I will surround them with heavenly love and tenderness. Any mistakes they have made will be forgiven. I do not seek to condemn anyone. I came to the world to save souls, to rescue them. I am returning to the world to reclaim it for souls. You are My blessed apostle. You must assist Me. You know that I love you. I will heal you and place you on the path that is marked out for you. And then you must bring Me to others. You must comfort others with the comfort that was given to you. Will you do this for Me? I will do all of the work. You must allow My Spirit to reside in your soul and

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through this Spirit of Truth others will return to Me. I am all powerful. I am capable of healing the most hardened sinner. You may think that you cannot do this because the pain of others is too great. I assure you, little soul, even the greatest pain and bitterness is nothing for Me to heal. I have cleansed the darkest, most hardened sinners. And they became some of My most loyal servants. I am calling others from the darkness. And I am using you to do so.

June 28, 2005
Jesus

Great Light is piercing the darkness of sin. I am that great Light. I, Jesus Christ, return to the world through the souls of My faithful apostles. The first apostles were given all they needed to spread My Church. You will be given all that you need to reclaim My Church. In order to be effective as a young apostle, you must live your faith. The world would like you to believe that you can make any choices you are inclined to make. Dear apostles, this is not true. I, your God, have given you many choices. But it is never the right choice to sin against Me. It is always a mistake to commit sin. Do not be led by the world. Be led by Me. Be led by My Church. You say that My Church is not always good. There are those who have betrayed Me and damaged My Church. This is true. There will always be those who choose sin. Do not concern yourself with that because now is the time for us to renew this Church. And I need you to do that. I want you to be a carrier of My Light, My Truth. I want others to look at you and say, "This Church must be a good thing. Look at the holiness of this

Heaven Speaks to Young People

apostle. Surely the joy in this soul comes from God.” Do you understand Me, dearest? I am asking you to renew My Church. Where others have failed, you will serve. Where others have pulled My Church down, you will lift it up. Can this be a bad thing for you, to help Jesus? This can only be good for you, only right for you. You say, “Yes, but Lord, what will I have to give up?” I assure you, you will give up only the things that hurt you and threaten to plunge you into bitter loneliness. The love that the world offers you is flawed. This distorted love leaves you sad. Live in union with Me. Live in unity with your Church. My graces will fill your soul and others will return to Me through you.

June 28, 2005
Jesus

My dear young apostles, how grateful I am to you. When many souls in the world seek only their own entertainment, you seek Me. This makes you different, of course. But My apostles in the world have always been different. What is the difference between an apostle and a follower of the world? I will tell you. An apostle is calm. An apostle is kind. An apostle spreads peace and justice. And an apostle leaves others with a longing for what is good. One who follows the call of the world spreads the opposite of these things. We will not name the fruits of the world because we want to spend as little time as possible with God's enemy. Dear young apostles, you must know the One you follow. How do you get to know a person? You spend time with that person. You converse with that person. You think about that person even when you feel far away from them. And you begin to consider, in any given situation, how that person would view what you are viewing. Well, I would like you to know Me. It is really important that you know Me. My dear young apostle, you will spend eternity in

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My presence so you should be comfortable in My presence. If you are, then you will begin to absorb all of these heavenly gifts. Next, you will begin to love others as I love others. And soon you will look at this world and you will see what I see. Would you like to know what I see? I will tell you. I see a world hungry for goodness and kindness. I see a world that turns its face away from so much sin and darkness. I see a world full of souls who cast their eyes around in fear, looking for the One who comes to save. I am He. I am the One who has come to save. Walk with Me. You will learn how I wish you to serve.

June 28, 2005
Jesus

Have you ever seen someone in danger? Did you ever cry out sharply to prevent a friend from being injured? That is what I am asking of you today. I am asking that you look at your friends. If they are living a life suitable for a Christian, then all is well. You will share these words and you will share My joy. But if you see friends who are living away from Me and who are walking with My enemy, you must cry out sharply to them. Dear apostle, be very brave in this and understand that all comes from Me. So you do not have to convince anyone of anything. You must simply do what I am asking of you. I am asking you to share these words with others. I will give you guidance. You will know who needs to receive My heavenly help through these words and graces. All of heaven is on your side, guiding you, directing you, assisting you in every way. We, your heavenly friends, will be certain that you know what heaven needs from you. Would you like a life without uncertainty? This is what I offer you. I offer you a life lived in the heavenly presence. You will walk with

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angels, dear apostle, because all of My apostles do so. You will have innumerable saints to call upon for counsel. All of My apostles have this. You will then have eternity to enjoy the fruits of your labors. This is what I offer to My followers. As the world becomes darker, your brightness will get brighter. You will serve with dignity. Truth will be yours and nobody in the world will be able to separate you from this Truth. I am this Truth. Jesus Christ lives. Are you not proof of that? The hunger in your soul for goodness is proof of My existence. Look around for holy souls. You will see Me in them. I will be in you in the same way. My early apostles were not special in that they came from every different manner of living. I called them and they answered. I am calling you, and you will answer. Please help Me so that I can call out to others in the same way. I am relying on you, My beloved young apostles, to assist Me. I have great confidence in each of you. With Me, you cannot fail.

June 29, 2005
Jesus

You must draw close to Me, My dear apostles. If you are away from Me, you will begin to worry about what worldly souls think of you. And why does it matter? When you come to Me, as you will someday, do you think that I will ask you what others thought of you? I assure you, I will not. The opinion of others should not dictate your actions, except in the case of those I have placed in your life to give you guidance, such as your parents. If a soul is holy, that soul concerns himself with My opinion. They measure their actions against all that is heavenly and pure. They do not measure their actions against the world. Often the world will attempt to persuade you that sin is good, or at least an understandable decision. This is false. You know that. Sin is sin. Sin is wrong. Sin does you harm and can harm others as well. To commit sin against Me is to make the wrong choice. As a young apostle in the world, you will have many choices to make. You must make them with My counsel. I have the answers for your questions, My beloved one. I have all of your answers. You must

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come to Me in prayer so that I can give them to you. I am your first counselor. The path that I have marked out for you brings you to Me. And I am your goal, your destination. The worldly paths take you away from Me. They are the wrong paths. Many souls travel the worldly paths for years, thinking they will get back on the heavenly path before it is time to die. Well, you might say, what is wrong with that, as long as they get back in time? I will tell you what is wrong with that. It hurts Me. This is rejection of Me and of My will. This, My beloved apostle, is why people are starving in your world. If you get on My path, the path that leads to Me, and the path that I have marked out for you, I assure you, I can feed the hungry and comfort all who are lonely. Do you see the plan? I intend to use you for these merciful acts. Say “yes” to Me so that we can change this world.

June 29, 2005
Jesus

Do not be afraid. I say this so often to souls. There is nothing that should frighten you. I will protect you if you ask Me. If you are hurt or wounded, I will heal you. If you are struggling, I will assist you. If you are alone, I will comfort you and be your companion. Do not be afraid. Ask Me for courage if you are making a difficult choice and I will flood your soul with courage. With Me comes calm. With Me comes peace. I cherish you. Do you know that? I cherish you. I have created you exactly as you are. I take the greatest delight in your personality because through it I wish to flow into the world. You have been given gifts very carefully. You will need these gifts to serve Me in the way that I have decided you should serve. You have exactly what you need to help heaven. And that is why you are here in the world at this time. There are souls who have been destined to be helped by you. Will you help them? Will you say "yes" to your Jesus? If you do, you will have fulfilled your purpose here and earned an unimaginable reward. Dear young apostles of

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Jesus Christ, I tell you solemnly that often it will be the members of your own family you are called to assist. Are they in darkness? Are they in error? Do they need Me? You must bring Me to them. I will show you how. Perhaps it is simply through your example of peace and forgiveness. Perhaps you will share these words. Possibly you will serve them in more concrete ways, being helpful and cheerful. You bring Me to them by these actions and behaviors. If you help a parent, you are bringing Me to them. If you counsel a brother or sister wisely, you bring Me to them. If you alert your parents that a sibling is in trouble, you help Me. All of these things allow Me to flow into the world. Think small in terms of acts of kindness. Think big in terms of My power to change the world. Look into your life carefully, and decide what must change and how you can do better. I will be the one helping you to see clearly what is pulling you away from Me and what is drawing you closer. You are not alone. Do not be afraid.

June 29, 2005
Jesus

My dear young apostles, there are many things that I can teach you. If you spend time with Me, you will be loved, and you will then learn how to love. You will find that I am patient and kind. When you make a mistake, you will be forgiven and we will move on. I will forget your mistakes. You will use the Sacrament of Confession to cleanse your soul and I will fill it then with beautiful graces, which will speed you on your path to holiness. I am a good friend, always. I listen and I love. I see your soul both in terms of where you have been and in terms of where you are going. Often you do not know where you are going. So My advice, given My knowledge of My goals for you, is crucial. You need Me, dear young apostle. You need My wisdom and knowledge. The more time you spend with Me, the more I can give you these things. You will become like Me. You will be a good friend to others. You will listen and you will love. Others will seek your counsel because they will come to trust you. What they will really be trusting is Me, because if you are united to Me, I can guide

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others through you. Do you begin to see the plan? I want to be close to you, indeed united to you, and then through you I will go out to others. Dear soul, it is only through unity with Me that you will have true peace. The world offers you darkness of spirit. Look closely at those who follow the world. Do they have peace? Are they loved? Do they sit calmly with others and allow others to speak, understanding that each soul is precious? You will find, I am sure, that those following the world are cynical. This suits them because if they are cynical they can justify their selfishness. Reject this. Reject cynicism. There are many Christians in your world and these followers of Mine are not cynical. They are warm and loving and kind. And this is what I want for you. So I love you and you love others. It is very simple.

June 29, 2005
Jesus

My dear young apostle, as a follower of Jesus Christ, the Returning King, you are entitled to joy. I am returning to your world, and in this initial phase of My return I am returning through you. You should be joyful. If you are not joyful, you are spending too much time on worldly thinking. Think in terms of heaven and you will feel joy. Should a soul who is surrounded by angels be dismayed? Should a soul who walks in the constant presence of Jesus Christ be sad and fearful? My loving smile is in your soul. I hold only good wishes for you. There are many here in heaven who struggled with your very same struggles. They overcame the world and so will you. If you think it is too difficult then you are trying to do too much at once. Sit peacefully now, in this moment, and allow Me to calm you. I send My strength into your soul. I send you great trust in Me and in My presence. I am with you right now, watching you carefully, giving you exactly what you need to convert your heart to Mine. Stay in this moment and you will be fine. When you are anxious, you must see that you are either in yesterday or

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in tomorrow. I have given you what you need for now. Tomorrow, you shall have what you need for tomorrow. Each moment is being seen to by heaven. I am not in yesterday, dear soul, because I am with you and you are in today. I am not in tomorrow, dear soul, because I am with you and you are not there yet. When you get there, I assure you, I will be with you, regardless of how difficult that day may be. I do not leave My friends when troubles come. Rather I give more graces. Many of the young people in the world are feeling constant anxiety. This does not come from Me. This does not come from following Me. Often it is a lack of love and security. But, My dear apostles, I am the only true security. Rely on Me and you will find that your anxiety begins to diminish. Soon it will disappear because I will take it away. Ask Me for this. And then trust Me. Many great saints spent their lives working on trust. You will get better and better at trusting Me through practice. And your fears will get smaller and smaller. I can promise you this because it has always been this way. Those who live in unity with Me are at peace. The world cannot touch them because their sights are set on the next world, their true home, which is heaven.

June 29, 2005
Jesus

Many of My young apostles are unfamiliar with the saints who have gone before them. These men and women have fought the same battles that you are fighting. They are here, in heaven, with Me. But they are also with you in that there is no separation of souls. When your time on earth is finished, you will understand more, of course, but for now what I want to convey is the help that you have. A saint in heaven who has struggled with your struggles watches you closely, alert for a chance to assist you. They can obtain for you, through their prayers, a bit of clarity in a situation that is confusing you. They can obtain peace in a situation that has you disturbed. They can get guidance for you if you are facing a decision. Imagine it this way. You fight your battles and finish your work on earth. You come to heaven and join us here. But you still watch events on earth carefully. Now let's assume that you have served Me well, because you will, My friend, so I will be indebted to you. I will owe you for your loyalty. From heaven you see a young soul on earth who is fighting to overcome a problem. You say to yourself, poor

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soul, I remember that struggle. I know exactly what would help that soul. You come to Me and say, "Jesus, please give me this grace for this soul who is struggling. I know what would help him because I myself struggled that way." Because I owe you for your allegiance, and because you are my friend and I trust you, I grant your request. I give you this grace. Now maybe the soul you are watching is living in darkness, serving the world, and does not want My help or My love. Maybe that soul is even working against the Kingdom of God. This soul is rejecting Me. But I look at you, My beloved apostle, and I cannot refuse you, so I grant the grace and the soul on earth is led toward the light. This, My dear young apostle, is how the communion of saints works. We were talking about a soul who is not serving the Kingdom. Can you imagine how My saints assist a soul who is trying to serve? They stop at nothing to get graces for you. Ask them. Ask Me. If you do not know any saints, ask Me to send you one and I will reveal a saint to you who wants to help you. This may happen in many ways but I promise you that you shall have heavenly companionship and assistance. You are part of this family and this heavenly family works together.

June 29, 2005
Jesus

I want to speak to you about My mother, Mary. Mary is My mother but she is also your mother. She is your heavenly mother and will be your mother for all eternity. She is a powerful supporter of all of her children. The enemy scatters where this holy woman is welcomed because the enemy cannot remain in the presence of such purity. I am encouraging you to ask Mary, your Blessed Mother, for assistance in the area of purity. You are called upon to follow the rules of your Church in this regard. Sexual intimacy is intended for a man and woman who are in a holy union, in a blessed marriage. I am Jesus and I am telling you today that the rules have not changed. Do not listen to those who follow the world because you will be led astray. Listen to Me. There is grave damage done to souls because of sins of impurity. This sin leads to many other, even more grave sins. This is the sin responsible for the slaughter of so many unborn souls. Dear young apostles, work hard for Me in this area. Do not let it be said that you sanctioned the murder of one of God's children.

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Speak out bravely here. If you have been led to this yourself, come to Me, immediately. Ask My forgiveness. It is yours. I forgive you. I will make it right. I need to cleanse you of this so that you are not led to further sin because of your pain. Many, many souls have made this mistake and aborted children. This is the greatest indicator of the level of darkness in your world. But I have healing, even for this. Understand that I must have your help. I need you. You are not replaceable in this Kingdom of God. Some of My closest friends working in the world today have committed this sin. Do I love them less? I am smiling, My beloved, because the truth is so far from that. Indeed, I do not love them less for their pain and their repentance. I love them more because they do not judge others. And they work for Me in the greatest of love. Work against sexual sin and work against abortion. This is always My will so you do not have to ask Me. It is possible that you will make mistakes in this area, even after you have committed yourself to be My apostle. I expect you to make mistakes at times and commit sin. Come to Me immediately and ask My forgiveness. Have your Confession heard as

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soon as possible after this. Together, you and I will minimize the damage of each mistake on your soul. We will together make the improvements in your soul which will help you avoid these sins in the future. Understand that I am with you everywhere. I do not leave when you commit sins because I must witness each act committed on earth. You have total love and understanding from heaven. You have total compassion. You have total forgiveness if you repent. And you will have complete healing for any past mistakes. I love you and you are Mine.

June 29, 2005

Blessed Mother

My dear young apostles, how blessed is the Kingdom of God by your presence in the world. You are a great joy to Jesus and you are a great joy to me, Mary. I want to help you. I want to protect you from harm. I can see difficulties for you even before you come upon them. Ask me for my assistance and you shall have it. Please pray the rosary because the powers attached to this prayer will protect you. Through these rosaries I bind you to my Immaculate Heart. In this way, I keep you close to me and I can steer you away from dangers. This prayer is being used by heaven to bind our apostles together all over the world. Through the rosary, your hand is joined with the hand of each apostle on earth. Do you understand? The rosary also creates an unbreakable bond with me, your heavenly mother. Through this bond I keep you and your loved ones attached to heaven. The world pulls at you but I am linked to you and so you cannot be pulled away. Pray the rosary and I will keep you safe. I will help you to step over snares and walk around traps laid by the enemy. I will help you to heal. I will help you to see the world with the heavenly light that exposes sin, even when it is well concealed by those who wish to lead you away from me. I am your mother. I can

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only lead you to Jesus. This is my role. I bring souls from the world, see that they have what they require to heal, and then deliver them to my Son to serve Him. Use me to pull others from darkness. Use me to help you link up with souls also walking this path. Use me to steer you away from souls who will influence you against Christ and the path to Christ. This is my time in that Jesus relies on me heavily. I serve with the greatest of happiness because I love Jesus and I love you. Bringing you together is my joy. I work quietly, dear young apostles. I work in calm. I am gentle. You will not be wrong to trust me. Indeed, I am your mother and my love for you is complete. I hold you closely against my heart if you allow me. This is an exciting time and you are capable of tremendous good. I would like you to marvel at what Jesus can do with one soul. Look to your saints and you will see that with one soul, Jesus can topple a whole empire of evil. You are important. Heaven needs you. Come to your mother and I will help you to serve.

This book is part of a non-profit mission.

Our Lord has requested that we
spread these words internationally.

Please help us.

If you would like to participate,
please contact us at:

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Jesus gives Anne a message for the
world on the first day of each month.
To receive the monthly messages
you may access our website at
www.directionforourtimes.com
or call us at 708-496-9300
to be placed on our mailing list.

The *Heaven Speaks* Booklets

Direction for Our Times
as given to “Anne,” a lay apostle

These booklet are from the series *Direction for Our Times as given to “Anne,” a lay apostle*. They are available individually from *Direction for Our Times* and are listed below:

Heaven Speaks About Abortion

Heaven Speaks About Addictions

Heaven Speaks to Victims of Clerical Abuse

Heaven Speaks to Consecrated Souls

Heaven Speaks About Depression

Heaven Speaks About Divorce

Heaven Speaks to Prisoners

Heaven Speaks to Soldiers

Heaven Speaks About Stress

Heaven Speaks to Young People

New in 2007:

Heaven Speaks to Those Considering Suicide

Heaven Speaks to Those Who Are Away from the Church

Heaven Speaks to Those Who Are Dying

Heaven Speaks to Those Who Do Not Know Jesus

Heaven Speaks to Those Who Experience Tragedy

Heaven Speaks to Those Who Fear Purgatory

Heaven Speaks to Those Who Have Rejected God

Heaven Speaks to Those Who Struggle to Forgive

**Heaven Speaks to Those Who Suffer from Financial
Need**

**Heaven Speaks to Parents Who Worry About Their
Children’s Salvation**

The Volumes

*Direction for Our Times as given to
“Anne,” a lay apostle*

Volume One: Thoughts on Spirituality

Volume Two: Conversations with the
Eucharistic Heart of Jesus

Volume Three: God the Father Speaks to
His Children
The Blessed Mother Speaks to
Her Bishops, Priests and
Religious

Volume Four: Jesus The King
Heaven Speaks to Priests
Jesus Speaks to Sinners

Volume Six: Heaven Speaks to Families

Volume Seven: Greetings from Heaven

Volume Nine: Angels

Volume Ten: Jesus Speaks to His Apostles

Volumes Five and Eight will be printed at a later date.

Promise from Jesus to His Lay Apostles:

May 12, 2005

Your message to souls remains constant. Welcome each soul to the rescue mission. You may assure each lay apostle that just as they concern themselves with My interests, I will concern Myself with theirs. They will be placed in My Sacred Heart and I will defend and protect them. I will also pursue complete conversion of each of their loved ones. So you see, the souls who serve in this rescue mission as My beloved lay apostles will know peace. The world cannot make this promise, as only heaven can bestow peace on a soul. This is truly heaven's mission and I call every one of heaven's children to assist Me. You will be well rewarded, My dear ones.

Allegiance Prayer

Dear God in Heaven, I pledge my allegiance to You. I give You my life, my work, and my heart. In turn, give me the grace of obeying Your every direction to the fullest possible extent.

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer You the prayers, works, joys, and sufferings of this day, for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, and for the intentions of the Holy Father. Amen.

Five Luminous Mysteries:

1. Jesus' Baptism in the Jordan
2. Jesus' Self-manifestation at the Wedding of Cana
3. Jesus' Proclamation of the Kingdom of God
4. Jesus' Transfiguration
5. Jesus Institutes the Eucharist

Lay Apostles of Jesus Christ the Returning King

We seek to be united to Jesus in our daily work, and through our vocations, in order to obtain graces for the conversion of sinners. We pledge our allegiance to God the Father. Through our cooperation with the Holy Spirit, we will allow Jesus to flow through us into the world, bringing His Light. We do this in union with Mary, our Blessed Mother, with the communion of saints, with all of God's holy angels, and with our fellow lay apostles in the world.

As Lay Apostles of Jesus Christ, the Returning King, we agree to adopt the following spiritual practices, as best we can.

1. Morning Offering, along with the Allegiance Prayer and a brief prayer for the Holy Father.
2. One hour of Eucharistic Adoration each week.
3. Participation in a monthly lay apostle prayer group, which includes the Luminous Mysteries of the Holy Rosary, and the reading of the monthly message.
4. Monthly Confession.
5. Further, we will follow the example of Jesus Christ, as set out in Holy Scripture, treating all others with His patience and kindness.

Signature: _____

Name: _____

Address: _____

City: _____ State: ____ Zip: _____

Country: _____ Phone: _____

Email: _____

Please mail completed form to:

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